

INDEX

- 2 Rentals & Registration
- 3-5 Contact Us
- 6-7 Adaptive & Seniors Programs
- 8-9 Preschool & School's Out
- 10-11 Nature Programs
- 12 Wellness Programs
- 13 FREE Programs
- 14-15 Summer Camps
- 16-17 Pools
- 18-19 Team Sports & Golf
- 20 Forestry
- 21 Volunteer & Support
- 22-23 Trails



Lincoln Parks & Recreation Guide



GET OUT! BE ACTIVE! HAVE FUN THIS SPRING IN LINCOLN!

PARK RESERVATIONS

parks.lincoln.ne.gov | Reserve a Park Area



PARKS FACILITY RESERVATIONS

Reservations are online at [lincoln.ne.gov](https://parks.lincoln.ne.gov) (keyword: reservation). Payment must be paid online or sent to the office for completion of reservation. Requests for refunds are subject to a \$25 service charge and must be made at least seven working days prior to the reservation date.

Note: Rain, cold, heat, or bugs are not an automatic cause for a refund. Each request/issue will be considered separately after a refund form has been completed.

Indoor Facilities: Indoor/enclosed facilities available for rent include: Antelope, Auld Pavilion, Bethany, Van Dorn.

Outdoor Facilities: Outdoor picnic shelters and group picnic table locations are also available for rent.

Wedding Locations: Numerous park settings are available to reserve for your ceremony: Antelope Park Bandshell, Auld Pavilion, Hazel Abel Park, Stransky Park, Sunken Gardens, Iron Horse Park, Oak Lake Island, Bowling Lake, Veterans Memorial Garden, Government Park Square, Holmes Lake, Hamann Rose Garden at Antelope Park, and the Union Plaza Amphitheater.

Special Use: Planning a concert or community event? Rent spaces like Centennial Mall, Tower Square, Union Plaza Amphitheater, or the Antelope Park Bandshell. Additional paperwork is required for special use events, please contact the reservations desk for more information.

For more information please contact the reservations desk,
Administration building, 3131 "O" Street, Suite 300,
call (402) 441-7847, OPT. 0 during regular business hours,
or email reservations@lincoln.ne.gov.

EQUIPMENT RENTAL



Quick, affordable rentals of all your backyard favorites:
badminton, bocce, croquet, horseshoes, washers,
bean bag toss, ladder ball, tug-of-war, and plenty more!

For more information, contact the Irving Recreation Center, (402) 441-7954.

FACILITY, COURT, & FIELD RESERVATIONS

parks.lincoln.ne.gov | Reserve a Ballfield or Court



RECREATION CENTER RESERVATIONS

Our centers facilities are available to rent for your reunion, birthday party, meeting, or event. Some rentals include use of game room with foosball, pool, bumper pool, table tennis, and shuffleboard! Call any center for more information or to book your event.

PIONEERS PARK NATURE CENTER

The auditorium is great for birthday parties, group meetings, and company retreats. Call (402) 441-7895 for more information.

GOLF CLUBHOUSE RESERVATIONS

For clubhouse rental information, contact the Holmes Golf Course, (402) 441-8960, or visit lincolncitygolf.org/holmes.

TEAM PRACTICE COURT & FIELD RESERVATIONS

Our centers facilities are available to rent for your reunion, birthday party, meeting, or event. Some rentals include use of game room with foosball, pool, bumper pool, table tennis, and shuffleboard! Call any center for more information or to book your event.

CLASS REGISTRATIONS

parks.lincoln.ne.gov | Register for a Class

Registration is available online for most classes and programs!

Go to parks.lincoln.ne.gov and click "Register Online" Class sizes are limited, so register early!

Cancellations: The Department reserves the right to combine classes/programs as needed or cancel classes/programs due to insufficient enrollment. A full refund will be granted if the Department cancels the program.



Scan QR code with
your phone camera!

AN IMPORTANT MESSAGE:

Facility access, program and event schedules listed in this publication are subject to change.

The Department wants a safe and fun experience for all participants in our parks, trails, and programs therefore we will continue to follow local DHM's. Information including dates, times, locations, and fees are accurate as of January 25, 2022. City of Lincoln COVID-19 Response information can be found at covid19.lincoln.ne.gov.

ADMINISTRATION



3131 "O" Street, Suite 300
Lincoln, NE 68510
p (402) 441-7847
f (402) 441-9249
parks@lincoln.ne.gov
parks.lincoln.ne.gov
Facebook: @LNKparksrec
Twitter: @LNKparksrec
Instagram: @City_of_Lincoln

HOURS:

M-F8:00 AM - 4:30 PM

AQUATICS OFFICE

1225 F Street
Lincoln, NE 68508
p 402 441-7952
pools@lincoln.ne.gov
lincoln.ne.gov/pools

HOURS:

M-F8:00 AM - 5:00 PM

TEAM SPORTS OFFICE

3131 "O" Street, Suite 300
Lincoln, NE 68510
p 402 441-7892
athletics@lincoln.ne.gov
teamsideline.com/lincolnne

HOURS:

M-F8:00 AM - 4:30 PM

REGISTRATION

Register at the athletics office during regular business hours or anytime at teamsideline.com/lincolnne. Youth sports will also have the option of mail-in registration.

LINCOLN CITY GOLF

Mailing Address:
3131 "O" Street, Suite 300
Lincoln, NE 68510
p 402 441-3862
golf@lincoln.ne.gov
lincolncitygolf.org

DIRECTOR'S MESSAGE

Thank you for your guidance and support!

Are you walking 20 minutes a day?


The Center for Disease Control (CDC) recommends that adults engage in 150 minutes weekly of moderate intensity activity such as brisk walking or in 75 minutes weekly of vigorous intensity activity such as running. Studies indicated that less than one-quarter of American adults are achieving these guidelines. The CDC also recommends that children and youth ages 6 through 17 be involved in 60 minutes of daily moderate to vigorous physical activity.

Your Parks and Recreation Department provides many opportunities to maintain or increase fitness levels:

- Walk, run or bike on Lincoln's 84 miles of paved trails.
- Walk, run or go mountain biking in Wilderness Park
- Go for a hike at Pioneers Park Nature Center.
- Walk, run or bike the trail loop around Holmes Lake.
- Belmont Recreation Center and F Street Community Center offer indoor walking/jogging tracks.
- Check out of the fitness equipment at your local recreation center.
- Recreation centers also offer open gym times.
- Participate in a free fitness class – see page 13 of this Program Guide.

Physical activity is beneficial for all of us.

We encourage you and your family to "Get out. Be active. Have fun!"



Lynn Johnson, Director
Lincoln Parks and Recreation

HAVE YOU VISITED OUR

FUNDamental website

parks.lincoln.ne.gov

Find a park, playground or trail near you

Register for programs • Find events and project updates

Reserve a shelter, indoor court, ballfield, wedding space

Sign up to volunteer • Get program information

HOW TO REPORT AN ISSUE


Anyone can report city issues like graffiti, potholes, and public tree issues to the City of Lincoln on the UPLNK mobile app or UPLNK.lincoln.ne.gov.

lincoln.ne.gov/2fortrees

LINCOLN'S TREES

NEED YOU

EVEN MORE.



