



Community Resources – Food Assistance

For more information on any Aging Partners Personal and Family Services, call 402-441-7070.

There are community resources available to help provide assistance in getting the food you need. To learn more about any of these community resources, please call that number provided.

Commodity Supplemental Food Program (CSFP)

402-438-5231

This USDA program provides assistance with foods to older adults. It does not include a complete diet, but instead focuses on nutrients that are typically missing from an older adult's diet. Typical food includes evaporated milk, non-fat dry milk, cereal, pasta or rice, peanut butter or beans, canned meat, canned vegetables, canned fruits, cheese and juice.

Supplemental Nutrition Assistance Program (SNAP)

402-323-3900

Application assistance is available at Center for People in Need. Call 402-476-4357. To learn more about the Center for People in Need, go to www.cfpin.org.

Senior Farmers Market Nutrition Program

402-441-3480

This program provides assistance to older adults for fresh fruits and vegetables. Eligible participants will receive coupons to purchase fresh produce at local farmers markets or roadside stands. Aging Partners hosts clinics to sign-up for these coupons every May. Please contact for more information.

Aging Partners Senior Centers

402-441-6590

Aging Partners Senior Centers provide noon meals to different locations throughout Lancaster County, as well as several other counties in Nebraska. Meals are healthy, balanced, and fall within the Dietary Guidelines. Congregate meals provide nutritional and social benefits to seniors. Transportation options are also available.

Tabitha's Meals on Wheels Program

402-486-8589

Meals on Wheels provides a hot, nutritious noon meal that is delivered to people in their homes. A face-to-face safety check is also performed to ensure the individual is safe.

Other Local Food Programs

Neighborhood Food Program and Foodnet (daily, weekly and monthly) are other resources. Food bank items, perishable foods such as fruits, vegetables, dairy products and bread; noon meals or sack lunches are available. To learn about locations and times available, go to: www.lincolnfoodbank.org. If you need assistance, the Aging Partners Nutrition Counseling Program provides an individualized approach to learn more about the resources available in the community, as well as eating healthy on a budget. Appointments can be made in our office or in the convenience of your home. Please call 402-441-7159 to schedule your personal nutrition consultation.

This fact sheet is distributed to help you obtain information regarding available community services and is not an inclusive list of providers. The information is subject to change following publication.

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