Youth Programs • Adult Classes • Golf • Free Events • Volunteer • Pools • Team Sports • Summer Camps



# **SPRING 2023**

## INDEX

- 2 Rentals & Registration
- 3-5 Contact Us
- 6 School's Out
- 7 Preschool & Youth Programs
- 8 Adaptive Programs
- 9 Special Olympics
- 10 Nature Programs
- **11 FREE Programs & Aging Partners**
- 12-13 Summer Camps
- 14-15 Pools
- 16-17 Team Sports & Golf 18 Wellness Programs
  - **19 Libraries**
- 20-21 Trails & Specialty Parks
  - 22 Forestry
  - 23 Volunteer & Support

ncsin

Rechention Guile

# PARK RESERVATIONS

parks.lincoln.ne.gov | Reserve a Park Area



## PARKS FACILITY RESERVATIONS

Reservations are online at lincoln.ne.gov (keyword: reservation). Payment must be paid online or sent to the office for completion of reservation. Requests for refunds are subject to a \$25 service charge and must be made at least seven working days prior to the reservation date.

Note: Rain, cold, heat, or bugs are not an automatic cause for a refund. Each request/issue will be considered separately after a refund form has been completed.

**Indoor Facilities:** Indoor/enclosed facilities available for rent include: Antelope, Auld Pavilion, Bethany, Van Dorn.

**Outdoor Facilities:** Outdoor picnic shelters and group picnic table locations are also available for rent.

**Wedding Locations:** Numerous park settings are available to reserve for your ceremony: Antelope Park Bandshell, Auld Pavilion, Hazel Abel Park, Stransky Park, Sunken Gardens, Iron Horse Park, Oak Lake Island, Bowling Lake, Veterans Memorial Garden, Government Park Square, Holmes Lake, Hamann Rose Garden at Antelope Park, and the Union Plaza Amphitheater.

**Special Use:** Planning a concert or community event? Rent spaces like Centennial Mall, Tower Square, Union Plaza Amphitheater, or the Antelope Park Bandshell. Additional paperwork is required for special use events, please contact the reservations desk for more information.

For more information please contact the reservations desk, Administration building, 3131 "O" Street, Suite 300, call (402) 441-7847, OPT. 0 during regular business hours, or email reservations@lincoln.ne.gov.

# EQUIPMENT RENTAL



Quick, affordable rentals of all your backyard favorites: badminton, bocce, croquet, horseshoes, washers, bean bag toss, ladder ball, tug-of-war, and plenty more!

For more information, contact the Irving Recreation Center, (402) 441-7954.

# FACILITY, COURT, & FIELD RESERVATIONS

parks.lincoln.ne.gov | Reserve a Ballfield or Court



## **RECREATION CENTER RESERVATIONS**

Our centers facilities are available to rent for your reunion, birthday party, meeting, or event. Some rentals include use of game room with foosball, pool, bumper pool, table tennis, and shuffleboard! Call any center for more information or to book your event.

## **PIONEERS PARK NATURE CENTER**

The auditorium is great for birthday parties, group meetings, and company retreats. Call (402) 441-7895 for more information.

## **GOLF CLUBHOUSE RESERVATIONS**

For clubhouse rental information, contact the Holmes Golf Course, (402) 441-8960, or visit lincolncitygolf.org/holmes.

## **TEAM PRACTICE COURT & FIELD RESERVATIONS**

Our centers facilities are available to rent for your reunion, birthday party, meeting, or event. Some rentals include use of game room with foosball, pool, bumper pool, table tennis, and shuffleboard! Call any center for more information or to book your event.

# **CLASS REGISTRATIONS**

parks.lincoln.ne.gov | Register for a Class

# Registration is available online for most classes and programs!

Go to parks.lincoln.ne.gov and click "Register for a class" Class sizes are limited, so register early!

**Cancellations:** The Department reserves the right to combine classes/programs as needed or cancel classes/programs due to insufficient enrollment. A full refund will be granted if the Department cancels the program.



Scan QR code with your phone camera!

# AN IMPORTANT MESSAGE:

# Facility access, program and event schedules listed in this publication are subject to change.

The Department wants a safe and fun experience for all participants.

Information including dates, times, locations, and fees are accurate as of January 1, 2023. City of Lincoln COVID-19 Response information can be found at covid19.lincoln.ne.gov.

#### 2023 Spring Program Guide

## ADMINISTRATION 3131 "O" Street, Suite 300

Lincoln, NE 68510 p (402) 441-7847 f (402) 441-9249 parks@lincoln.ne.gov parks.lincoln.ne.gov Facebook: @LNKparksrec Twitter: @LNKparksrec Instagram: @City\_of\_Lincoln

## **AQUATICS OFFICE**

1225 F Street Lincoln, NE 68508 p 402 441-7952 pools@lincoln.ne.gov lincoln.ne.gov/pools

## **HOURS:**

8:00 AM - 5:00 PM

## **TEAM SPORTS OFFICE**

3131 "O" Street, Suite 300 Lincoln, NE 68510 p 402 441-7892 athletics@lincoln.ne.gov teamsideline.com/lincolnne

## HOURS:

M-F 8:00 AM - 4:30 PM

**ADMINISTRATION OFFICES • DIRECTOR'S MESSAGE** 

## REGISTRATION

Register at the athletics office during regular business hours or anytime at teamsideline.com/lincolnne. Youth sports will also have the option of mail-in registration.

## LINCOLN CITY GOLF

3

Mailing Address: 3131 "O" Street, Suite 300 Lincoln, NE 68510 p 402 441-3862 golf@lincoln.ne.gov lincolncitygolf.org



**HOURS:** 

M-F

# HOW TO REPORT AN ISSUE

M-F

8:00 AM - 4:30 PM

Anyone can report city issues like graffiti, potholes, and public tree issues to the City of Lincoln on the UPLNK mobile app or UPLNK.lincoln.ne.gov.

# parks.lincoln.ne.gov

Find a park | Register for programs | Project updates Reserve a shelter, indoor court, ballfield, wedding space.

# **DIRECTOR'S MESSAGE**

## Seasons of Love and Helping.

My husband, David, and I coach the Lincoln Shooting Stars basketball team through Special Olympics Nebraska and Easterday Recreation Center. From the Sunday afternoon practices to the State Tournaments, we love every minute with these incredible athletes and unified partners.

Lincoln is a thriving and vibrant community, full of people and organizations committed to service. Did you know there are more than 2,000 registered nonprofits in our community? Wow! Our Department has longstanding relationships with many of them - including Lincoln Parks Foundation and Solidago Conservancy - plus many allied organizations like Friends of Woods Tennis, Friends of Wilderness Park, Lincoln Flying Disc Club, Friends of the Dog Parks, Friends of Pioneers Park Nature Center, Pickleball Lincoln, countless neighborhood associations, and many more.

Our Department is honored to have the support and participation of thousands of volunteers every year - many through our partner nonprofits, but also families, businesses, and other organizations who join forces to make a difference. These individuals help beautify our places and spaces, serve our neighbors, and support the diverse programs we offer across the community.

Want to learn more about how you can volunteer with the Lincoln Parks & Recreation Department? Check out page 23!

I encourage you and your family to "Get out. Be active. Have fun!"

Magge

Maggie Stuckey-Ross, Director Lincoln Parks and Recreation

Images taken from scrimmage of Special Olympics teams at the Project Backboard dedication in October 2022.

## What is the value of a volunteer?

Did you know that from SEPT 1, 2021 - AUGUST 31, 2022 LINCOLN PARKS & RECREATION HAD







ink you, dunteers

## 4 **RECREATION CENTERS**

## AIR PARK RECREATION CENTER

3720 NW 46th St. Lincoln, NE 68524 (402) 441-7876 jkelley@lincoln.ne.gov

#### **SPRING HOURS:**

#### Adult Drop In Hours:

M-F	11:30 AM – 8:00 PM
SAT/SUN	Closed

#### Youth Drop In Hours

Open for youth, 17 and younger. 12 and younger must be accompanied by an adult.

M-F 3:00 – 8:00 PM

## **TRACK/FITNESS FACILITIES**

#### **Fitness/Weight Room**

Universal Style equipment, free weights, Air Dyne bikes, and treadmills.

\$2.50/visit or \$25 for 12 visits "Activity Card"

## **OPEN GYM**

\$2/visit or \$21 for 12 visits "Gym Card"

## **Facility Rental**

\$30/hour	One room, open hours
\$57/hour	One room, after hours
\$89/hour	After hours, full facility

## **TEAM PRACTICES**

Call Air Park Rec. to reserve a time slot

Basketball* call center to schedule time	
W, F	5:00 - 8:00 PM

## Volleyball

R

5:00 - 8:00 PM

## **Open Door Senior Time**

Senior citizens enjoy coffee together and utilize the center for leisure activities including walking the gym. Coffee provided.

Ongoing	М	9:30-11:30 AM
		FREE

<b>BELMONT R</b>	ECREATION CENT
1234 Judson St.	
Lincoln, NE 6852	21
(402) 441-6789	
dkasparek@linc	<u>oln.ne.gov</u>
SPRING HOU	JRS:
M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:30 PM
SAT	9:00 AM – 5:00 PM
SUN	1:00-5:00 PM
Adult Drop-in hours	

## SAT 9:00 AM - 4:45 PM SUN 1:00 - 4:45 PM

## Youth Drop-in hours

M-F

M-F

M – R	5:30 – 6:45 PM
SAT/SUN	1:00 – 4:45 PM

9:00 AM - 2:30 PM

## **TRACK/FITNESS FACILITIES**

Belmont's Track/Fitness facility includes a 13 lap/mile indoor elevated track and various fitness equipment and Weight Machines.

#### **Track/Fitness Hours**

M-R	6:30 AM – 6:45 PM
F	6:30 AM – 5:15 PM
SAT	9:00 AM – 4:45 PM
SUN	1:00 – 4:45 PM

## Senior Track/Fitness Hours

9:00 AM – 1:00 PM FREE

## Fitness Room

Fitness Room	\$3/day \$30/mo.
Track & Equipment	\$3/day \$30/mo.
Both Fitness Areas	\$5/day   \$50/mo.