Add \$2 to your water bill for Lincoln's trees.

4 RECREATION CENTERS

AIR PARK RECREATION CENTER

3720 NW 46th St.
Lincoln, NE 68524
(402) 441-7876

SPRING HOURS:

Adult Drop In Hours:

M-F	11:30 AM – 8:00 PM
SAT	10:30 AM – 2:00 PM
SUN	Closed

Youth Drop In Hours* 6th grade & older

M-F	3:00 – 8:00 PM
SAT	10:30 AM – 2:00 PM
SUN	Closed

*12 and younger must be with an adult

SUMMER HOURS: *May 26-Aug 12

Adult Drop-In	M-F	6:00 – 8:00 PM
	SAT/SUN	Closed
Youth Drop-In	M-F	6:00 – 8:00 PM
	SAT/SUN	Closed

*12 and younger must be with an adult.

TRACK/FITNESS FACILITIES

Fitness/Weight Room

Universal Style equipment, free weights, Air Dyne bikes, and treadmills.

\$2.50/visit or \$25 for 12 visits “Activity Card”

OPEN GYM

\$2/visit or \$21 for 12 visits “Gym Card”

TEAM PRACTICES

Call Air Park Rec. to reserve a time slot

Basketball* call center to schedule time

W, F	5:00-8:00 PM
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Volleyball

R	5:00-8:00 PM
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Open Door Senior Time

Senior citizens can utilize the center for Leisure activities, a walk in the gym, or Friendly conversation over a cup of coffee.

Ongoing	M	9:30-11:30 AM	FREE
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BELMONT RECREATION CENTER

1234 Judson St.
Lincoln, NE 68521
(402) 441-6789
jgerlach@lincoln.ne.gov

SPRING HOURS:

M-R	6:30 AM – 8:00 PM
F	6:30 AM – 5:30 PM
SAT	9:00 AM – 5:00 PM
SUN	1:00-5:00 PM

Adult Drop-in hours

M-F	9:00 AM – 2:30 PM
SAT	9:00 AM – 4:45 PM
SUN	1:00 – 4:45 PM

Youth Drop-in hours

M – R	5:30 – 7:45 PM
SAT/SUN	1:00 – 4:45 PM

TRACK/FITNESS FACILITIES

Belmont’s Track/Fitness facility includes a 13 lap/mile indoor elevated track and various fitness equipment and Weight Machines.

Track/Fitness Hours

M-R	6:30 AM – 7:45 PM
F	6:30 AM – 5:15 PM
SAT	9:00 AM – 4:45 PM
SUN	1:00 – 4:45 PM

Senior Track/Fitness Hours

M-F	9:00 AM – 1:00 PM	FREE
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Fitness Room

Fitness Room	\$3/day \$30/mo.
Track & Equipment	\$3/day \$30/mo.
Both Fitness Areas	\$5/day \$50/mo.

TEAM PRACTICE

Rates on page 5. Reserve a practice court online at parks.lincoln.ne.gov. For further information please call the center.

Basketball

SAT	1:00 – 4:50 PM
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Basketball practice hours starting March 12

M, T, R	5:45 – 6:40 PM, 6:40 – 7:35 PM
SAT	9:40 AM – 4:40 PM

Volleyball

SUN	1:00 – 4:50 PM
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Open Gym Adults 18+

W	6:30 – 7:45 PM	\$2/person
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Youth Open Gym

W	5:30 – 6:30pm	FREE
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CALVERT RECREATION CENTER

4500 Stockwell
Lincoln, NE 68506
(402) 441-8480
nweber@lincoln.ne.gov

SPRING HOURS:

M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:45 PM
SAT	1:00 PM – 5:00 PM
SUN	Closed

Beginning Feb 16

M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:45 PM
SAT	9:00 PM – 5:00 PM
SUN	Closed

Beginning May 2

M-R	6:30 AM – 7:00 PM
F	6:30 AM – 5:45 PM
SAT/SUN	Closed

SUMMER HOURS: *begins May 30

M-R	7:00 AM – 7:00 PM
F	7:00 AM – 5:30 PM
SAT/SUN	Closed

TEAM PRACTICE

Reservations can be made online.

Basketball

W	5:30 PM - 6:25 PM
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Beginning Apr. 4

M-TH	5:30 PM - 6:25 PM
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Pickleball (Indoor)

M-F	8:30 AM - 10:30 PM 10:30 AM-12:30PM \$2/two-hour session
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Beginning Feb. 19

M-F	8:30 AM – 10:30 AM 10:30 AM – 12:30 PM
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SAT	9:30 AM – 11:30 AM 12:00 PM – 2:00 PM \$2/two-hour session
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*until may 24. No weekend hours in summer.

ROOM/BUILDING RENTALS

Call (402) 441-8480 for more information and to book your event.

EASTERDAY RECREATION CENTER

6130 Adams St
Lincoln, NE 68507
(402) 441-7901; (402) 441-7877
kzingg@lincoln.ne.gov
sconnett@lincoln.ne.gov

HOURS:

M-F	1:00 – 4:30 PM
SAT/SUN	Closed

TRACK/FITNESS FACILITIES

Game Room (14yrs+*)

Come by and play foosball, pool, ping pong, or other games in our game room free of charge. You can also use the computers or play the piano.

*13 and under with adult supervision

M-F	1:30 – 4:30 PM
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ROOM/BUILDING RENTALS

Call (402) 441 - 7901 for more information and to book your event.

Facility Rental Fees

\$46/hour – Lobby, Classroom, Game Room, Kitchen

\$46/hour – Lobby, Gym

\$57/hour – Whole Building (Lobby, Classroom, Game Room, Kitchen, Gym)

See adaptive programming on pages 12 & 13.



Looking for a special place for a wedding, reception, or party?

Whatever the occasion, it’s your time to shine and Holmes Golf Course has a great banquet room for rental at very competitive pricing. The banquet room with a full bar accommodates 140 people along with outdoor lawn area that overlooks the golf course with the state capital in the distance. Contact Scott Carlson at (402) 441-8960 for more information and to schedule your event today.

F STREET COMMUNITY CENTER
1225 “F” Street
Lincoln, NE 68508
(402) 441-7951
dkasparek@lincoln.ne.gov

SPRING/SUMMER HOURS:

M-F	8:00 AM-8:00 PM
SAT	10:00 AM-5:00 PM
SUN	1:00-5:00 PM

TRACK/FITNESS FACILITIES

Fitness/Weight Room
Our fitness area includes a weight machine, free weights, stationary bicycles, stair climbers, treadmills, and elliptical. Lockers and showers are available with paid weight room.

