

Irving Recreation Center

Summer Day Camp

Grades 5-7



Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwave s are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

This Week's Highlights

Monday, June 10

Today is going to be a lot of fun for campers! After our morning stretches one group will be playing Pillo Polo in the gym while the second group watches and participates in cool, easy to do science experiments. The third group will be playing Everybody's It, The Best Game, and the Human Knot outside. Every camper will have a chance to participate in each of these rotations. When campers are done with their morning snack it will be time to go to Irvingdale Pool so make sure you bring your swimsuits, towels, and sunscreen. Once swimming time is over then it's on to another rotation of dodgeball, craft creation, and ultimate frisbee. The day will end with a non-active game to cool off. Campers are sure to love all the variety this new week provides!

Tuesday, June 11

This morning we'll be doing another trio of rotations including a soccer game, two fun spins on the telephone game, and two basketball games. After a quick snack we'll split into two groups. One group will be playing kickball while the other plays tug of war and completes relay races. Before we leave for our artsy field trip we'll play a camper favorite activity, Four on a Couch. Tuesday is our field trip day so make sure campers have their green field trip shirt on that day! We're headed to the Lux Center for the Arts at 1:30. We'll be getting an exclusive tour of the gallery and a chance to see the new exhibits, People Make Things That Make Sounds and Jesters, Clowns & Fools. Additionally, we'll all be creating our own sound making devices before we head back to Irving. PLEASE NOTE: WE ARE NOT SCHEDULED TO RETURN TO THE CENTER UNTIL 4:30.

Wednesday, June 12

After stretches today we'll be doing two rotations this morning including bowling and volleyball. When we're done with those activities it will be time for our bi-weekly rotations of tennis and yoga. I'd encourage campers to have a water bottle with them while playing tennis. After those rotations we'll be completing our main craft for the week, creating bracelets and keychains. When we've completed our craft it will be time for our final activities for the day. We'll start with fitness rotations and a biking activity in our exercise room. Then we'll change up our groups and some will play hot box while others play disc golf. We have so many activities both active and inactive today that every camper will have a chance to participate in.

Thursday, June 13

We saw some serious skill from new and trained archers. Hopefully everyone is ready for more archery fun as we continue improving our skills. We'll also be working on becoming Wise Kids today with fun lessons teaching our campers new skills about nature and health. Before all of those fun activities campers will continue to improve their yoga and tennis skills. Make sure you bring your water bottles and sunscreen.

Friday, June 14

After stretches we'll be doing a quick activity before beginning to walk to the library and collecting trash as we walk. We'll be at the library today for about 45 minutes then we'll walk back returning around 11. When we return we'll have our morning snack then begin to get ready for swimming at Irvingdale Pool. Make sure you have a swimsuit, sunscreen, and a towel. After the pool we'll be eating lunch and doing our daily reading time. We'll finish this fine Friday with a game of dodgeball and a classroom activity.

Day Camp Family Swim Night!

Irving Rec. Center will host a Family Swim Night at Irvingdale Pool on Saturday, June 22 from 6-8 p.m. Mark your calendars! More information will come soon.