## **TEAM PRACTICE**

Rates on page 5. Reserve a practice court online at parks.lincoln.ne.gov. For further information please call the center.

#### Basketball

1:00, 2:00, 3:00 PM

#### Volleyball

SAT

## ER CALVERT RECREATION CENTER

4500 Stockwell Lincoln, NE 68506 (402) 441-8480 <u>nweber@lincoln.ne.gov</u>

#### **SPRING HOURS:**

M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:45 PM
SAT	1:00 PM – 5:00 PM
SUN	Closed
Beginning Feb 18	
M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:45 PM
SAT	9:00 PM – 5:00 PM
SUN	Closed
Beginning April 1	
M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:45 PM
SAT/SUN	Closed

### SUMMER HOURS: \*begins May 30

M-R	7:00 AM – 7:00 PM
F	7:00 AM – 5:30 PM
SAT/SUN	Closed

## TEAM PRACTICE

Reservations can be made online.

Basketball	
W	5:30 PM - 6:25 PM
Beginning Ap M-TH	r. 4 5:30 PM - 6:25 PM
Pickleball (I	ndoor) through May 25
M-F	8:30 AM - 10:30 PM 10:30 AM -12:30 PM

Т	5:15 PM - 7:15 PM
	\$2/two-hour session
Beainnina Feb. 18	

M-F	8:30 AM – 10:30 AM
Т	5:15PM-7:15 PM
SAT	9:30 AM – 11:30 AM,
12:00 PM – 2:	00 PM, 2:30 PM – 4:30 PM
	\$2/two-hour session

\*Until April 1. No weekend hours in summer.

## **ROOM/BUILDING RENTALS**

Call (402) 441-8480 for more information and to book your event.

## Lincoln Parks & Recreation • lincoln.ne.gov

#### EASTERDAY RECREATION CENTER

6130 Adams St Lincoln, NE 68507 (402) 441-7901; (402) 441-7877 kzingg@lincoln.ne.gov sconnett@lincoln.ne.gov

## HOURS:

M-F	1:00 – 4:30 PM
SAT/SUN	Closed

## TRACK/FITNESS FACILITIES

<b>Open Gym</b> Ages: 14+*		
*13 and under with adult supervision		
M-F	3:00 – 4:30 pm	\$2/day

#### Game Room Ages: 14+\*

Come by and play foosball, pool, ping pong, or other games in our game room free of charge. You can also use the computers or play the piano. \*13 and under with adult supervision M-F 1:30 – 4:30 PM

## **ROOM/BUILDING RENTALS**

Call (402) 441 - 7901 for more information and to book your event.

#### **Facility Rental Fees**

\$46/hour – Lobby, Classroom, Game Room, Kitchen \$46/hour – Lobby, Gym \$57/hour – Whole Building (Lobby, Classroom, Game Room, Kitchen, Gym)

## See adaptive programming on pages 8 & 9.



## Looking for a special place for a wedding, reception, or party?

Whatever the occasion, it's your time to shine and Holmes Golf Course has a great banquet room for rental at very competitive pricing. The banquet room with a full bar accommodates 140 people along with outdoor lawn area that overlooks the golf course with the state capital in the distance. Contact Scott Carlson at

(402) 441-8960 for more information and to schedule your event today.

#### 2023 Spring Program Guide

<b>F</b> STREE	T COMMUNITY CENTER	
4 9 9 5 4 5 4 6 4		

1225 "F" Street Lincoln, NE 68508 (402) 441-7951 jgerlach@linc.oln.ne.gov

## **SPRING/SUMMER HOURS:**

 M-F
 8:00 AM - 8:00 PM

 SAT
 10:00 AM - 5:00 PM

 SUN
 1:00 - 5:00 PM

## Youth Drop-in Hours

M-F	3:00 PM – 7:45 PM
SAT	10:00 AM – 4:45 PM
SUN	1:00 PM - 4:45 PM

## **TRACK/FITNESS FACILITIES**

## Fitness/Weight Room

Our fitness area includes a weight machine, free weights, stationary bicycles, stair climbers, treadmills, and elliptical. Lockers and showers are available with paid weight room.

## Track/Weight Room Hours:

-	-
M-F	8:00 AM-7:45 PM
SAT	10:00 AM-4:45 PM
SUN	1:00-4:45 PM

## **Fitness Fees**

M-F

W

Track Weight Room	Daily \$3.00	FREE
<b>Open Gym (18yrs+)</b> *Thru June 4		

NOON - 3:00 PM

8:00 AM – 3:00 PM

\$2

## TEAM PRACTICE

Reservations can be made online.

#### Basketball \$30.00/hour

M, W	6:00 – 6:55 PM, 7:00 – 7:55 PM
SAT	10:00am – 10:55 AM,
	11:00 - 11:55 AM, Noon–12:55 PM

Volleyball \$16.00/hour F 6:00-6:55 PM, 7:00-7:55 PM

## **OTHER RESOURCES**

Computer Lab (18yrs+)		
M-F	8:00 AM - 3:00 PM	Free

## ROOM/BUILDING RENTALS

Call (402) 441-7951 for more information and to book your event.

## **Facility Rental Fees**

Setup & clean-up included in rental time.

\$30/hour/room – Open hours \$57/hour/room – After hours \$115/hour/building – After hours

## **IRVING RECREATION CENTER**

2010 Van Dorn Lincoln, NE 68502 (402) 441-7954 rlingard@lincoln.ne.gov

SPRING	GHOURS: *until March 31	
M-R	9:00 AM - 8:00 PM	
F	9:00 AM - 6:00 PM	
SAT	1:00 - 5:00 PM	
SUN	Closed	

SUMMER I	HOURS: *begin April 1
M-R	9:00 AM - 7:00 PM
=	9:00 AM - 6:00 PM
SAT/SUN	Closed

## **TRACK/FITNESS FACILITIES**

## **Fitness Room**

Our fitness room is stocked with Airdyne Exercise Bikes: a great workout for all fitness levels and rehabilitative uses.

M-R	5:00 - 8:00 PM	\$1/visit
Beginning	J Apr. 1	
M-R	5:00 - 7:00 PM	\$1/visit

## **Open Gym for Youth Basketball**

No adults on th	e courts to co	oach/play.
Ends 3/25	ςδτ	1.00 - 2.00

Ends 3/25	SAI	1:00 - 5:	uu pm
IRV	Ages 18	8 & under	FREE

## TEAM PRACTICE

Basket January	b <b>all</b> / – March	31		
М	5:00 - 5	:55 PM		
	5:55 - 6	:50 PM	, 6:50 - 7:45 PM	
W, R	5:00 - 5	:55 PM		
SAT	1:05 - 2	:00 PM	, 2:05 - 3:00 PM,	
	3:05 - 4	:00 PM	, 4:05 - 5:00 PM	
April 1 - October 31				
M - R	5:00 - 5	:55 PM	, 5:55 - 6:50 PM	
	*No Se	at. bask	etball starting April 1	
Volleyball				
Jan – M	arch 31	Т	5:00 - 5:55 PM	
Apr 1 - C	Oct 31	Т	5:00 - 5:55 PM	

## **RECREATION CENTERS • PIONEERS PARK**

## **PIONEERS PARK NATURE CENTER**

3201 S. Coddington Ave.

Lincoln, NE 68522 Located on the west end of Pioneers Park. Entrance gates to Pioneers Park are located on S. Coddington Ave. and West Van Dorn. Follow signs west for approximately 1.5 mile. (402) 441-7895

naturecenter@lincoln.ne.gov

## HOURS:

Exhibits include small animals, interpretive trail signs, and a bison herd.         TRAILS: Hiking-only trails in prairie, woodland and wetland settings.         Prairie trails       open daily, including holiday.			
Chet Ager Building       Open only SAT-SUN in winter         Exhibits include small animals, interpretive trail signs, and a bison herd.         TRAILS: Hiking-only trails in prairie, woodland and wetland settings.         Prairie trails       open daily, including holiday.	Prairie Building	M-SAT	9:00 AM - 4:30 PM
Exhibits include small animals, interpretive trail signs, and a bison herd.         TRAILS: Hiking-only trails in prairie, woodland and wetland settings.         Prairie trails       open daily, including holiday.		SUN	Noon - 4:30 PM
<b>TRAILS:</b> Hiking-only trails in prairie, woodland and wetland settings. <b>Prairie trails</b> open daily, including holiday.	Chet Ager Building		Open only SAT-SUN in winter.
Prairie trails open daily, including holiday.	Exhibits include small anir	mals, interpretive trail :	signs, and a bison herd.
	TRAILS: Hiking-only trai	ls in prairie, woodland	d and wetland settings.
	Prairie trails	•	open daily including holidays
Woodland trails 8:30 AM - 5:00 PM			
	Woodland trails	s and trails is free, bu	8:30 AM - 5:00 PM t donations are appreciated.

## FACILITY RENTAL

Have your next event at Pioneers Park Nature Center. Great for birthday parties, group meetings, and company retreats. Call (402) 441-7895 for details about the auditorium rental at the Nature Center.

Prairie Building Malinovskis Auditorium	ì	
\$60/hour (min 3 hours) or \$400/day	M-SAT	9:00 AM - 4:00 PM
	SUN	Noon - 4:00 PM

## **BIRTHDAY PARTIES**

Birthday party programming is recommended for ages 5-12. Choose the theme that will make for an exciting birthday celebration: Reptiles Rock, Insect Investigations, Nature's Scavenger Hunt, Amazing Birds, Marvelous Mammals or Grow in the Garden! We provide the space, program, a favor bag for each child and a special gift for the guest of honor. Time includes 30 minutes for set-up prior to party time. Call (402) 441-7895 to schedule.

\$140 for up to 15 children + 5 adults	SAT	10:00 AM - Noon, 1:30 - 3:30 PM
	SUN	1:30 - 3:30 PM

## Friends of Pioneers Park Nature Center

Annual Meeting: Saturday, February 28 | 9-11 a.m. Nature Center Prairie Building | FREE

Join us for the Friends of the Pioneers Park Nature Center annual gathering. There will be a short business meeting followed by a guest presenter.