Track/Weight Room Hours:

M-F	8:00 AM-7:45 PM
SAT	10:00 AM-4:45 PM
SUN	1:00-4:45 PM

Fitness Fees

Free Track	M-F	All hours
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Open Gym (18yrs+)

M-F	8:00 AM-3:00 PM	\$2
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TEAM PRACTICE
Reservations can be made online.

Basketball

M, W	7:00-7:55 PM
SAT	10:00-10:55 AM, 11:00-11:55 AM

Volleyball

F	7:00-7:55 PM
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OTHER RESOURCES

Computer Lab (18yrs+)

M-F	8:00 AM-3:00 PM	Free
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IRVING RECREATION CENTER
2010 Van Dorn
Lincoln, NE 68502
(402) 441-7954
rlingard@lincoln.ne.gov

SPRING HOURS: **until March 31*

M-R	9:00 AM-8:00 PM
F	9:00 AM-6:00 PM
SAT	1:00-5:00 PM
SUN	Closed

SUMMER HOURS: **begin April 1*

M-R	9:00 AM-7:00 PM
F	9:00 AM-6:00 PM
SAT/SUN	Closed

TRACK/FITNESS FACILITIES

Fitness Room
Our fitness room is stocked with Airdyne Exercise Bikes: a great workout for all fitness levels and rehabilitative uses.

M-R	5:00-8:00 PM	\$1/visit
Beginning Apr. 1		
M-R	5:00-7:00 PM	\$1/visit

TEAM PRACTICE

Basketball

*Nov. 1 – March 31

M	5:00-5:55 PM, 5:55-6:50 PM, 6:50-7:45 PM
T,W, R	5:00 - 5:55 PM
SAT	1:00 - 1:55 PM, 1:55 - 2:50 PM, 2:50 - 3:45 PM, 3:45 - 4:40 PM

April 1-October 31

M - R	5:00-5:55 PM, 5:55-6:50 PM
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Volleyball

Nov. 1 – March 31	W	5:00-5:55 PM
Start Nov. 1	W	5:00-5:55 PM, 5:55-6:50 PM, 6:50-7:45 PM

PIONEERS PARK NATURE CENTER
3201 S. Coddington Ave.
Lincoln, NE 68522
Located on the west end of Pioneers Park.
Entrance gates to Pioneers Park are located on S. Coddington Ave. and West Van Dorn.
(402) 441-7895
naturecenter@lincoln.ne.gov

TRAIL HOURS:

Gated Woodland Trails	M-SAT 8:30 a.m. – 5 p.m., Sun 12-5 p.m.
Prairie Trails	Sunrise - sunset, daily

SPRING HOURS: (APRIL 1- MAY 30)

Prairie Building:	M-F, 9:00 AM - 4:30 PM	SAT, 9:00 AM – 4:30 PM SUN, Noon – 4:30 PM
Chet Ager Building	M-F, Closed	SAT, 9:00 AM – 4:00 PM SUN, Noon – 4:00 PM

FACILITY RENTAL
Have your next event at Pioneers Park Nature Center. Great for birthday parties, group meetings, and company retreats. Call (402) 441-7895 for details about the auditorium rental at the Nature Center.

Prairie Building Malinovskis Auditorium	M-F	9:00 AM - 4:00 PM
\$60/hour (min 3 hours) or \$400/day	SAT	9:00 AM - 4:00 PM
	SUN	Noon - 4:00 PM

BIRTHDAY PARTIES
Choose the theme that will make for an exciting birthday celebration: Reptiles Rock, Insect Investigations, Nature’s Scavenger Hunt, Amazing Birds, Marvelous Mammals or Grow in the Garden! We provide the space, program, a favor bag for each child and a special gift for the guest of honor. Time includes 30 minutes for set-up prior to party time. Call (402) 441-7895 for more information.

\$130 for up to 10 children + 5 adults*	SAT, SUN	1:30 - 3:30 PM
*\$8.50 each add’l child.		

TEAM PRACTICE TIMES

Reserve a practice court online for your basketball or volleyball team.

Practice times are 55 minutes and can be scheduled up to two weeks in advance

Basketball reservations are half court for \$15 or full court for \$30 and volleyball reservations are half court for \$16.

For further information, please contact the center where you wish to practice.

Reservations can be made online at parks.lincoln.ne.gov. - Reserve a Court



Adaptive Recreation

Programs, clubs, and camps for youth and adults with special needs.

ADULT DAY STRUCTURE

Our Day Structure programs are held in a supportive, caring environment, with trained and experienced staff. We have kind and caring volunteers and community specialists who lead groups and special programs. Clients are encouraged to set personal goals and participate in a broad spectrum of programs.

A few of our program offerings include: Exercise & Physical Activities, Arts & Crafts, Gardening, Theatre/Drama, Nutrition & Cooking, Leisure Education, Life Skills, Special Events/Holiday Parties, Community Outings, and much more!

Call 402-441-7901 for more information.



Day Structure 1 is for adults with mental health issues.
Day Structure 2 is for adults with medical/physical challenges.

M-F 7:30 AM - 3:30 PM
M-F 7:30 AM - 3:30 PM

CLUBS

*Regularly scheduled clubs are currently on hold. A 6-week session will be held once we can resume. Varied recreational and social activities. Door-to-door transportation is not available at this time.

FUN CLUB

Ages: Elementary - Middle School

Fun Club provides a safe, caring environment for kids ages 5-14 to play and interact with peers. Open to children with disabilities, their siblings, and friends.

TBD	T	5:15-6:30 PM
Easterday	6 weeks	\$15.00*

*Includes dues for prizes, birthday celebrations. Call 402-441-7901 to register.

HI-TIME CLUB

Ages: Jr High, High School - age 21

TBD	M	6:30-8:00 PM
Auld	6 weeks	\$15.00*

*Includes dues for prizes, birthday celebrations. Call 402-441-7948 to register.

ACTIVITIES FOR ADULTS: Game Room

Come by and play foosball, pool, ping pong, or other games in our game room free of charge. You can also sign in to use the computers or play the piano.

Ages: 14+*	M-F	1:00 - 4:30 PM	*13 and under with adult supervision
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FRIENDSHIP CLUB

Ages: 21-35

TBD	R	6:30-8:00 PM
Auld	6 weeks	\$15.00*

*Includes dues for prizes, birthday celebrations. Call 402-441-7948 to register.

SOCIAL CLUB

Ages: 35+

TBD	W	6:30-8:00 PM
Auld	6 weeks	\$15.00*

*Includes dues for prizes, birthday celebrations. Call 402-441-7877 to register.

SUMMER CAMPS

The 2022 Summer Camp Registration Forms will be available March 2022, and will be mailed to campers who have participated in the past and to youth who participate in our recreation clubs and Special Olympics practices.

Call Sherry Connett at 402-441-7948 to ensure you are on our mailing list or to get more information about these fun day camps.



Art Extravaganza Camp

Get ready to get creative! This week long camp includes projects in painting, drawing, ceramics, and pottery. Camp ends with an Art Show!

