

2009 WorkWell Calendar				
Date	Topic	Location	Address	Time
21-Jan	Financial Wellness in Tough Times	Lincoln Industries	600 West E	11:30-1:00
29-Jan	Worksite Wellness 101 Workshop Part 1 -	Talent Plus	One Talent Plus Way	1:00 - 4:00
18-Feb	Tobacco Cessation Facilitator Training - Andy Link	Nebraska Bankers Association	233 S. 13th, Ste. 700	1:00-5:00
26-Feb	Worksite Wellness 201	LLCHD basement training center	3140 N St.	9:30 - 12:00
18-Mar	NATIONAL SPEAKER - Sharon Covert? - "Know Your Audience"	Speedway Motors Classic Car Museum	599 Oakcreek Dr.	11:30 - 1:00
15-Apr	Worksite Wellness 101 Part II	Lower Platte South NRD	3125 Portia	9:00 - 3:00
27-May	Team Building Retreat	Quarry Oaks Golf Course	Ashland	9:00 - 3:30
17-Jun	NATIONAL SPEAKER - Judd Allen - Creating a Culture that Supports Wellness	LLCHD basement training center	3140 N St.	11:30 - 1:00
15-Jul	Wellness and the Safety Connection	Lincoln Industries	600 West E	11:30 - 1:00
19-Aug	Idea Exchange	Ameritas	5900 O St.	11:30 - 1:00
16-Sep	TBA	Union Bank	47th and Calvert	11:30 - 1:00
27-Oct	WorkWell Annual Banquet	Rococo Theatre	140 N. 13th St.	11:25 - 1:00
18-Nov	WorkWell Holiday Banquet/Meeting	Nebraska Champion's Club	707 Stadium Dr.	11:30 - 1:00
Board Meeting Calendar				
26-Jan	Board Retreat (Casual Dress)	Roger's House Bed and Breakfast	2145 B St.	9:00 - 4:00
	Orientation new members 9-11:30, Advisory Bd. 11:30 - 1 all members			
	Strategic Planning - 1:00 - 4:00 all members			
5-Mar	Board Meeting	LLCHD, Rm 2104		11:30 - 1:00
7-May	Board Meeting	LLCHD, 2104		11:30 - 1:00
9-Jul	Board Meeting	LLCHD, 2104		11:30 - 1:00
3-Sep	Board Meeting	LLCHD, 2135		11:30 - 1:00
5-Nov	Board Meeting	TBA		11:30 - 1:00
Other Programs and Deadlines				
June 14 - July 11	WorkWell Triathalon & Weight Loss Challenge			
June ?	Trail Trek Bike Ride			