## Support the Nature Center by Becoming a Member

Friends of Pioneers Park Nature Center memberships start at \$25. Benefits to becoming a Friend include special access to Friends programming, gift shop discounts, free or reduced admission to other centers nationwide, and supporting a valuable community resource.

# **TEAM PRACTICE TIMES**

# Reserve a practice court online for your basketball or volleyball team.

Practice times are 55 minutes and can be scheduled up to two weeks in advance. • Basketball reservations are half (\$15) or full (\$30) court

Volleyball reservations half (\$16) court

Contact the center where you wish to practice for additional information.

Reservations can be made online at parks.lincoln.ne.gov. - Reserve a Court

5:55-6:50 PM



## 6 SCHOOL'S OUT • BEFORE & AFTER SCHOOL

Lincoln Parks & Recreation • lincoln.ne.gov



## When LPS is not in session, our School's Out programs are!

We offer a variety of programs for children throughout the year. Most programs include activities such as academic support, sports skills, games, arts, crafts, nature activities, cultural celebrations, stories, music, songs, social skill development and computer skills.

All our programs are licensed.

Need-based scholarships are available. All locations are Title XX eligible. For more information, visit <u>parks.lincoln.ne.gov</u> (search: Schools Out).

## **Before School & After School Programs**

Dates: August 16, 2022 - May 25, 2023 Before School: \$125/month | After School: \$131/month

	Location	Schedule	Call for info:
Arnold	5000 Mike Scholl Dr.	ASR & BSR	(402) 441-7876
Belmont	1234 Judson St.	ASR & BSR	(402) 441-6789
Calvert	4500 Stockwell	ASR & BSR	(402) 441-8480
Everett	1123 "C" St.	ASR only	(402) 441-7952
McPhee	820 Goodhue Blvd.	ASR & BSR	(402) 441-7952

	Kids Day Off & Kids Week Off		
Registration will be available within 30 days of the program date.			
Location		Schedule	Call for info:
Belmont	1234 Judson St.	Days & Week	(402) 441-6789
Calvert	4500 Stockwell	Days & Week	(402) 441-8480

## **KIDS DAYS OFF**

Full days of fun recreation activities including Jan 16 active games and sports, crafts, and occasional Feb 17 Feb 20 field trips. Ongoing most days when LPS is not in Feb 21 session. Registration deposit required. Apr 7 BEL (402) 441-6789 \$33 Apr 10 CALV (402) 441-8480 \$33



## **KIDS WEEK OFF**

Youth will experience an array of organized games, crafts and occasional field trips during the LPS spring break week. Sack lunch and tennis shoes required. An afternoon snack will be provided.

2023 Dates

Apr 28

Mar. 13	-17, 2022 M-F	\$144/wk
BEL	(402) 441-6789	6:30 AM - 5:30 PM
CALV	(402) 441-8480	6:30 AM - 5:45 PM
EVRT	(402) 441-7952	7:00 AM - 6:00 PM

Pioneers Park Nature Center offers a week long nature camp during the LPS spring break. See page 13 for more information.



#### Spring Break 2023 Day Camp

**March 13-17, 2023 10:00 AM - 3:00 PM** Youth currently in 6<sup>th</sup>- 8<sup>th</sup> grade

Cost: \$60/week\*

\*Scholarships available for those who qualify.

Call (402) 441-7963 for information.





Extreme Teens enjoy activities like: • Enrichment activities

- Community engagement
- Positive peer engagement
- Independent living skills
- Developmental assets lesson
- Arts & Crafts
- Physical fitness and nutrition

Youth must bring a sack lunch; snacks will be provided during the day.



DON'T FORGET ABOUT THE SUMMER! REGISTRATION FOR SUMMER DAY CAMPS IS OPEN AND SPOTS ARE LIMITED! SEE PAGES 14 AND 15.

## NATURE PRESCHOOL

#### Pioneers Park Nature Center (402) 441-7895

Nature Preschool offers children the opportunity to explore nature in a wildlife sanctuary, encountering diverse landscapes and animals during daily hikes and outdoor play.

Teachers plan the curriculum based on their observations of children during outdoor experiences, through class discussions, and during play. This emergent curriculum supports children's natural curiosity to deepen their understanding of the world around them and link it to math, literacy, creative arts, and social/emotional skills.



**Nature Preschool and PreK** *Registration opens March 1, 2023!* 

## Preschool - Ages 3-4

September 5, 2023 - May 16, 2024 TR 9:00 - 11:30 AM \$110/mo.

#### PreK - Ages 4-5

 September 6, 2023 - May 17, 2024

 MWF
 9:00 - 11:30 AM
 \$160/mo.

 MWF
 12:45 - 3:15 PM
 \$160/mo.



## LITTLE SPROUTS PRESCHOOL

Calvert Recreation Center (402) 441-8480

Calvert Recreation Center has offered programs for preschool-age children since the center opened in 1989, and we understand how important early childhood education is to helping young people get a good start in life. Children are active learners and individuals who develop at their own pace, and our preschool offers fun early childhood activities to help support learning and development in ways that align with the Nebraska Department of Education's Early Learning Guidelines.

8

Our preschool program consists of fun early childhood activities to help support the learning and development of children ages 3-5. Little Sprouts is a Nebraska Step Up to Quality provider.

Learn more at: education.ne.gov/stepuptoquality.

#### Little Sprouts Preschool

Program start	ts Sept. 5, 2023	
M-F	9:00 - 11:30 AM	\$166/mo.
M/W/F	9:00 - 11:30 AM	\$97/mo.
T/R	9:00 - 11:30 AM	\$69/mo.

Registration information can be found on page 2 or visit parks.lincoln.ne.gov.



# YOUTH PROGRAMS

## JUNIOR ROBOTICS

Focused on building an interest in science and engineering in children, Junior FIRST LEGO League is a hands on program designed to capture young children's curiosity and direct it toward discovering the possibilities of improving the world around them. Children will research a topic, create a poster presenting that research, build a LEGO model with at least one motorized part that addresses the topic researched, and present what they have learned to a reviewer in a non-competitive, fun, high energy environment. Fee includes instruction and t-shirt.

Jan. 21 - Mar 11.	SAT	1:30 - 2:30 PM	
IRV	Ages 6-9	\$80	

## WHEELIE GOOD RIDE ACADEMY

#### Learn to Ride - Balance Bike Class

Riding a bike is considered a key development milestone for children. Wheelie Good Ride Academy is providing balance bike instruction for any level rider with a focus on beginners. Lessons are once weekly for 60 minutes for 5 weeks. Class will consist of team building games, and bicycle skill instruction. We'll have several bikes available for use. But if your little one already has a balance bike, please bring it.

Ages 2 - 7 (can register if participant is older) Parent/guardian is asked to accompany children

Times and dates to be determined. Call (402) 261-8854 for more information.



8

Programs for youth and adults with intellectual & physical disabilities, and mental health diagnoses

## **ADULT DAY STRUCTURE**

Our Day Structure programs are held in a supportive, caring environment, with trained and experienced staff. We have kind and caring volunteers and community specialists who lead groups and special programs. Participants are encouraged to set personal goals and participate in a broad spectrum of programs. A few of our program offerings include: Exercise & Physical Activities, Arts & Crafts, Gardening, Theatre/Drama, Nutrition & Cooking, Leisure Education, Life Skills, Special Events/Holiday Parties, Community Outings, and much, much more!

Day Structure 1 is for adults with mental health issues.

M-F 7:30 AM - 3:30 PM M-F 7:30 AM - 3:30 PM

Class Days are indicated: M (Monday), T (Tuesday), W (Wednesday), R (Thursday), F (Friday), SAT (Saturday) and SUN (Sunday).

Call 402-441-7901 for more information.

Day Structure 2 is for adults with medical/physical challenges.



## ADAPTIVE RECREATION CLUBS

Evening recreation clubs are currently on hiatus due to staffing needs.

- Monday Hi-Time Club (Upper Middle School-High School-age 21)
- Tuesday Fun Club (Elementary-Middle School Age)
- Wednesday Social Club (ages 36+)
- Thursday Friendship Club (ages 22-35)

# **JOIN OUR TEAM!**



Apply at **jobs.lincoln.ne.gov** (Seasonal Opportunities section)

Enthusiastic people are wanted who enjoy sharing their love of recreation with others.

#### **Easterday Adaptive Recreation Leader**

- Club Supervisor/Vehicle Driver
- Day Structure Program Assistants
- SumFun Day Camp leaders

#### **Easterday Adaptive Recreation Supervisor**

- SumFun Day Camp Supervisors
- Drama Camp Director & Art Camp Director

#### Easterday Special Olympics coach: Flag Football

# SUMMER CAMPS

The 2023 Summer Camp Registration Forms will be available March 2023, and will be mailed to campers who have participated in the past and to youth who participate in our recreation clubs and Special Olympics practices.

Call Sherry at 402-441-7948 to ensure you are on our mailing list.



## **ART EXTRAVAGANZA CAMP**

Campers will explore and create artwork in various mediums including painting, drawing, ceramics, and more. Call 402-441-7948 for information.

June 5-9	M-F	9:00 AM - Noon
Ages: 13+		\$84/person
Auld Pavilion, 16	50 Memo	orial Dr

## **DRAMA CAMP**

Campers will modify a children's play, work on skits, sets, props, and costumes. Campers perform their play on the last day of camp. Call 402-441-7948 for information. July 24-28 M-F 9:00 AM - 1:30 PM Ages: 13+ \$115/person Auld Pavilion, 1650 Memorial Dr



## PLEASE NOTE:

If the camper has not previously attended SumFun, Fun Club, or Hi-Time Club, please register in person at Easterday Recreation Center, 6130 Adams. Call (402) 441-7948 to arrange a time.