June 6-10	M-F	9:00 AM - Noon
Ages: 13+		\$82/person
Auld Pavilion, 1650 Memorial Dr		

Drama Camp

Calling all drama kings and queens! Campers prepare a play and work on sets, props, and costumes during this week-long camp. Invite friends and family to the final performance on the last day of camp!

July 25-29	M-F	9:00 AM-1:30 PM
Ages: 13+		\$113/person
Auld Pavilion, 1650 Memorial Dr		



SumFun Camp

Reconnect with old friends and make new ones at SumFun Camp! Activities offer opportunities for developing skills and social interaction in a fun environment.

June 20-24	M-F	9:00 AM - 1:30 PM
June 27-July 1	M-F	9:00 AM - 1:30 PM
July 11-15	M-F	9:00 AM - 1:30 PM
July 18-22	M-F	9:00 AM - 1:30 PM

Ages: 5-21 \$83/week
Auld Pavilion, 1650 Memorial Dr



PLEASE NOTE:

If the camper has not previously attended SumFun, Fun Club, or Hi-Time Club, please register in person at Easterday Recreation Center, 6130 Adams. Call (402) 441-7948 to arrange a time.

*Door to door transportation option to be determined based on availability of drivers



SPECIAL OLYMPICS & UNIFIED SPORTS

WINTER/SPRING 2022 PRACTICE SCHEDULE

Basketball: Ages 8+
(youth and adults will practice on separate courts)
Irving Recreation Center (2010 Van Dorn)
Sundays, 3:00-4:00 pm: Individual and Level A Skills
3:00-4:00 pm: Half Court Practice
4:00-5:00 pm: Full Court/Unified Team Practice
Tentative dates: 2/13, 2/20, 2/27, 3/6, 3/13, 3/20
Tourney dates: TBD

Track & Field:
Location: TBD
Sundays, 1:15-2:45 pm
Tentative Practices: 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1
Tourney Dates: Regional: TBD State: TBD

Swimming:
Lincoln North Star High School (5801 N 33rd St)
Youth (Ages 8-21): Saturdays, 1:00-2:00 pm
Adult (Ages 22+): Saturdays, 11:45 am-12:45 pm
Tentative Practices: 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/23, 4/30, 5/7
Tournaments: Regional TBD; State TBD

Golf: Ages 8+
Levels of practice/competition include:
1) Individual Golf Skills
2) Alternate Shot 9-hole
3) Alternate Shot 18-hole

Call 402-441-7877 for eligibility requirements for each level. Levels 2 & 3 are encouraged to practice regularly on their own and keep their score cards. Cards must be dated and signed by personnel at the golf course. A minimum of 5 score cards must be turned in to Kerry by 6/30 to be entered in the tourney.

Individual Golf Skills:
Highlands Golf Course (5501 NW 12th St)
Mondays, 5:30-6:30 pm
Fee: \$3.50/week for a bucket of balls
Dates: 4/4, 4/11, 4/18, 4/25
Tourney: TBD
Practices will resume June 6

Roller Skating: Ages 8+ TBD

Volleyball TBD



Health and Fitness Center
555 S. 9th St.
Monday through Friday
8 AM - 4 PM

MOVEMENT

Chair Yoga		
Feb. 9 – April 27	W	9:00-10:00 AM
Eastridge Presbyterian Church, 1135 Eastridge Dr.		
Dance for Life		
Jan. 12 – April 6	W	10:30-11:30 AM
Auld Pavilion, 1650 Memorial Dr. <i>*No class Mar 23</i>		
Jan. 10 – April 11	M	2:00-3:00 PM
ZOOM <i>*No class Feb 21</i>		

Qigong Refresh and Recharge		
Jan 13–March 31	R	2:30-3:30 PM
St. Mark's United Methodist Church, 8550 Pioneers Blvd.		
Jan 12-March 30	W	1:00-2:00 PM
Irving Recreation Center, 2010 Van Dorn St.		
Jan 10–April 11	M	10:00-11:00 AM
ZOOM <i>*No class Feb. 21</i>		

SUPPORT GROUP

Caregiver Support Group		
2nd Tues of every month	5:00–6:00 PM	St. Mark's United Methodist Church, 8550 Pioneers Blvd., Room 137
No registration needed – walk-ins welcome. <i>(Enter door 9 on south side of St. Mark's, turn left and go downstairs).</i>		

All ages are welcome at the fitness center. Cardio equipment, strength training equipment, free weights, balance, and other exercise aids are available. \$10 suggested monthly contribution for age 60 and over and family caregivers of any age. \$15 fee for under age 60.

A certified personal trainer is available at no charge on Tuesdays and Thursdays BY APPOINTMENT ONLY.

For most Health and Fitness classes, there is a \$4 per class suggested contribution for age 60 and over and family caregivers of any age. \$5 per class fee for under age 60. Punch cards are available. Preregistration is required for all classes by calling 402-441-7575. Please register early. Classes that do not have sufficient enrollment will be cancelled.

TAI CHI		
<i>Registrations are not accepted after the fourth class of each session.</i>		
Moving for Better Balance (Level I)		
Feb. 1 – April 22	T, F	11:00 AM-Noon, 1:00-2:00 PM
Eastridge Presbyterian Church, 1135 Eastridge Dr.		

Moving for Better Balance (Level II)		
Feb. 3 – April 7	R	10:30-11:30 AM
First United Methodist Church, 2723 N 50 St.		

WORKSHOPS		
Living Well with Diabetes Workshop		
March 7 – April 11	M	1:30-3:30 PM
Christ United Methodist Church, 4530 A St		

Energize Your Body, Mind and Spirit		
March 11	F	<i>check-in at 8:45 a.m.</i> 9:00 AM-Noon
Jack J Huck Continuing Ed. Center, 301 S 68 St. Place, Room 303		
Preregistration required – Deadline 3/1.		\$19/person
To register, call 402-437-2700 or visit http://bit.ly/RegisterCE (keyword: Energize).		

ROCK STEADY BOXING

Rock Steady Boxing is an exercise program based on training used by professional boxers and adapted for people with Parkinson's disease. Rock Steady Boxing is taught by experienced trainers and includes stretching, bicycling, running, jumping rope, push-ups, balancing and non-contact boxing. These classes have proven that anyone, at any level of Parkinson's, can actually lessen their symptoms and lead a healthier/happier life.

Only those with Parkinson's disease may register for the program, and all participants must provide a physician's release. There are no age or condition restrictions and caregivers may need to be present to provide assistance during the class.

**An assessment is required to determine your level of participation before beginning Rock Steady Boxing. \$45/assessment (includes assessment, t-shirt, gloves, & wraps)*



Rock Steady Boxing classes have been proven to lessen Parkinson's disease symptoms among all types of participants, leading to a healthier and happier life! Call (402) 441-7876 for more info.		
ALL Levels: APW	T, R, SAT	9:00-10:30 AM \$80*/mo



School's Out

Before & After School • Kids Day Off • Kids Week Off

When LPS is not in session, our School's Out programs are!

We offer a variety of programs for children throughout the year. Most programs include activities such as academic support, sports skills, games, arts, crafts, nature activities, cultural celebrations, stories, music, songs, social skill development and computer skills.

