

Tools and Consultation

FREE state-of-the-art health risk appraisal, (HRA), to determine your company's primary health concerns.

FREE consultation to review your HRA data and help you prioritize your focus for your wellness plan.

FREE consultation to assist in writing an annual wellness plan.

FREE access to UNL graduate level dietetic students for vending machine and cafeteria analysis, presentations, and personalized nutrition counseling.

Train the Trainer

Monthly meetings on various health and wellness topics featuring local and national speakers. Attendance at the meetings is FREE, however we do offer the option to purchase lunch at a nominal fee.

FREE smoking cessation facilitator training to train worksite representatives on how to lead a smoking/tobacco cessation group at their own worksite.

Workshops and conferences to help train companies on evidence-based wellness plan design. These workshops are conducted throughout Nebraska. Members receive a discount.

Turnkey Service

An on-line listing of health presentations and screenings offered to you at a reduced fee or FREE. Reference checks have been conducted on all providers.

Three FREE wellness kits containing brochures and health information on various health topics and community health events.

An annual community health incentive program where participants score points for good health behaviors. Scorecards then become a drawing card for a raffle with more than 100 great prizes! This program is only available to WorkWell member employees!

FREE on-line health newsletters

Networking

Networking opportunities including an IDEA EXCHANGE to share and steal great wellness program ideas from each other.