## **SUMFUN CAMP**

Reconnect with old friends and make new ones at SumFun Camp! Enrollment is limited. Activities offer opportunities for developing skills and social interaction in a fun environment. The program offers social and physical skill building and variety of activities including fitness, nature, swimming, crafts, field trips, music, and sports. Call (402) 441-7948 for information. *No camp July 3 – 7.* 

June 20-23*	T-F	9:00 AM - 1:30 PM	
June 26-30	M-F	9:00 AM - 1:30 PM	
July 10-14	M-F	9:00 AM - 1:30 PM	
PM July 17-21	M-F	9:00 AM - 1:30 PM	
Ages: 5-21 *\$68/4-day, \$85/5-day			
Auld Pavilion, 1650 Memorial Dr.			





# SPECIAL OLYMPICS

## WINTER/SPRING 2023 PRACTICE SCHEDULE

### Basketball

(youth and adults will practice on separate courts) Irving Recreation Center (2010 Van Dorn) Sundays,

3:00-4:00 pm: Individual and Level A Skills (ages 8+) 3:00-4:00 pm: Half Court Practice (ages 8+) 4:00-5:00 pm: Full Court/Unified Team Practice (ages 8+)

Practices: 1/8, 1/15, 1/22, 1/29, 2/5, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26

Tourney Dates: Sunday, 2/12 at Lincoln High, and Saturday, 4/1 at Lincoln North Star and Lincoln Northeast

#### **Track & Field**

Lincoln High School (21st & J St) Sundays 1:15-2:45 pm Practices: 3/5, 3/12, 3/19, 3/26, 4/2, 4/16, 4/23, 4/30; 5/14 Tourneys: Regional: TBD State: Level A 5/18 at Creighton University; 5/19 & 5/20 at Omaha Northwest

Swimming

Lincoln Southwest High School (7001 S 14th St) Adult Swimming (Ages 22+): Saturdays, 12:45-1:45 pm Youth Swimming (Ages 8-21): Saturdays, 1:45-2:45 pm Practices: 1/14, 2/11, 2/18, 2/25, 3/11, 4/1, 4/15, 4/22, 4/29, 5/6, 5/13

Tourneys:

Regional 3/25 at Lincoln High

State 5/18 at Common Ground in Elkhorn for regular swims & 5/19 at Salvation Army Kroc Center in Omaha for water walks, assisted swims including using flotation devices

## Golf: Ages 8+

Levels of practice/competition include:

- 1. Individual Golf Skills,
- 2. Alternate Shot 9-hole,

3. Alternate Shot 18-hole

Call 402-441-7877 for eligibility requirements for each level. Levels 2 & 3 are encouraged to practice regularly on their own and keep their score cards. Cards must be dated and signed by personnel at the golf course. A minimum of 5 score cards must be turned into Easterday

by 6/30 to be entered in the tourney.

#### Individual Golf Skills:

Highlands Golf Course (5501 NW 12th St) Mondays, 5:45-6:45 pm Fee: \$3.50/week for a bucket of balls Tentative Practices: 4/3, 4/10, 4/17, 4/24 Tourney: 8/6 at Mahoney Golf Course in Lincoln Practices will resume 6/5

# Want to work with youth?

## We're hiring for before/after school and school breaks

Lincoln Parks and Recreation is looking for energetic, caring people who have an interest in working with kids and gaining the diverse skills necessary to make an impact in their lives.

- Flexible part-time hours
- Various locations in Lincoln
- Fun experiences with friends
- Training is provided no experience necessary
- Opportunities for growth

## jobs.lincoln.ne.gov

Scan QR code with your phone to visit the website and apply!



View positions and apply online at **jobs.lincoln.ne.gov** 

select "Seasonal Opportunities"

Join our team!

- Recreation Center Staff
- Before & After School Programs
- Team Sports Officials
- Adaptive Recreation staff
- Parks Laborers
- Nature Center staff
- Hike leaders



9



## NATURE PROGRAMS

#### **Twilight Hikes**

Join us each month to experience the sights and sounds of the Nature Center after hours. Each hike will have a different focus. Topics may include nocturnal wildlife, astronomy, legends and storytelling, and natural history. Pre-registration is required; no drop-ins. Check-in 15 minutes prior to start time. For all ages, unless otherwise noted.

Jan 20	F	6:30 – 8:00 PM
Stargazing (ages	16 an	d up)
Feb 10 Winter Adaptation	F ns	6:30-8:00 PM
March 3 Spring Migration	F	7:00-8:30 PM
Prairie Building		\$5/person

#### **Great Backyard Bird Count**

Join us for the Great Backyard Bird Count, a community science event. Each year people all over the world participate to watch, learn, count, and celebrate birds. The Great Backyard Bird Count is great for birders of all levels. We'll meet at the Chet Ager Building, watch the feeders, and then head out for a hike, weather permitting. Please register by February 17, if you plan to attend.

Feb 18	SAT	9:00 AM
Chet Ager Building		Sugg. Donation \$5

#### **Bird Walk**

Join us for a morning bird walk at the Nature Center. Come learn and talk about birds and enjoy a walk along our woodland trail. Bring your own binoculars or request to borrow a pair from the Nature Center. Register by March 3, space is limited. No drop-ins.

March 7	Т	8:45-10:15 AM
Prairie Building		\$5/person



#### SANDHILL CRANE TRIP

Witness the greatest migration in Nebraska as we visit the largest Sandhill Crane roost in the world! Ride along with Pioneers Park Nature Center's Naturalist and Coordinator to the Crane Trust Nature and Visitor Center. near Alda, for a private blind viewing. Experience the sights and sounds of thousands of Sandhill Cranes at their evening roost. There will be a stop at Mormon Island State Recreation Area for wildlife watching and a light meal. Participants should dress for the outdoors, bring binoculars, cameras, and other recording equipment. Binoculars are available to borrow. There will be a ¼-mile walk from the bus to the blind in low light over uneven terrain. Space is limited to 24 participants. Register by March 1. Group departs from Auld Pavilion in Antelope Park. \*\$50 cancellation fee, if the participant cancels.

Mar 8	W	1:30-9:00 PM
PPNC*	Ages 12+	\$120/person*

#### Spring Cleaning – Volunteer Day

Every spring the Nature Center invites our friends and visitors to help do some spring cleaning in our gardens and along trails. All are welcome, children may volunteer with an accompanying adult. All volunteers (or accompanying parent/guardian) must sign the Lincoln Parks and Rec volunteer waiver form. Tasks will include physical labor, walking trails, using garden tools, and other outdoor tasks. No prior experience necessary. Please register by April 20, if you plan to attend.

April 22	SAT	1-3 PM
Prairie Building		FREE

## Mother's Day Bird Walk

May is Migratory Bird Month and May 14th is Mother's Day. Let's celebrate both with a bird walk at the Nature Center. This program will include a slow walk in the wetland and woodland areas looking and listening for springtime birds. Bring your own binoculars or request to borrow a pair from the Nature Center. Register by May 11.

May 14	SUN	9:00 - 11:00 AM
Prairie Building		\$5/person

## GIRL SCOUT ACTIVITIES

Register at Girl Scouts Spirit of Nebraska: girlscoutsnebraska.org.

#### Explore With Your Senses

Two badges, one event! Earn the Hiker and Senses badges during this nature program. We'll prep, plan, and go for a hike while also learning to use our sense to explore and investigate the natural world around us. We'll learn how some animals use their senses, too.

April 15 SAT 12:30 PM – 4:00 PM
---------------------------------

#### Outdoor Art

Let the sights and sounds of nature inspire your creativity. Earn your Outdoor Art Maker badge while exploring and learning about nature at Pioneers Park Nature Center. Artwork created during the program will be on display at the Nature Center visitor center following the event.

May 6 SAT 10:00 AM – Noon

#### **BOY SCOUT ACTIVITIES**

Merit badge classes and service projects are available upon request.

\$4.50/Scout for 1.5-hour program 10-person minimum Lincoln Parks & Recreation • lincoln.ne.gov



## **Explorers Spring Day Camp**

Students in grades K-5 can spend Spring Break hiking, exploring, and playing outdoors! Learn about ecology, wildlife, and more during this fun-filled week of day camp. Campers will be outside most of each day and will need to bring a sack lunch, water bottle, and an extra change of clothes and shoes daily.

March 13-17	M-F	8:00 AM- 5:30 PM	
PPNC Education Building		\$205/week	
Desistration and normant due by March 1			

Registration and payment due by March 1.

## Nature Summer Camps registration open Jan 23!

See page 13 for summer camp details.

## Nature Preschool & PreK Programs

**Registration Begins March 1** For more information, see page 9.

Classes begin the first week of September.

PRAIRIE PRAIRIE

Run, bike, and run to support the Prairie Corridor Project and outdoor recreation!

SUNDAY, MAY 21, 2023

PRAIRIE to PRAIRIE

This event is a 5K run at the Nature Center followed by a 15-mile bike ride on gravel roads to the Spring Creek Prairie Audubon Center for another 5K run. Tackle this challenging event on your own or form a team! At the conclusion of the race, there will be a celebration onsite at Spring Creek Prairie with food and drink available for purchase. Event starts at 8:30 a.m. Registrations before May 10 will receive a commemorative T-shirt!



This fundraising event is made possible through partnership with Lincoln Parks and Recreation, Lincoln Parks Foundation, Solidago Conservancy, and Spring Creek Prairie Audubon Center.

Pre-registration at **bit.ly/prairie2prairie** is required.

# WILD ADVENTURES

Learn about Nebraska wildlife, native habitats, and more through hands-on nature-themed activities and games! *No cost, donations welcome*.

April 29, 2023 SAT 1:00-4:00 p.m. Prairie Building FREE

Help us celebrate the 60<sup>th</sup> Anniversary of the Pioneers Park Nature Center! Photo by Lincoln Journal Sta

## FitLot Outdoor Fitness Park Classes Starting April 4, 2023

FITLOT CLASSES

Tuesday, Thursdays 10:30-11:30 AM 9:00-10:00 AM Fridays Woods Park, 3131 O Street, near playground.

Additional equipment is provided. Bring water bottle and hand sanitizer.