All our programs are licensed.

Need-based scholarships are available. All locations are Title XX eligible.

For more information, visit parks.lincoln.ne.gov (search: Schools Out).

Before School & After School Programs

Dates: August 16, 2021 - May 25, 2022

Before School: \$125/month | After School: \$131/month

	Location	Schedule	Call for info:
Arnold	5000 Mike Scholl Dr.	ASR & BSR	(402) 441-7876
Belmont	1234 Judson St.	ASR & BSR	(402) 441-6789
Calvert	4500 Stockwell	ASR & BSR	(402) 441-8480
Everett	1123 "C" St.	ASR only	(402) 441-7952
McPhee	820 Goodhue Blvd.	ASR & BSR	(402) 441-7952

Kids Day Off & Kids Week Off

Registration will be available within 30 days of the program date.

Location		Schedule	Call for info:
Belmont	1234 Judson St.	Days & Week	(402) 441-6789
Calvert	4500 Stockwell	Days & Week	(402) 441-8480
Everett	1123 "C" St.	Week only	(402) 441-7952

KIDS DAYS OFF

Full days of fun recreation activities including active games and sports, crafts, and occasional field trips. Ongoing most days when LPS is not in session. *Registration deposit required.*

BEL	(402) 441-6789	\$33
CALV	(402) 441-8480	\$33
PPNC	(402) 441-7895	see page 12

2022 Dates

Feb 18
Feb 21
Apr 15
Apr 28
Apr 29

KIDS WEEK OFF

Youth will experience an array of organized games, crafts and occasional field trips during the LPS spring break week. Sack lunch and tennis shoes required. An afternoon snack will be provided.

Mar. 14-18, 2022	M-F	\$144/wk
BEL	(402) 441-6789	6:30 AM - 5:30 PM
CALV	(402) 441-8480	6:30 AM - 5:45 PM
EVRT	(402) 441-7952	7:00 AM - 6:00 PM



Spring Break 2022 Day Camp

March 14 - 18, 2022

10:00 AM - 3:00 PM

Youth currently in 6th - 8th grade

Cost: \$50/week*

*Scholarships available for those who qualify.

Call (402) 441-7963 for information.

Extreme Teens enjoy activities like:

- field trips and swimming
- enrichment activities
- community engagement
- positive peer engagement
- independent living skills
- developmental assets lessons





LITTLE SPROUTS PRESCHOOL

Calvert Recreation Center
(402) 441-8480

Calvert Recreation Center has offered programs for preschool-age children since the center opened in 1989, and we understand how important early childhood education is to helping young people get a good start in life. Children are active learners and individuals who develop at their own pace, and our preschool offers fun early childhood activities to help support learning and development in ways that align with the Nebraska Department of Education’s Early Learning Guidelines.

Our preschool program consists of fun early childhood activities to help support the learning and development of children ages 3-5. Little Sprouts is a Nebraska Step Up to Quality provider.

Learn more at: education.ne.gov/stepuptoquality.

Little Sprouts Preschool

Program starts week of Sept. 1

M-F	9:00 - 11:30 AM	\$166/mo.
M/W/F	9:00 - 11:30 AM	\$97/mo.
T/R	9:00 - 11:30 AM	\$69/mo.

Registration information can be found on page 2 or visit parks.lincoln.ne.gov.



NATURE PRESCHOOL

Pioneers Park Nature Center
(402) 441-7895

Established in 2000, the Nature Preschool at Pioneers Park Nature Center engages children in nature while learning shapes, colors, numbers, and letters. The curriculum is planned around children’s curiosity and wonder of the landscape and wildlife at the Nature Center to deepen knowledge of Nebraska wildlife and foster a love of learning and appreciation for nature.

Nature Preschool - Ages 3-4

Nature Preschool is play-based in which children learn by doing: hiking, climbing, digging, and being outdoors. Daily activities include: hikes, story time, pretend play, art, music & movement, block play, and group discussions.

TR	9:00 - 11:30 AM	\$105/mo.
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Nature PreK - Ages 4-5

Nature PreK builds upon the preschool curriculum with opportunities for letter recognition, math skills, and journaling.

MWF	9:00 - 11:30 AM	\$155/mo.
MWF	12:30 - 2:30 PM	\$125/mo.

NATURE JUNIOR LEADERS

Participants: Middle School and High School, grades 6-12

The Jr. Leader program offers youth the opportunity to be involved throughout the year in Nature Center activities. This program aims to provide opportunities for youth to gain job and life skills while being introduced to the fields of outdoor recreation, environmental education, and natural resources conservation. Jr. Leader activities include leadership development and building awareness and understanding of Nebraska’s natural history.

For more information, please contact the Camp Director at 402-441-7895.

NATURE JR. LEADERS - SPRING

February 19, March 5, April 2, and May 7
Nature Center 2:00-4:00 p.m.
\$40/spring session

Spring session includes monthly meet ups, February-May. Each meet up will include time outdoors for exploration and learning as well as skill development and team building activities. Jr. Leaders can also be involved with the Nature Center’s summer day camp programs. Participants interested in summer Jr. Leader (also known as a JC) opportunities are encouraged to participate in the Jr. Leader activities throughout the year. Summer Jr. Leaders (JCs) will be selected in May through an application and interview process. If selected summer Jr. Leaders will be able to enroll in the summer session.

NATURE JR. LEADERS - SUMMER

Monday – Friday 8:30 a.m.-5 p.m.
Nature Center \$25/week

Assigned weeks and shifts for summers sessions are based on availability.

- June 6-10
- June 13-17
- June 21-24
- June 27-July 1
- July 18-22
- July 25-29
- August 1-5

Junior Leaders

RECREATION JUNIOR LEADERS

We know youth benefit from having useful roles in their community and by providing service to others.

Junior Leaders serve under the training and direction of our volunteer coordinator and day camp directors, and their role is to assist staff with daily operations. In return, they receive the developmental benefit of the experience and important job skills. We know youth benefit from having useful roles in their community and by providing service to others.

Junior Leaders serve under the training and direction of our volunteer coordinator and day camp directors, and their role is to assist staff with daily operations. In return, they receive the developmental benefit of the experience and important job skills.

Monday-Friday	7:30 AM-4:30 PM	\$40/week
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Contact the Irving Recreation Center,
402-441-7954 for more information

Locations to be announced closer to the summer.



Photo Credit: Adrian Olivera

Great Backyard Bird Count

Join us for the Great Backyard Bird Count, a community science event. Each year people all over the world participate to watch, learn, count, and celebrate birds. The Great Backyard Bird Count is great for birders of all levels. We'll meet at the Chet Ager Building, watch the feeders, and then head out for a hike, weather permitting. Please register by February 18 if you plan to attend.

