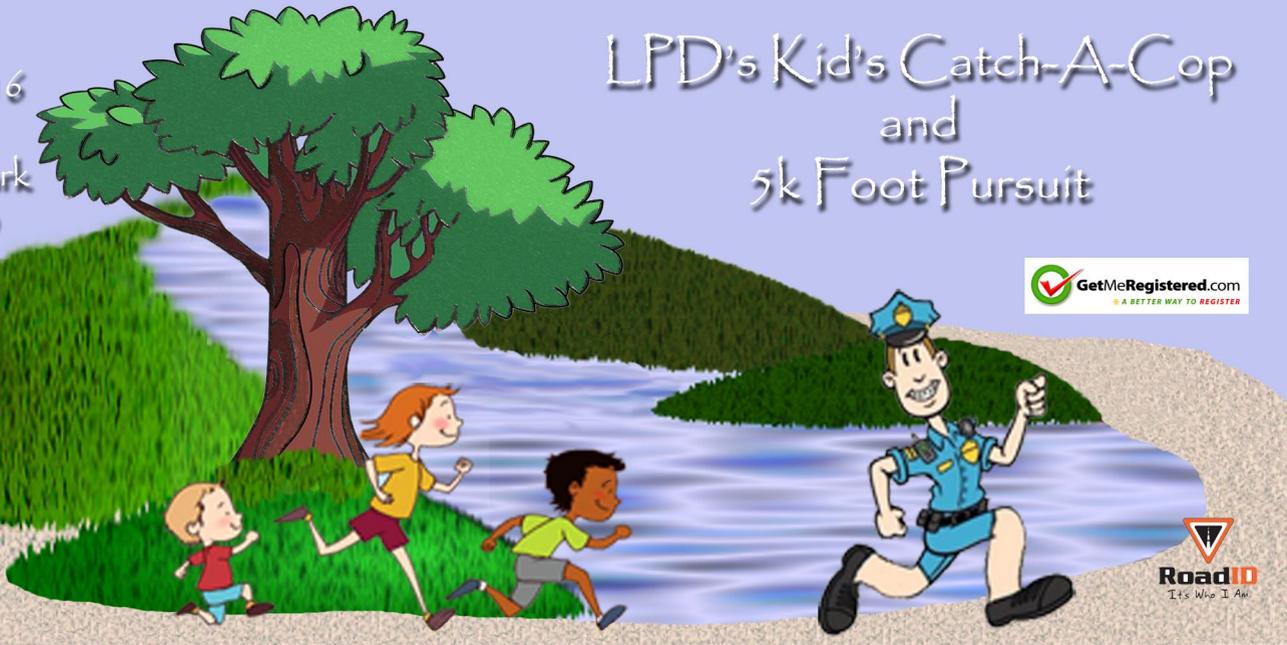


Sept 24, 2016
9:00am
Mahoney Park
3600 N.70

LPD's Kid's Catch-A-Cop and 5k Foot Pursuit



LPD Wellness Committee



In Pursuit of Fitness!

NAME _____

ADDRESS _____

PHONE _____

AGE (on race day) _____

Number of parents running with child if parents feel child is too young _____ (no registration and no t-shirt)

EMERGENCY CONTACT NAME/NUMBER _____

Number of parents running with child _____ (no registration and no t-shirt)

EMAIL ADDRESS _____

PLEASE SELECT RACE: 1MILE \$15.00 Beginning at 9am
 3MILE \$25.00 Upon completion of 1 mile

T-SHIRT SIZE (circle one): YS YM YL S M L XL

T-SHIRTS WILL BE AVAILABLE FOR THOSE REGISTERED PRIOR TO Sept. 9.

Run will take place at Mahoney Park, 3600 N.70, Lincoln NE in the park.

September 24, 2016 beginning at 9:00am

Participant medals and stickers for Catch-A-Cop 12 years and under.

5k Foot Pursuit finishers entered into random prize drawings.

Packet pickup: Friday September 23, 10am-1pm and 4pm-7pm, LPD, 575 S.10

Saturday September 24 8am-9am at Mahoney Park

Further information contact: Michon Morrow 402-441-7754

Make checks payable to: Lincoln Police Department Wellness Committee

Sign Waiver/release and mail or drop off to: LPD, Attn: Wellness Committee,

575 S.10, Lincoln NE 68508

Or online at GetMeRegistered.com/LPDsKidsCatchACopRun

Submit registration form, waiver and fee postmarked by Friday Sept. 16, 2016.

No race day registrations. *For safety No strollers or pets as part of the run.* All proceeds benefit LPD's Wellness Committee Initiatives. The Committee strives to provide opportunities that will encourage and promote increased health and well-being, decrease the risk of disease and injury and enhance the overall quality of life for our employees, their families and our community through education, programs and events.