# **FREE MOVEMENT CLASSES**

Explore, experience, and enjoy FREE activities in the parks for all ages! lincoln.ne.gov/party



## Adult Yoga

in the

Class sculpts, strengthens, balances, and exhilarates the body and mind. Yoga Noon-12:45 PM т F Street Community Center, 1225 F Street



**Health and Fitness Center** 555 S. 9th St.

Monday through Friday 8 AM - 4 PM

All ages are welcome at the fitness center. Cardio equipment, strength training equipment, free weights, balance, and other exercise aids are available. \$10 suggested monthly contribution for age 60 and over. \$15 fee for under age 60.

A certified personal trainer is available at no charge on Tuesdays and Thursdays BY APPOINTMENT ONLY.

For most Health and Fitness classes, there is a \$4 per class suggested contribution for age 60 and over. \$5 per class fee for under age 60. Preregistration is required for all classes by calling 402-441-7575. Please register early. Classes that do not have sufficient enrollment will be cancelled.

## MOVEMENT

#### Chair Yoga

Feb. 15 – March 29 WED 9:00 - 10:00 AM Eastridge Presbyterian Church, 1135 Eastridge Dr.

## Dance for Life

Jan. 11 – Feb. 22 WED 10:30-11:30 AM Auld Pavilion, 1650 Memorial Dr.

#### Qigong Refresh and Recharge

Jan. 12 – Feb. 23 THURS 2:30-3:30 PM St. Mark's United Methodist Church, 8550 Pioneers Blvd.

## SUPPORT GROUP

#### Caregiver Support Group

No registration needed – walk-ins welcome

2nd Tuesday Monthly 5:00 – 6:00 PM St. Mark's United Methodist Church 8550 Pioneers Blvd., Room 137 (Enter through door 9 on south side of St. Mark's, turn left and go downstairs)



Help us celebrate the 60<sup>th</sup> Anniversary of the **Pioneers Park Nature Center!** 



## WILD ADVENTURES

Learn about Nebraska wildlife, native habitats, and more through hands-on nature-themed activities and games! No cost, donations welcome.

April 29, 2023	SAT	1:00-4:00 PM
Prairie Building		FREE



## 2023 PROGRAMS

Memorial Day: May 29, evening program

Bricks of Honor Annual Dedication: June 10, 10:00 AM

Patriot Day: To Be Announced

Veterans Day: November 11, 11:00 AM

Pearl Harbor Remembrance Day: December 7, 11:55 AM

For more information about the Advisory Council, events, the garden including honorary monuments, visit lincoln.ne.gov/veteransgarden

# VETERANS MEMORIAL GARDEN

3200 Veterans Memorial Drive, Antelope Park

Lincoln Parks & Recreation • lincoln.ne.gov





Summer Day Camps are all about creating memories, exploring new adventures, making friends, and celebrating being a kid.

## May 30 - August 11, 2023 Weekdays - 7:00 AM - 5:30 PM

No camp on Monday, May 29, June 19, and July 4, 2023.

Lo	cation	Grades	Call for info:
Air Park	3720 NW 46th St.	K-1, 2-5	(402) 441-7876
Belmont	1234 Judson St.	K-5	(402) 441-6789
Bethany Park	66th & Vine	K-1, 2-5	(402) 441-7952
Calvert	4500 Stockwell	K-1, 2-3, 4-5	(402) 441-8480
Irving	2010 Van Dorn St.	K-1, 2-4, 5-7	(402) 441-7954
McPhee**	820 Goodhue	K-5	(402) 441-7952
** McPhee will not have camp Aug. 7-11			e camp Aug. 7-11.

Our camps are for kids who have completed K-7 grade and who want to **PLAY** all summer long. Our camps have a wide curriculum of activities to keep campers moving and more importantly having fun with their friends. Every week campers will experience field trips, swimming, arts & crafts, active games, and so much more.

Call the camp location or (402) 441-7952 for more information.

Need-based scholarships available. All sites accept Title XX except Irving & Bethany locations.

Register for individual weeks or the entire summer at

#### parks.lincoln.ne.gov - Register for a Class

#### Extreme Teens Day Camp

ONLY

WEEKLY \$124 /4 day weeks

Summer Day Camp program for kids who have completed 6-8th grades. Scholarships available for those who qualify, Call (402) 441-7951 for info. *No camp July 3-7*.

M-F	\$60/week	
T-F	\$48/4 day wk	
9 AM-3 PM		
	T-F	

Juni	or D	ay (	Camp	Lead	ier:	Age	5:14-	17
<b>~</b> ·							~	

Gain important job skills while having fun assisting Summer Day Camp staff with daily operations!

May 31-Aug. 6	M-F	7:30 AM - 4:30 PM
IRV & CALV		\$40/week

\*Participant must fill out an application, complete an interview and be selected for this opportunity.

Nature Day Camps are designed to inspire curiosity and build understanding of others and their surroundings through guidance of caring staff, featuring the outdoors, and natural wonder.

## **DISCOVERY: AGES 3-6 YEARS**

Mondays-Thursdays	9:00-11:30 AM
Prairie Building Classrooms	\$110/week
\$25 deposit due at t	ime of registration

## • June 5–8

	June		
•	June	26-2	29

- July 10-13
- July 17-20
- July 24-27

A half-day camp for children ages 3–6 to learn about the world around them. Camp activities and experiences are planned around seasonal changes and happenings at the Nature Center. Children have time to explore and investigate, play with others in a social setting, and express themselves through arts and crafts. Come prepared to be outdoors, get dirty, and have fun!

Children must be potty trained and able to use an adult-sized toilet on their own.



SUMMER DAY CAMP **REGISTRATION OPENS** MONDAY, JANUARY 23!

lincoln.ne.gov/daycamps

# EXPLORERS: ELEMENTARY AGES

*Completed grade K-5	8:00 AM – 5:30 PM
Monday-Friday	\$205/5-day week
Education Building	*\$164/wk/4-day week
	\$25 deposit due at time of registration.
	325 dep et

n'i'e

(M-F) Spring Camp: March 13–17

#### mor Camp S

ummer Camp	
• June 5–9	(M-F)
• June 12–16	(M-F)
• June 20–23*	(T-F)
• June 26–30	(M-F)
• June 20= 30	(M-F)
• July 17–21	(M-F)
• July 24–28	(M-F
• July 31–Aug 4	(

Explorer Camp is for children who have completed kindergarten but who have not yet entered 6th grade.

Activities include hikes, creek exploration, pond investigations, archery, fishing, arts and crafts, and more. Participants will be outside most of each day and will need to bring a lunch, water bottle, and an extra change of clothes and closed-toe shoes daily. Guest presenters, special activities, and off-site (field trip) experiences also occur throughout the summer.

# NAVIGATORS: MIDDLE SCHOOL AGES

*completed grade 6-8	8:30 AM – 5:30 PM
Monday-Friday, July 11-15	\$190/week
Education Building	deposit, balance due 6/15.
s25 registration	deper

Youth who have completed 6th grade but who have not yet entered 9th grade will be immersed in outdoor learning and leadership-building experiences at Navigators Camp.

The experience includes outdoor recreation and nature exploration activities that include canoeing, archery, fishing, and hiking. Participants will also have opportunity to explore and learn about various habitats, native and invasive species, and build on their understanding of conservation and environmental issues. Guest presenters are incorporated into the Navigators' experience. Participants will be outside most of each day and will need to bring a lunch, water bottle, and an extra change of clothes and closed-toe shoes daily.

LOCATIONS: All camps are at the Pioneers Park Nature Center. Discovery is within the Prairie Building classrooms. Explorers and Navigators will meet at the Education Building before starting their day. **FEES:** \$25 deposit due at time of registration. Fees for Spring camp is due by March 1. All fees for summer camps taking place in June must be

paid by May 15. All fees for July and August camps are due by June 15. Program details and specific weekly activities will be sent to registered participants prior to camp.



Monday, May 29 - Sunday, August 13, 2023

## lincoln.ne.gov/pools

# **AQUATIC CENTERS**



6

B ((

HIGHLANDS 5511 NW 12th, (402) 441-7800



**VEIGHBORHOOD POOL ARNOLD HEIGHTS** 4000 NW 46th, (402) 441-7829



4400 Antelope Creek, (402) 441-7827



Slide/diving board

Splashpad

**Zero entry** 

Lap lanes

**POOL AMENITIES & PROGRAMS** 

Concessions

Fitness

•

Swim lessons

**Family night events** 

UNIVERSITY PLACE 2000 N 48th, (402) 441-7834

S Baby

(A

 $\mathbf{\Omega}$ 

ĸ



 $\langle \mathbf{v} \rangle$ 

BALLARD 3901 N 66th, (402) 441-7898



1900 Van Dorn, (402) 441-7828



**STAR CITY SHORES** 4375 S. 33rd Ct., (402) 441-6670



# BELMONT 12th & Manatt, (402) 441-7826



🗞 💦 🌈 🥒 🌢 🏓 🖕 😂 WOODS 33rd & J, (402) 441-7782

		DAILY FEE			LOW INCOME* DAILY FEE			SEASON PASSES**		Group/Discount Coupon Books			
POOL LOCATIONS	Rent a Pool!	0 - 2	3 - 17	18 - 61	61+	0 - 2	3 - 17	18+	Season Family	Ages: 3 - 17	Ages: 18+	3 - 17 (30 coupons)	18+ (10 coupons)
Neighborhood Pools	\$145-\$235 <sup>^</sup>	Free	\$4.25	\$5.50	\$5.00	Free	\$2.10	\$2.75				\$85	\$37
Aquatic Centers													
Highlands Aquatic Center	\$180	Free	\$4.75	\$6.00	\$5.45	Free	\$2.35	\$3.00	\$231	\$82	\$106	\$95	\$40
University Place Aquatic Center	\$205	Free	\$4.75	\$6.00	\$5.45	Free	\$2.35	\$3.00				\$95	\$40
Star City Shores Aquatic Center	\$525	Free	\$5.00	\$6.25	\$5.65	Free	\$2.50	\$3.15				\$100	\$42

Neighborhood Pools: Arnold Heights, Ballard, Belmont, Eden, Irvingdale and Woods Pool. Purchase at pool or online at lincoln.ne.gov/pools.

Low Income\* - Identified by case worker. Passes\*\* - No discounts for season passes.

Family pass includes up to two adults and four youth (ages 3-17) in the same family/ household. Add \$25 for each additional youth over first four.