Feb 19	SAT	9:00-11:00 AM
Chet Ager Building		Sugg. Donation \$5

Hand in Hand

Explore the wonders of nature with your young child through hikes, activities, and stories. Hand in Hand is for children 2 ½ to 7 years of age and an accompanying adult to connect with nature. Make discoveries and enjoy the wonder of nature together on LPS early release afternoons. Plan to spend the entire hour outdoors. Check in at the Prairie Building by 2:35 PM. Two children to one adult are permitted if the adult can remain engaged with both children. Themes may include: What's In a Cloud?, Color and Shapes in Nature, Creepy Crawlies, Animal Homes, All About Trees, Texture Adventures, Water Wonders, Winged Friends.

Registration required by the Friday before.

February 22	T	2:45-3:45 PM
March 29	T	2:45-3:45 PM
April 26	T	2:45-3:45 PM
Prairie Building		\$4/person/class

Bird Walk

Join us for a morning bird walk at the Nature Center. Come learn and talk about birds and enjoy a walk along our woodland trail. Bring your own binoculars or request to borrow a pair from the Nature Center. Pre-registration required by March 7, space is limited. No drop-ins.

March 8	T	8:45-10:15 AM
Prairie Building		\$5/person

Spring Cleaning – Volunteer Day

Every spring the Nature Center invites our friends and visitors to help do some spring cleaning in our gardens and along trails. All are welcome, children may volunteer with an accompanying adult. Tasks will include physical labor, walking trails, using garden tools, and other outdoor tasks. No prior experience necessary. Please register by April 21, if you plan to attend. All volunteers (or accompanying parent/guardian) must sign the department volunteer waiver form.

April 23	SAT	1:00-3:00 PM
Prairie Building		Free

Mother's Day Bird Walk

May is Migratory Bird Month and May 8th is Mother's Day. Let's celebrate both with a bird walk at the Nature Center. Take a short hike in Flemming Woods and explore the trails. Bring your own binoculars or request to borrow a pair. Register by May 6.

May 8	SUN	9:00-11:00 AM
Prairie Building		\$5/person

GIRL SCOUTS: Earn your badges!

Daisy – Outdoor Art Maker

Let the sights and sounds of nature inspire your creativity. Earn your Outdoor Art Maker badge while exploring and learning about nature at Pioneers Park Nature Center. Artwork created during the program will be on display at the Nature Center visitor center following the event. All participants should bring a reusable water bottle. Register by April 1 through girlscoutsnebraska.org.

April 9	SAT	1:00-3:00 PM
Education Building		\$15/person

Brownie – Explore with your Senses

Two badges, one event! Earn your Hiker and Senses badges during this nature program at Pioneers Park Nature Center. We'll prep, plan, and go for a hike while also learning to use our senses to explore and investigate the natural world around us. We'll also learn how some animals use their senses too. Snack included. All participants should bring a reusable water bottle. Register by May 6 through girlscoutsnebraska.org.

May 14	SAT	12:30-4:00 PM
Education Building		\$20/person



Nature Camps

Spring Explorers Camp

Register by March 9.

Students in grades K-5 can spend Spring Break hiking, exploring, and playing outdoors! Learn about ecology, wildlife, and more during this fun filled week of day camp. Campers will be outside most of each day and will need to bring a sack lunch, water bottle, and an extra change of clothes and shoes daily. Nature Day Camps are designed to inspire curiosity and build understanding of others and their surroundings through guidance of caring staff, featuring the outdoors, and natural wonder. Extended hours available: 8:00 a.m. – 5:30 p.m.

March 14-18	M-F	8:30 AM-5:00 PM
Education Building		\$199/person

Summer Day Camp registration is open!

See page 8 for summer camp details.

Nature Preschool

Registration Begins March 1

For more information, see page 9.

Established in 2000, Nature Preschool at Pioneers Park Nature Center is a licensed play-based program in which children learn by doing: hiking, climbing, digging, building, and being outdoors. Programs are offered for children 3 – 5 years of age and are built around children's curiosity of the natural world while incorporating social-emotional skills, problem solving, language, literacy, and math concepts to prepare for kindergarten and beyond.

Classes begin the first week of September.

CITY NATURE CHALLENGE: LINCOLN AND LANCASTER COUNTY

FRIDAY, APRIL 29 – MONDAY, MAY 2, 2022

Find Wildlife. Take a picture. Share through iNaturalist.

Join in other communities across the globe in this community science event. Which community will make the most observations, identify the most species, or have the most participants?

citynaturechallenge.org

Discovery Hike – Spring Sightings

Enjoy a guided hike at the Nature Center. We'll explore the woodlands and wetlands looking for signs of spring and the changing season. For ages 2 and up. All children must be accompanied by an adult. Dress for the weather. Register by April 28, space is limited. No drop-ins. Sightings made during our Spring Sightings hike will be recorded as part of the City Nature Challenge!

April 29	F	2:00-3:30 PM
Prairie Building		\$5/person



Evening Experiences

TWILIGHT ON THE TRAILS

Please check-in 15 minutes prior to start time. No drop-ins. Dress for the weather.

Night Hike

Enjoy the Nature Center after dark. We will look and listen for wildlife while enjoying nature at night. Sunset on February 18 is at 6:05 p.m. If clear skies, we'll look and learn about the night sky. Register by February 18, space is limited.

February 18	F	6:30 – 8:00 PM
Prairie Building		\$5/person

Night Hike

What happens at the Nature Center at night? Come enjoy a nighttime stroll as we listen for wildlife, look for stars and planets, and enjoy the natural world around us. Sunset on March 4 is at 6:21 p.m. Register by March 4, space is limited.

March 4	F	7:00 – 8:30 PM
Prairie Building		\$5/person

Crepuscular Crawl

Enjoy an evening hike at the Nature Center. Some animals become more active during dusk. For some insects and birds as well as for many mammals the time between day and night is the most active. Join us for a hike to watch and listen for crepuscular wildlife. Sunset on April 23 is at 8:14 p.m. Registration required by April 23, space limited.

April 23	SAT	7:30-9:00 PM
Prairie Building		\$5/person

HYDE MEMORIAL OBSERVATORY



Enjoy programs about astronomy and space exploration, learn from knowledgeable volunteers, and take a peek into the universe through telescopes.

The Hyde Observatory is located on the south side of Holmes Lake on South Shore Rd.

Follow the Hyde Memorial Observatory on Facebook for reopening announcements!

hydeobservatory.info

Friends of Pioneers Park Nature Center

Annual Meeting: Saturday, February 26 | 9-11 a.m.
Prairie Building

Join the Friends of the Pioneers Park Nature Center for their annual gathering. There will be a business meeting including elections of board members followed by a presentation: Protecting Nebraska's Drinking Water through Wellhead and Source Water Programs by Tatiana Davila, a Hydrogeologist in NDEE's Drinking Water & Groundwater Division. The meeting is free and all are welcome to attend.

Support by becoming a member.

Friends of Pioneers Park Nature Center memberships start at \$25. Benefits to becoming a Friend include special access to Friends programming, 10% off all Nature Center gift shop items, free or reduced admission to other centers nationwide, and the satisfaction of supporting a valuable community resource.

