



A Pioneering Area Agency on Aging

## Respite subsidy program

Respite care is temporary relief care designed to help families of adults with special needs. A caregiver often experiences stress as a result of balancing the needs of that adult with the needs of other family members. Respite care can range from a few hours of care provided on a one-time basis or overnight stays or for extended care in a facility. Respite care can be utilized on a regular or irregular basis and can be provided by family members, friends, skilled care providers or professionals.

Respite subsidy programs provide limited financial assistance to caregivers living with a person who needs continuous care and/or supervision. The caregiver is in need of respite and has secured a caregiver to provide the care.

### **Alzheimer's Association Great Plains Chapter**

To apply call: 402-420-2540 or 1-800-272-3900

[alz.org/nebraska](http://alz.org/nebraska)

This program has limited financial assistance for caregivers living with persons diagnosed with Alzheimer's disease or related disorders.

### **Disabled Persons and Family Support Program**

Nebraska Department of Health and Human Services

To apply call: 402-471-9220 (Lincoln) or 1-800-358-8802.

Assists with disability related expenses such as attendant care, home health care, housekeeping, special equipment, respite care, and transportation. Persons age 60 and over or disabled may qualify if income is less than \$1,364 per month. A couple may have up to \$1,784 per month.

### **Medicaid Waiver**

Nebraska Department of Health & Human Services

Aging Partners Personal and Family Services

To apply call: 402-441-7070 or 1-800-247-0938

Waiver allows Medicaid recipients age 65 and over who meet the qualifications the following services that are not usually considered "medical," i.e.: chore services, housekeeping, meal preparation, shopping, escort and supervision, adult day care, respite care, independent skills management and transportation.

Persons under age 65 should contact the League of Human Dignity at 402-441-7871 for Waiver information.

### **Respite Subsidy Program Across the Lifespan**

Nebraska Health and Human Services

402-471-9188 or 1-866-737-7483

This is an income-restricted program. If eligible, the program will provide a subsidy of up to \$125 per month for a specified time.

### **Veterans Health Care Center**

To apply call: 402-489-3802 ext. 6623

or 1-866-851-6052

VA benefits provide for a range of long-term services which include: nursing home care, domiciliary care, adult day care, geriatric evaluation, home health and respite care. Any veteran enrolled in health care may utilize respite care for up to 30 days in a calendar year at the Veterans Home in Grand Island or in any of the three contracted nursing homes in Lincoln (Lancaster Manor, Tabitha and Homestead) or at the Ridgewood facility in Seward.

*This fact sheet is distributed to help you obtain useful information regarding available community services and is not an inclusive list of providers. The information is subject to change following publication.*

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