14



\$60

## **LESSONS & LEAGUES**

#### Swim Lessons

Lessons available for all ages and skill levels. Offered at most pools. Schedules vary by location.

Morning Session, M-R (2 Weeks)	\$60
<ul> <li>Session 1: June 5 - June 15</li> </ul>	
Session 2: June 20 - June 29	
Session 3: July 10 - July 20	

Evening Sessions, M/W or T/R (3 Weeks)	\$60
Session 1: June 5 – June 22	
<ul> <li>Session 2: July 10 – July 27</li> </ul>	

Saturday Mornings (6 Weeks) • Session 1: June 10 – July 15

## Swimming and Diving League

Introduction to competitive swimming and diving for 6–18 years old. For more information, contact pools@lincoln.ne.gov.

## Online registration begins April 3.

-		•
Practice	M-F	June 5 - July 22
Dive Meets All City Dive Meet	R F	June 15, 22, 29 & July 6 July 21
Swim Meets: All City Swim Meet	SAT F, SAT	June 17, 24, July 1 & 8 July 21 & 22



## SUMMER LONG PROGRAMS

#### Adult Water Fitness

*Get fit and have fun in the water.* Schedule of classes will be coming soon!

## **RENT A POOL**

Pools are available for family and group events. 1.5 hour rental time is usually after closing. Requests can be made after opening on May 29. Star City Shores requests taken pre-season.

See chart on page 14 for rental rates. \*Pricing is for up to 100 guests with \$1/guest 101+ except Star City Shores.





# TRAGO SPRAY GROUND

May 29 - Sept 4 N. 22nd & U Streets

#### Daily Hours: 11 AM-7 PM FREE

The Aquatics Office does not manage the Trago Spray ground. For information about this facility, contact parks@lincoln.ne.gov or call (402) 441-7847.



# WORK WITH PEOPLE

Recreation Leaders Outdoor Educators Adative Recreation Supervisors Recreation Van Drivers Visitor Services Staff

WORK OUTSIDE

Parks Laborers Golf Course Laborers Public Gardens Staff

Nature Center Staff



Lifeguards Swimming Instructors Pool Staff

Apply online at jobs.lincoln.ne.gov "Seasonal Opportunities"

## PUBLIC POOLS 15

# **Go Team Go!** SPRING TEAM SPORTS

Group up with family, friends, and coworkers to have fun with these spring sports.

Contact our Team Sports office at (402) 441-7892 or visit their online registration system at teamsideline.com/lincolnne.



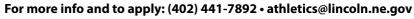
Adult Team Sports		Registration Dates	Fee	Season Dates	Divisions, Day/Time
Slow-Pitch Softball	Teams will play a six and eight-game regular season and a double-elimination tournament. Games vary in night and location according to league and class.	Feb. 12-Mar. 26	Varies by league. Visit website or call Athletics office for additional information.	Days vary by division Games begin Mid-April	Men's (SUN-F) Women's (W) Coed (T, F, SUN) Church Men's (M)
Softball Umpires Clinic	We are offering a FREE clinic in late March for those interested in umpiring. For more information, call (402) 441-7892 or e-mail <u>mmanning@lincoln.ne.gov</u> .	Ongoing	FREE	Trainings in late March/April	
Youth Team Sports		Registration Dates	Fee	Season Dates	Divisions, Day/Time
NFL FLAG Football	Official 5-on-5 flag program of the National Football League. Players receive an official NFL FLAG Football jersey. 10-person teams are assigned a volunteer coach and organized by friend requests and geographic areas. Practices determined by coach. Games held at Lewis Ballfields.	Regular: Jan. 3-Feb. 6 Late: Feb 7-13	Regular: \$90/first child, \$85/add'l child Late fee: \$100/95	Mar. 20-May 4	K-1, 2-3, 4-5, 6-8 Days/Time: TBD
Volleyball	Play 4-on-4 spring volleyball in a low-key, developmental and instructional environment. Players receive a program shirt. 8-person teams are assigned a volunteer coach and organized by friend requests and geographic areas. Games at Belmont or Calvert Recreation Center. 6-game season.	Jan 3 - Feb 13	\$50/ first child, \$45/add'l child	Mid-March - Early May	K-1st grade, 2-3rd grade, 4-5th grade. Games on Saturday AM
Youth Track & Field Meet	This Nebraska Recreation and Park Association program is a low-key, grass-roots competition for youth to showcase their skills. Top four finishers in 8-yr old and above qualify for the state meet in June! Track shoes or turf shoes with rubber cleats are not permitted. No starting blocks.	April 1 - May 1	FREE	TBD	Boys/Girls divisions. Ages*: 6, 7, 8-9, 10-11, 12-13yrs. *Ages as of 12/31/2023.

Register online at www.teamsideline.com/lincolnne or at the Team Sports Office, 3131 "O" St, Suite 300.

# **COACHES AND OFFICIALS**

Paid and volunteer positions available YOUTH: NFL FLAG FOOTBALL JR. NBA BASKETBALL • VOLLEYBALL Officials must be 16yrs+

ADULT: BASKETBALL • VOLLEYBALL SOFTBALL • KICKBALL Officials must be 18yrs+





# WOODS TENNIS CENTER

Indoor and outdoor tennis courts Lessons and leagues for players ages 4+ Session III: January 9-February 17 Session IV: February 27-April 8 Session V: April 10-May 20

401 S. 33rd St. | 402-441-7095 | woodstennis.com | woodsleagues@gmail.com





**Highlands Golf Course** 5501 NW 12th St. | (402) 441-6081

**Holmes Golf Course** 3701 S. 70th St. | (402) 441-8960

**Mahoney Golf Course** 7900 Adams St. | (402) 441-8969

**Pioneers Golf Course** 3403 W. Van Dorn | (402) 441-8966

**Jim Ager Golf Course** 3761 Normal Blvd. | (402) 441-8963

lincolncitygolf.org

# **JUNIOR GOLF CAMPS**

## **SPRING JR GOLF CAMPS**

Five week camps designed to give young golfers a jumpstart to the season. Instruction from PGA Professionals will take kids around the course to brush up on all areas of the game and get them ready for the 2023 season!

April 11-May 9 T	4:00-5:00 PM			
4/11, 4/18, 4/25, 5/2, and 5/9				
April 13 - May 11 R	4:00-5:00 PM			
4/13, 4/20, 4/27, 5/4 and 5/11				

## **SPRING JR GOLF LEAGUE**

Five week league for any level of golfer who can complete 9 holes at Ager Golf Course with their own ball. Golfers compete on teams of two for weekly points. Standings are kept with winning teams & individuals winning awards at the end of season party.

April 15- May 13 SAT Start at 10:00 am 4/15, 4/22, 4/29, 5/6, and 5/13



For information about YMCA Golf programming, visit YMCAlincoln.org.

Youth Golf Clinics & Camps YMCA PGA Jr League Parent/Child Tournament



## SUMMER CAMPS

Registration includes 8 weeks of instruction, prizes, and a Youth on Course membership allowing your golfer to play at Jim Ager for only \$4.

Register for Junior Golf Camps and Leagues at LincolnCityGolf.org/academy

## **Itty Bitty Golf Camps**

Eight weeks of golf instruction from PGA Professionals designed for youth between the ages of 4 and 6. Instruction features golf in-depth instruction and take all learned to and near-golf equipment to keep young athletes engaged and having fun while learning golf. Camps at Ager Golf Course. No camp on 7/3. 6/5 -7/31 Μ 9:00-10:00 AM

0,5 ,,51		2.00 10.007411
6/1 - 7/20	R	10:30-11:30 AM

## **Birdie Golf Camps**

Designed for the beginner golfer. Students will learn all aspects of the game utilizing the practice facilities and golf course. Camps at Ager Golf Course. No camps on 7/3 or 7/4.\*Girls Only Camp, 5/31-7/19

	Only Cum	p, 5/ 5/ 7/ 12
6/5 - 7/31	М	12:30-1:30 PM
5/30 - 7/25	Т	9:00-10:00 AM
5/30 - 7/25	W	2:45-3:45 PM
5/31 - 7/19 *	W	11:00-NOON
6/1 - 7/20	R	9:00-10:00 AM
6/2 - 7/21	F	11:00-NOON

#### **Eagle Golf Camps**

Eight Weeks of golf instruction from PGA Professionals. Students will receive more the course in each class. Camps at Ager Golf Course. No camps on 7/3 or 7/4.

6/5 - 7/31	М	2:00-3:30 PM
5/30 - 7/25	Т	10:30-NOON
5/31 - 7/19	W	2:30-4:00 PM

#### Late Starter Camp

Four week camp for the young athlete who got a late start to the golf season. Very popular among busy multi-sport athletes competing a lot in June. This camp will express junior golfers through the main areas of the game. The program is designed for any level of golfer and taught by PGA Professionals.

July 7-28 F 9:00-10:00 AM
---------------------------

#### **Teen Golf Camp**

Designed for the high school or soon-to-be high school golfer, the Teen Camp meets for eight weeks at Holmes or Mahoney Golf Course. Instruction from our PGA Professional staff will teach each golfer all aspects of the game from swing technique to golf strategy. (Nothing on 7/4)

5/30 - 7/25	T @Mahoney	12:30-2:00 PM
5/31 - 7/19	W @Holmes	12:30-2:00 PM

# SUMMER LEAGUES

## AGER SUMMER JR GOLF **LEAGUES &**

## ADULT/JR GOLF LEAGUES

Summer-long golf leagues for any level of golfer who can complete 9 holes at Ager Golf Course. Opportunity to play with current and future friends in a two-person team format where golfers compete against each other for points. Team standings are kept and the winning teams and individuals will be awarded prizes at the end of the year party. No leagues on 7/3 and 7/4.