Discover the beauty of Nebraska's most unique wetland resource.



Teaming with life and history, Nebraska's Eastern Saline Wetlands offer visitors a number of outdoor activities such as wildlife watching, nature viewing, photography, and short hikes. These saline wetlands represent one of Nebraska's most unique and threatened natural resources.

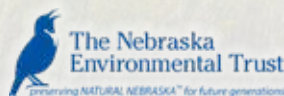
For more information, visit
lincoln.ne.gov (search: saline wetlands)

The Prairie Corridor on Haines Branch is being developed as a continuous passage of tallgrass prairie with a 10 mile trail connecting the Pioneers Park Nature Center, along the Haines Branch Creek, through the Village of Denton, and on to the Spring Creek Prairie Audubon Center.

Funding is provided by the Nebraska Environmental Trust and matching partners.

To learn more, visit

PRAIRIECORRIDOR.ORG



A fundraising Run - Bike - Run event
Sunday, May 22, 2022

A new event supporting prairies and outdoor recreation!

Includes a 5K run at the Pioneers Park Nature Center, 15-mile gravel bike ride south to the final 5K run on the trails at Spring Creek Prairie Audubon Center.

Come run, then bike, and run some more from Pioneers Park Nature Center's prairie to Spring Creek Prairie Audubon Center. Tackle the event on your own or form a team. Early bird registration by May 14 (\$40/individual, \$50/team), includes a free t-shirt. Participants who sign up on May 15 or later will not receive a t-shirt.

This fundraising event for the Prairie Corridor is made possible through partnership with Lincoln Parks and Recreation, Lincoln Parks Foundation, and Spring Creek Prairie Audubon Center.

For more information visit bit.ly/prairie2prairie.

Wellness Programs



DISC GOLF

Watch for flying discs!

Beal Slough Greenway, 60th & Pine Lake Rd
Roper East, Fairfield St. & N. 3rd
Roper West, Groveland St. & N. 8th
Tierra/Briarhurst Park, S 27th & HWY 2

OUTDOOR FITNESS PARKS

These parks have special equipment designed for adult exercise. Stay healthy. Stay strong.

- Cooper Park**, S 6th & D
- Lintel Park**, N 21st & Holdredge
- McAdams Park**, 44th & Y
- Seacrest Park**, S 70th & A
- Tierra/Briarhurst Park**, S 27th St. & Hwy 2
- Timber Valley Park**, 3031 W Peach
- Woods Park**, 33rd & N



SKATE PARKS

Peace, love and skate.

Peter Pan Park, N. 32nd & W St
Tierra/Briarhurst Park, S 27th & HWY 2

ARCHERY

Archery for All
Learn all about this timeless sport. Archery class teaches technique, precision, and sportsmanship, all skill levels, and abilities welcome. The best the thing about Archery is everyone can do it! All Equipment is provided. This class is open to anyone 7 years of age and older. Class includes group/individual instruction and open range time.

Mar 20 – Apr 10	SUN 12:00 - 1:00 PM
IRV	Ages 7+ \$25.00
April 24th – May 15	SUN 10:00 - 11:00 AM
IRV	Ages 7+ \$25.00



MARTIAL ARTS

Goju Ryu Karate
A traditional Okinawan style of martial arts that combines the “softer” style of redirecting and blocking with the “harder” style of Kicking and punching movements. Start at the beginning of any month. Instructor: Josh Malcolm - Three Battles Goju Ryu

Tiny Ninjas: Ages: 4-7		
Ongoing	SAT	11:15 AM- Noon
APW		\$20/month

Junior Youth: Ages: 8-15		
Ongoing	T	7:00-8:00 PM
	R	6:00-7:00 PM
	SAT	12:15-1:15 PM

Kobudo/Kumite:	W	6:00-7:00 PM
	SAT	2:45-3:45 PM
Yellow & above:	SAT	1:30-2:30 PM
APW	2-3 x/week	\$60/month

Adult Karate: Ages; 16+		
Ongoing	T, W, R	7:15-8:15 PM
	SAT	4:00-5:00 PM
APW	4x/wk	\$60/month

TABLE TENNIS CHALLENGE

All ages welcome.

Ongoing	SUN	5:00-10:00 PM
BEL		\$3/wk, \$30/13wks

WALKING & RUNNING

Indoor Walking
Stay fit during all types of weather by walking in our comfortable gym. Call ahead for availability on non-school days. See Pg. 4 for recreation center indoor track information.

Ongoing	M	9:30 – 11:30 AM
APW (14 lap/mi)		FREE
Ongoing	M-F	11:30 AM - 5:30 PM
APW (14 lap/mi)		\$2.00
Ongoing		Open all hours
FST (15 lap/mi)		Free*

*\$3.00 outside specified hours.



PICKLEBALL & TENNIS

INDOOR PICKLEBALL: Open Drop-in
Bring the game indoors when the weather is bad. Paddles and balls available or bring your own. Call the center to check availability.

Ongoing	T	6:00–8:00 PM
APW		\$2.00
Thru Feb 18	M-F	8:30 AM-10:30 PM
		10:30 AM-12:30 PM
CALV		\$2.00/2-hour session
Feb 19 - May	M-F	8:30 AM-10:30 PM
		10:30 AM-12:30 PM
	SAT	8:30 AM-10:30 PM
		10:30 AM-12:30 PM
CALV		\$2.00/2-hour session

OUTDOOR COURTS

- Ballard Park**, 66th & Kearney St.
 - Cooper Park***, S 6th St & D St
 - Eden Park**, 46 Antelope Creek Rd
 - Henry Park**, S. 44th & Prescott Ave.
 - Peterson (Ewin) Park**, 4400 Southwood Dr.
 - Roberts Park***, S 56th & Sumner St
 - Roper Park (East)***, N. 8th & Judson St
 - Seng Park**, N. 49th & Garland St
 - Tyrrell Park***, N. 67th St & Baldwin Ave
 - UPCO Park**, N. 40th & Adams St
- *current & recent construction projects
- Woods Tennis Center**, see page 18.

MOVEMENT CLASSES



Adult Fitness Classes

Shake it off, find balance, and tone with these small group classes.

Yoga	T	Noon-12:45 PM
Zumba	T	5:45-6:30 PM
Barre	R	5:30-6:15 PM

F Street Community Center, 1225 F Street

Parks Lincoln And Yoga (PLAY)

Antelope Park Bandshell

Sundays in September 10:00-11:00 AM

Party in the parks

MOVIES IN THE PARKS

Grab your blanket or a few chairs and come out for a free family friendly movie in the park.
Movies start at dark, around 9pm.

June 10	F	Antelope Park
July 8	F	Antelope Park
August 12	F	Antelope Park

Additional dates and locations will be added and listed online. Visit parks.lincoln.ne.gov for movie titles.

PLAY in the PARKS

Explore, experience, and enjoy
FREE activities in the parks for all ages!
lincoln.ne.gov/party



ROW ROW YOUR BOAT

Canoeing at Holmes Lake

Pre-registration required on
parks.lincoln.ne.gov - "Register for a Class".

