

Irving Recreation Center

Summer Day Camp

Grades 5-7



Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwave s are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

This Week's Highlights

Monday

After our morning stretches one group will be playing kickball in the gym while the second group completes a quick art project. We'll be mimicking the style of Pablo Picasso. Each camper will have a chance to participate in each of these rotations. When campers are done with their morning snack it will be time to go to Irvingdale Pool from 11:30-1:00 so make sure you bring your swimsuits, towels, and sunscreen. Once swimming time is over then it's on to another rotation of dodgeball, croquet, and archery. The day will end with a non-active game to cool off.

Tuesday

This morning we'll be starting with another rotation including a football game outside and a non-active game show. After a quick snack we'll split into two new groups. One group will be playing wallball while the other does a theatre activity in the classroom. Before we leave for our fun field trip we'll play a camper favorite activity, Spiders in the Dark. Tuesday is our field trip day so make sure campers have their green field trip shirt on that day! We're headed to Morrill Hall and Planetarium. We'll be walking around the museum today and also seeing a great planetarium show. We'll leave the recreation center at 9:00 and should return around 12:15.

Wednesday

After stretches today we'll be doing two rotations this morning including wiffle ball and frisbee. When we're done with those activities it will be time for our bi-weekly rotations of tennis and yoga. Campers are encouraged to have a water bottle with them while playing tennis. After those rotations we'll be completing our main craft for the week. When we've completed our craft it will be time for our final activities for the day. We'll start with fitness rotations and a biking activity in our exercise room. Then we'll change up our groups and some will play dodgeball while others participate in a club of their choice.

Thursday

Today we'll be completing more archery training, but before that we've got rotations of tennis and yoga. The kids are doing a great job of stretching their muscles, minds, and learning to breathe properly during both activities. This afternoon campers will be participating in a Wise Kids lesson and will have a chance to read this afternoon. Following the Wise Kids lesson we'll play a quick game of Jailbreak.

Friday

After stretches and a quick activity we'll head to South Branch library from at about 9:45 and will return shortly after 11. Then we'll have our morning snack and get ready for swimming at Irvingdale Pool from 11:30-1:00. Make sure you have a swimsuit, sunscreen, and a towel. After the pool we'll be eating lunch and doing our daily reading time. We'll finish this fine Friday with a game of dodgeball and a classroom activity.

Payment Due June 17

Payment for weeks 5-8 is due Monday, June 17. We accept cash, check, credit and debit card payments. You can also now pay online. Visit parks.lincoln.ne.gov, click the "ePay" button, and select Parks and Recreation classes and registration.

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