#### Jr Summer Leagues at Ager

5/31-7/19	W	9:00 AM
6/2-7/21	F	9:00 AM

10:00 AM

## Girls Only League at Ager

Adult/Child	League at Ager	
5/31-7/19	W	5:30 PM

F

## Teen League

6/2-7/21

6/1-7/20	R	2:00 PM
(Rotates course	BA)	

## Intro to League at Ager

	-	-	
6/5-7/31		Μ	10:30-11:30 AM



## ARCHERY

#### **Archery for All**

Learn all about this timeless sport. Archery class teaches technique, precision, and sportsmanship, all skill levels, and abilities welcome. The best the thing about Archery is everyone can do it! All Equipment is provided. This class is open to anyone 8 years of age and older. Class includes group/individual instruction and open range time. Join the class and be right on target!

Jan 22-Feb. 12	SUN	11:00 -Noon
IRV	Ages 7+	\$30.00

## **TABLE TENNIS CHALLENGE**

All ages welcome.

Ongoing	SUN	5:00-10:00 PM
BEL		\$3/wk, \$30/13wks

#### **WALKING & RUNNING**

#### **Indoor Walking**

Stay fit during all types of weather by walking in our comfortable gym. Call ahead for availability on non-school days. See Pg. 4 for recreation center indoor track information.

Ongoing APW (14 lap/mi)	F	9:30 – 11:30 AM FREE
Ongoing APW (14 lap/mi)	M-F	11:30 AM - 5:30 PM \$2.00
Ongoing FST (15 lap/mi)	-	Open all hours Free* \$3.00 outside specified hours.



#### **MARTIAL ARTS**

#### **Now Enrolling Karate Classes!**

Three Battles Goju Ryu Karate welcomes new students! Come train with Sensei Josh Malcolm, a 4th degree Black Belt who has trained for 30 years and taught for 10 of those years. He is a state, National and world champion with a passion for teaching children and adults how to not only defend themselves but discover their best self through martial arts. Goju Ryu is a traditional martial art originating in Okinawa, Japan: featuring the combination of both hard and soft techniques: the hard of kicking and punching meets the soft of breathing and discipline. Focus, character, and discipline are the steppingstones to success in karate-do. Students from this dojo have competed at both state and national tournaments and are state and national champions. This program has been held at the Air Park Rec Center for almost 11 years and we are looking to grow as we look to the future of the new center.

A traditional Okinawan style of martial arts that combine the "softer" style of redirecting and blocking with the "harder" style of kicking and punching movements. Registration for new students open the first of every month.

Youth Karate provides a sense of honor, integrity, respect for elders, perseverance, and self-control. Classes available for ages 5 – 15 and will teach kata, good technique, awareness of surroundings, self-defense, and discipline. Youth that are yellow belt and above, will have the opportunity to practice weapons/sparring.

Tuesday	6:00 - 6:45 PM \$	20/mo (1x/wk)
Junior Ninja	s Ages: 8-14	
Т	7:00 - 8:00 PM \$	60/mo (3x/wk)
R	6:00 - 7:00 PM	
SAT	12:15 - 1:15 PM	
Adult: Ages:	15+	
W, R	7:15 - 8:15 PM \$6	50/mo (3x/wk)
SAT	2:45 - 3:45 PM	

Call the Air Park Recreation Center, (402) 441-7876, for more information and to register.



#### INDOOR PICKLEBALL: Open Drop-in

Bring the game indoors when the weather is bad. Paddles and balls available or bring your own. Call the center to check availability.

Ongoing APW	Т	6:00-8:00 PM \$2.00
Thru Feb 18	M-F	8:30 AM - 10:30 PM
		10:30 AM - 12:30 PM
CALV		\$2.00/2-hour session
Feb 19 - May	M-F	8:30 AM - 10:30 PM
		10:30 AM - 12:30 PM
	SAT	8:30 AM - 10:30 PM
		10:30 AM - 12:30 PM
CALV		\$2.00/2-hour session
Dialalaha II		

#### Pickleball

М	8 – 10 AM, 10 AM – Noon
R	8 – 10 AM,
F	10 AM – Noon
FST	\$2/two-hour

\*Not available in the summer due to youth camps.

# **OUTDOOR COURTS**

Ballard Park, 66<sup>th</sup> & Kearney St. Cooper Park\*, S 6th St & D St Eden Park, 46 Antelope Creek Rd Henry Park, S. 44th & Prescott Ave. Peterson (Ewin) Park, 4400 Southwood Dr. Roberts Park\*, S 56th & Sumner St Roper Park (East)\*, N. 8th & Judson St Seng Park, N. 49th & Garland St Tyrrell Park\*, N. 67th St & Baldwin Ave UPCO Park, N. 40th & Adams St \*current & recent construction projects

Woods Tennis Center, see page 16.

Register online at **parks.lincoln.ne.gov** by location: APW (Air Park), BEL (Belmont), CALV (Calvert), EDAY (Easterday), EVRT (Everett), FST (F Street), IRV (Irving), MCPH (McPhee) and PPNC (Pioneers Park Nature Center). Class Days are indicated: M (Monday), T (Tuesday), W (Wednesday), R (Thursday), F (Friday), SAT (Saturday) and SUN (Sunday).



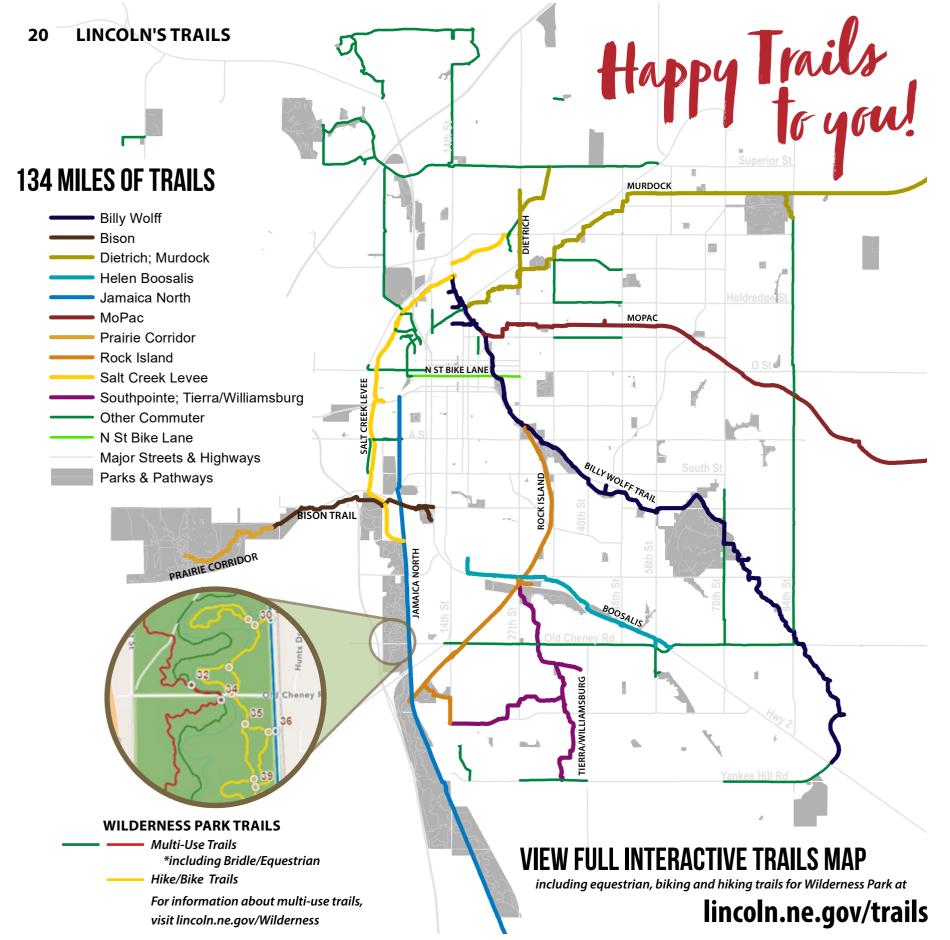
Reading and literacy can happen anywhere! You don't have to have a perfect or quiet environment for reading—you can read at the mall, the park, the farmers market, an apple orchard—wherever!

If you are out at a Lincoln City Park, you might just stumble upon Lincoln City Libraries and an Around Town Storytime!



Join Read Aloud Lincoln at these parks and places in the Lincoln area for Storytimes: featuring stories, movement, music and more. All sessions are 30 minutes. Look for the LNKLibraries feather flag! All start times are at 11 a.m.

March 10: Gateway Mall Play Space April 14: Lincoln Children's Museum May 12: Pioneers Park Nature Center



Paper trail maps are available at the Lincoln Parks & Recreation Administration Offices (3131 "O" Street, 3rd floor) during regular business hours.

### 2023 Spring Program Guide

# **PUBLIC GARDENS**

Antelope Triangle, S. 27th & Capitol Parkway **Sunken Gardens** Hamann Rose Garden **Rotary Strolling Gardens Daylily Garden Cascade Fountain** 

Hazel Abel, 18th & E Centennial Mall, 15th & K-R St Union Plaza, 21st & P St



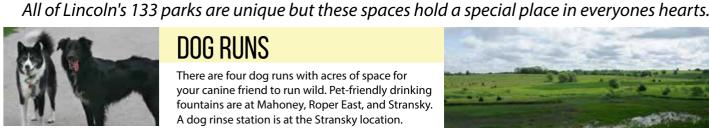
# **DISC GOLF COURSES**

Beal Slough, 60th & Pine Lake Rd Roper East, Fairfield St. & N. 3rd Roper West, Groveland St. & N. 8th Tierra/Briarhurst Park, S 27th & HWY 2



# **SKATE PARKS**

Peter Pan Park, N. 32nd & W St Tierra/Briarhurst Park, S 27th & HWY 2



**Mahoney Park Dog Run** 84th and Adams streets 3.6 acres for large dogs 0.6 acres for small dogs

N. 7th and Adams streets 4.0 acres for large dogs 1.0 acre for small dogs

# **DOG RUNS**

There are four dog runs with acres of space for your canine friend to run wild. Pet-friendly drinking fountains are at Mahoney, Roper East, and Stransky. A dog rinse station is at the Stransky location.

