



## **St. Mark's United Methodist Church**

8550 Pioneers Blvd., Room 137

(Enter through door 9 on south side of St. Mark's, turn left on go downstairs)

**2nd Tuesday of every month – 5 to 6 p.m.**

Caregivers take care of family members and friends. But who takes care of the caregiver? Support groups provide hope, information, and a safe environment to share concerns. The Aging Partners Caregiver Support Group is led by a Licensed Independent Mental Health Practitioner.

### **Eligible caregivers are:**

- Individuals of any age providing care for an older adult, age 60 and over
- Providing care for a person with Alzheimer's disease, brain injury or a related brain disorder
- Over the age of 55 and raising a grandchild

**Registrations are not needed; walk-ins welcomed.**