AGING PARTNERS

A Pioneering Area Agency on Aging

Social Services Block Grant (SSBG)

SSBG provides services that are intended to help individuals be as self-sufficient as possible and remain in their own home.

What Services are Paid by the Program?

Adult day services, chore services, transportation, Meals-on-Wheels and Congregate Meals are some of the services that can be paid by the program. You pay nothing if you qualify.

Who Qualifies to Receive SSBG Benefits

Any person age 60 and over or disabled persons between the ages 18 and 64, who needs assistance with independent activities of daily living (IADL's) and meet the following eligibility guidelines:

1. Be unable to prepare adequate meals within own residences due to physical or mental disabilities.*
2. Have no other person living in their homes who are able and willing to obtain, prepare and serve adequate meals in the home.
3. Not live in a congregate facility (e.g. room and board, home or hotel) where meal service is the responsibility of the facility and the cost of meals is included in the payment rate.

The Department of Health and Human Service worker may authorize meals based on need and may require a medical needs form to be completed by your doctor in order to qualify. * ***This is not a detailed list of requirements.***

Income Guidelines

A) Individual with $1,123 or less gross income per month.

B) A couple may receive up to $1,258 gross income each month.

Most people who receive Social Security have their Medicare premium deducted from their Social Security check.

If you have your Medicare premium deducted from your Social Security check, add back to balance to accurately reflect the gross amount you receive from Social Security.

Where Do I Apply?

All counties in the Aging Partners service area **(Butler, Fillmore, Lancaster, Polk, Saline, Saunders, Seward and York)** will need to apply.

Economic Assistance Program ACCESS Nebraska

P.O. Box 2992, Omaha, NE 68102
Hours: 8 a.m. to 5 p.m.
Phone: 800-383-4278 (Statewide)
Phone: 402-323-3900 (Lincoln only)
Fax: 402-595-1901
Helpline: 800-254-4202
Apply on-line: www.accessnebraska.gov

This fact sheet is distributed to help you obtain useful information regarding available community services and is not an inclusive list of providers. The information is subject to change following publication.

CITY OF LINCOLN NEBRASKA