#### Rickman's Run at Holmes Lake Park East side of South 70th Street in Holmes Lake Park 22.25-acres for large dogs 1.4 acre area for small dogs

Roper Park East Dog Run Stransky Dog Run at Peterson Park

4419 Southwood Drive 2.6 acre for large dogs 1.0 acre for small dogs



pecial Spaces

# SALINE WETLANDS

#### Arbor Lake

- North of Interstate 80 along N. 27th street
- Frank Shoemaker Marsh
- 10281 N. 27th

#### Helmuth Marsh

- South of Mill Road & west of 14th Street
- Jack Sinn Memorial Wildlife Management Area Hwy 77 & Ashland Road
- Lincoln Saline Wetlands Nature Center
- East of Lincoln's Capitol Beach Lake
- Little Salt Creek Wildlife Management Area Southeast of 1st Street and Raymond Road
- Little Salt Creek West Wildlife Management Area Branched Oak Road between NW12th and 1st streets

#### Little Salt Fork Marsh Preserve

1st and Raymond Road

#### Little Salt Springs

NW 12th street and Branched Oak Road

#### Marsh Wren

- South of Arbor Road and east of North 40th
- Pioneers Park Nature Center Wetlands
- 3201 S. Coddington Ave.
- Warner Wetlands
  - 98th street and Interstate-80

## Whitehead Saline Wetlands

South of Interstate 80 and east of 27th Street

#### Zoetis Saline Wetlands

1st Street and West Cornhusker Highway



# OUTDOOR **FITNESS PARKS**

These parks have special equipment designed for adult exercise.

#### Cooper Park, S 6th & D

Cripple Creek, 48th and Pine Lake Rd Lintel Park, N 21st & Holdredge McAdams Park, 44th&Y Mendoza, 84th & Pine Lake Rd Seacrest Park, S 70th & A Tierra/Briarhurst Park, S 27th St. & Hwy 2 Timber Valley Park, 3031 W Peach Woods Park, 33rd & N

# EQUESTRIAN TRAILS

Pioneers Park offers a 2.6 mile riding experience with a variety of wide views of park space to shaded forest riding. Horses are not allowed past the arches at the Nature Center on the far west of the park.

Ride through the wooded trails in Wilderness Park. Parking lots at S. 1<sup>st</sup> St. and S. 14<sup>th</sup> St. allow horse trailers. Access also from Day Camp, Epworth parking lot, 1<sup>st</sup>, 14<sup>th</sup>, and Saltillo trailheads.

Lincoln's Canopy

# **COMMUNITY FORESTRY PROGRAMS**

## **ADOPT-AN-ASH PROGRAM**

#### trees.lincoln.ne.gov

We recognize that some citizens like to have options and be involved in determining the future of public trees near their homes. In that spirit, we are providing an option for those who would like to "adopt" an ash tree in the right-of-way by providing ongoing chemical treatment to minimize damage by Emerald Ash Borer.

Learn more about the program and download the permit application at trees.lincoln.ne.gov.

If a property owner wants to have a city tree treated for anything, not just EAB, an "Application for Permit to Treat" is required as directed by Municipal Code 12.20.040.

## STREET TREE VOUCHER PROGRAM

#### trees.lincoln.ne.gov

The Lincoln Parks and Recreation Department offers a cost-share assistance program to property owners in Lincoln who desire to purchase and plant a street tree(s) on the City right-of-way adjacent to their property. The \$250 voucher is good toward the purchase and installation of a tree at participating local nurseries. The remaining balance of the cost of the tree and the planting of the tree will be at the homeowner's expense. *Certain conditions and requirements apply to the street tree voucher program*.

Call (402) 441-7847, OPT. 0 to submit a request for voucher, or for more information.

lincoln.ne.gov/2fortrees

2 for Trees

# LINCOLN'S COMMUNITY FORESTRY

## FUNDAMENTAL TO VIBRANT NEIGHBORHOODS

One of the hallmarks of Lincoln's quality of life is its community forest, which is a prominent feature of its landscape. Our Forestry staff maintains nearly 120,000 public trees throughout the city of Lincoln. Those include areas within our Lincoln Parks, right-of-way, public golf course, and median trees. A canopy of thousands of trees is showcased in many shades of green in the summer and vivid reds, oranges and yellows of autumn.

It is also an important resource for the health and well-being of our environment and society. Trees lower heating and air conditioning costs, prevent erosion, provide wildlife habitats, reduce storm water runoff, increase property values and make our neighborhoods more livable.

Doing its part to maintain and preserve our priceless community forest, the Lincoln Parks and Recreation Department's Community Forestry Section is responsible for all city-owned trees. It monitors the planting, pruning and removal of trees on public property, which includes street trees, park and golf course trees and trees along our trails.

For service calls regarding public trees, call (402) 441-7847, OPT. 0.

## Are you a member of a NA/HOA\* and have ash street trees?

If yes, contact Adam Klingenberg at aklingenberg@lincoln.ne.gov or (402) 441-8269 for information on City assistance.

> \*Neighborhood Association (NA), Homeowner's Association (HOA)

## LINCOLN LOVES VOLUNTEERS!

Do you have a group of 6 or more who are interested in a community service project? Mulching trees is fun AND it's the single best thing you can do for your tree(s).

Call (402) 441-9461 to schedule your mulch party.

## trees.lincoln.ne.gov

- Learn about Lincoln's canopy, EAB and the response plan
- Download the Adopt an Ash Permit application
- Learn more about \$250 street tree vouchers
- Find a list of licensed arborists

# LINCOLN'S TREES NEED YOU EVEN MORE.

Add \$2 to your water bill for Lincoln's trees.



#### **ADOPT-A-TRAIL**

#### **ADOPT-A-PARK**

#### **ADOPT-A-LINCOLN LANDSCAPE**

#### **COMMUNITY TREE PLANTINGS**

#### **SWIM & DIVE TEAMS**

• Assist the swim or dive team coach with practice, run drills, develop skills, supervise practice. Weekly swim/dive meets also need volunteers.

#### SPECIAL OLYMPICS

- Lincoln Parks and Recreation's Lincoln Shooting Stars Special Olympics team practices for competition in 10 sports.
   Program is open to athletes ages 8 and older. We also offer the Young Athletes Program for ages 2-7.
- Volunteers are needed for coach assistants, Unified Partners, practice assistants and general supervision. Year-round opportunities at various locations. Call (402) 441-7877.

#### **BOARDS & COMMITTEES**

Several community members give back to Lincoln by serving on one of the many volunteer advisory groups providing guidance to the Parks and Recreation Department.

To see the full member list, visit parks.lincoln.ne.gov

- Parks and Recreation Advisory Board
- Pedestrian/Bicycle Advisory Committee
- Community Forestry Advisory Board
- Veterans Memorial Garden Advisory Council
- · Friends of Pioneers Park Nature Center

Thank you for your guidance and support!

# **VOLUNTEER EVENTS AND PROGRAMS**

## **GARDEN VOLUNTEER EVENTS**

#### Hamann Rose Garden Spring Clean-Up

Volunteers are encouraged to participate in a "Learn and Do" rose garden spring maintenance program which includes the proper spring pruning and maintenance techniques for various types of roses including hybrid teas, miniature roses, climbing roses, and shrub roses.

April 8	SAT	1:00 PM
Hamann Ros	e Garden, 27th and Capt	'l Blvd

#### Wake up the Beds - Sunken Gardens

Volunteers will install the annual flowers at Sunken Gardens. Volunteers are asked to bring a trowel, gloves and clothing appropriate for gardening. This event is limited to the first 60 volunteers who RSVP.

May 13	SAT	8:30 AM until done
Sunken Gard	lens, 27th and Cap	t'l Blvd

#### Put the Beds to Bed - Sunken Gardens

Volunteers will help prepare the beds. • In case of inclement weather, Put the Beds to Bed will be postponed until the following Saturday in November.

Nov 4	SAT	8:30 AM until done
Sunken Garc	lens, 27th and Cap	ot'l Blvd

#### **Pioneers Park Nature Center Gardens**

Volunteers are needed to help maintain the gardens at Pioneers Park Nature Center and occasionally for visitors' services and special events. Prairie garden and children's garden volunteers meet Saturday mornings, and herb garden volunteers work on weekday mornings. Contact the Nature Center for more information, (402) 441-7895.

#### GARDEN PROGRAMS

Sunken Gardens 2023 theme is "A Magical Mystery Tour" inspired by The Beatles 1967 album. For more information about Sunken Gardens, contact Zac Halley at (402) 326-9045 or zhalley@lincoln.ne.gov.

#### Garden Gab

This program helps with the fulfillment of the Master Gardener and Student Community Service Credit requirements through working with the annual and perennial plantings in the Sunken Gardens, Rotary Strolling Gardens or the Hamann Rose Gardens. Learn the different aspects of Horticulture from Professional Garden Staff and then immediately apply them.

May 16 - Oct.	T & R	9:00 AM - Noon
,		

#### **Garden Docents**

Volunteers will meet and greet Garden visitors providing information about the Garden history and learn about the plants in the Gardens plus provide guidance to Garden Patrons.

June 5 - Oct. D	aily	Flexible hours
-----------------	------	----------------

#### **Docent Training**

Please RSVP to Zac Halley. Additional Docent training will be available. June-Oct.

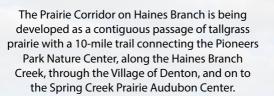
June 5	Т	8:00 AM
	-	



# Discover the beauty of Nebraska's most unique wetland resource.

Teeming with life and history, Nebraska's Eastern Saline Wetlands offer visitors a number of outdoor activities such as wildlife watching, nature viewing, photography, and short hikes. These saline wetlands represent one of Nebraska's most unique and threatened natural resources. Locations listed on page 21.

For more information, visit lincoln.ne.gov/wetlands.



PrairieCorridor.org



Funding is provided by the Nebraska Environmental Trust and matching partners.





# Support a Project • Honor a Loved One Leave a Legacy

f 🎔 🖸

402-441-8258

www.lincolnparks.org

LINCOLN PARKS FOUNDATION We love our parks.

2023 Bricks of Honor Dedication Saturday, June 10, 2023 at 10:00 am 3200 Veterans Memorial Drive



To Honor a Veteran or Support Ongoing Renovations, Contact Us At: 402-441-8258 or visit www.lincolnparks.org