

Changing Pull-ups/Toilet Learning Procedure

*Note: This procedure is recommended for wet pull-ups only. For soiled pull-ups follow diapering procedure.

<i>Preparation</i>	Wash hands	Thoroughly with soap and warm running water for 15-20 seconds using posted procedure.
	Assemble supplies (within reach)	<ol style="list-style-type: none"> 1. Clean disposable pull-up*. 2. Disposable wipes or paper towels. 3. Gloves, when used.
	Put gloves on	See gloving recommendations per program policies.
<i>Dirty Phase</i>	Stand child by the toilet	<ol style="list-style-type: none"> 1. Provide privacy. 2. Assist child to remove clothing, if necessary. Put soiled clothing in a plastic bag.
	Teach child to remove pull-up	Tear sides of pull-up to remove. Place pull-up directly into plastic bag, tie and place in a plastic lined waste container.
	Teach child to wipe bottom	<ol style="list-style-type: none"> 1. Teach child to wipe from front to back (once per wipe). Use the child's own disposable wipes. 2. Place wipes in waste container.
	Remove gloves	Place gloves in waste container.
<i>Toileting</i>	Encourage Independent Toileting ...	<ol style="list-style-type: none"> 1. Allow child to sit on toilet. 2. Praise for toileting attempt/success. 3. Allow child to wipe bottom. 4. Encourage child to flush toilet.
<i>Clean Phase</i>	Teach child to put on pull-up and clothes.	
	Wash child's hands	Thoroughly with soap and warm running water for 15-20 seconds using posted procedure.
	Return child to activity	Staff returns to diapering area.
<i>Clean Up</i>	Clean and disinfect	Any soiled areas including cleaning and disinfecting toilet seat.
	Wash hands	Thoroughly with soap and warm running water for 15-20 seconds using posted procedure.
<i>Communicate</i>	Acknowledge Toilet Learning Process	Praise child for all attempts/successes in toilet learning process.
	Record	Toileting results.
	Report	Toileting results and any concerns to parents (rash, unusual color, odor, frequency, or consistency of stool).

* A disposable diaper may be substituted for a pull-up if necessary.