June 29	W	5:30 - 7:30 PM
July 27	W	5:30 - 7:30 PM
August 31	W	5:30 - 7:30 PM

FITLOT CLASSES



FITLOT
OUTDOOR FITNESS PARKS

FitLot Outdoor Fitness Park Classes

April 5 T, R 10:30 AM
Woods Park, 3131 O Street, near playground.

Additional classes will occur in early fall.

Registration required for class. Register with
Eventbrite, or visit fitlot.org/parks/lincoln.

Additional equipment is provided. Bring water
bottle and hand sanitizer.

WATER FITNESS



ADULT WATER FITNESS

Get fit and have fun in the water for free! Group tabata-style
for all levels of wellness. Classes are held at 5 pools, Ballard,
Belmont, Eden, Irvingdale, and Woods. Ages 15+

SUN	Noon - 1:00 PM	Eden Pool
SUN	6:15 - 7:15 PM	Ballard Pool
SUN, R	6:15 - 7:15 PM	Irvingdale Pool
T	6:15 - 7:15 PM	Woods Pool
W	6:15 - 7:15 PM	Belmont Pool
W, F	6:15 - 7:15 PM	Eden Pool

WHEN SCHOOL'S OUT FOR SUMMER

WE'LL BE READY
FOR THE FUN TO START!



Summer Day Camps are all about creating memories, exploring new adventures, making friends, and celebrating being a kid.

May 31 - August 12, 2022

Weekdays - 7:00 AM - 5:30 PM

No camp on Monday, May 30, June 20, and July 4, 2022.

Location	Grades	Call for info:
Air Park	3720 NW 46th St. K-1, 2-5	(402) 441-7876
Belmont	1234 Judson St. K-1, 2-5	(402) 441-6789
Bethany Park	66th & Vine K-1, 2-5	(402) 441-7952
Calvert	4500 Stockwell K-1, 2-3, 4-5	(402) 441-8480
Irving	2010 Van Dorn St. K-1, 2-4, 5-7	(402) 441-7954
McPhee**	820 Goodhue K-5	(402) 441-7952

*** McPhee will not have camp Aug. 8-12.*

ONLY
\$149
WEEKLY
\$121 / 4 day weeks

Our camps are for kids who have completed K-7 grade and who want to **PLAY** all summer long. Our camps have a wide curriculum of activities to keep campers moving and more importantly having fun with their friends. Every week campers will experience field trips, swimming, arts & crafts, active games, and so much more.

Call the camp location or (402) 441-7952 for more information.

Need-based scholarships available.

All sites accept Title XX except Irving & Bethany locations.

Register for individual weeks or the entire summer at
parks.lincoln.ne.gov - Register for a Class

Extreme Teens Day Camp

Summer Day Camp program for kids who have completed 6-8th grades. Scholarships available for those who qualify, Call (402) 441-7951 for info. *No camp July 4-8.*

June 6-Aug 12	M-F	\$60/week
June 21-24	T-F	\$48/4 day wk
FST	9 AM-3 PM	

Junior Day Camp Leader: Ages: 14 - 17

Gain important job skills while having fun assisting Summer Day Camp staff with daily operations!

May 31-Aug. 6	M-F	7:30 AM - 4:30 PM
IRV & CALV		\$40/week

**Participant must fill out an application, complete an interview and be selected for this opportunity.*



Nature Day Camp



Nature Day Camps are designed to inspire curiosity and build understanding of others and their surroundings through guidance of caring staff, featuring the outdoors, and natural wonder.

DISCOVERY: AGES 3-6 YEARS

Monday- Thursday 9:00-11:30 AM
Prairie Building Classrooms \$199/week
\$25 deposit due at time of registration

- June 6-9
- June 13-16
- June 21-24* Tuesday-Friday
- July 11-14
- July 18-21
- July 25-28

A half-day camp for young children to learn about the world around them. Camp activities and experiences are planned around seasonal changes and happenings at the Nature Center. Children have time to explore and investigate, play with others in a social setting, and express themselves through arts and crafts. Come prepared to be outdoors, get dirty, and have fun! Children must be potty trained and able to use an adult sized toilet on their own.

parks.lincoln.ne.gov
(search: Nature Camps)

CAMP LOCATIONS: All camps are at the Pioneers Park Nature Center. Discovery is within the Prairie Building classrooms. Explorers and Navigators will meet at the Education Building before starting their day.

Details and other important information about the program and specific weekly activities will be sent out to registered participants prior to camp.

EXPLORERS: ELEMENTARY AGES

*completed grade K-5

Monday-Friday 8:30 AM – 5:00 PM
Education Building \$199/week*
*\$159/week June 21-24;
\$25 deposit due at time of registration.

- June 6-10
- June 13-17
- June 21-24* Tuesday-Friday
- June 27-July 1
- No camp July 4-8
- No camp July 11-15
- July 18-22
- July 25-29
- August 1-5

Explorers Camp activities include: hikes, creek exploration, pond investigations, archery, fishing, arts and crafts, and more. Participants will be outside most of each day and will need to bring a lunch, water bottle, and an extra change of clothes and closed-toe shoes daily. Guest presenters, special activities, and off-site (field trip) experiences and are also planned throughout the summer.



NAVIGATORS: MIDDLE SCHOOL AGES

*completed grade 6-9

Monday-Friday, July 11-15 8:30 AM – 5:00 PM
Education Building \$175/session
\$25 deposit due at time of registration.

The Navigators camp immerses youth in outdoor learning and leadership building experiences. The Navigators camp experience includes outdoor recreation and nature exploration activities including canoeing, archery, fishing, and hiking. Participants will also have opportunity to explore and learn about various habitats, native and invasive species, and build on their understanding of conservation and environmental issues.

Guest presenters are also incorporated into the Navigators' experience. Participants will be outside most of each day and will need to bring a lunch, water bottle, and an extra change of clothes and closed-toe shoes daily.

FEES: \$25 deposit due at time of registration.

All fees for camps taking place in June must be paid by May 15. All fees for July and August camps are due by June 15.

HOURS: Extended hours available: 8:00 AM – 5:30 PM for Explorers and Navigators camps.










PUBLIC POOLS!

Saturday, May 28 - Sunday, August 14

lincoln.ne.gov/pools

AQUATIC CENTERS

POOL AMENITIES & PROGRAMS

-  **Baby**
-  **Slide/diving board**
-  **Splashpad**
-  **Zero entry**
-  **Lap lanes**
-  **Concessions**
-  **Swim lessons**
-  **Family night events**
-  **Fitness**



HIGHLANDS
5511 NW 12th, (402) 441-7800



UNIVERSITY PLACE
2000 N 48th, (402) 441-7834



STAR CITY SHORES
4375 S. 33rd Ct., (402) 441-6670



ARNOLD HEIGHTS
4000 NW 46th, (402) 441-7829



BALLARD
3901 N 66th, (402) 441-7898



BELMONT
12th & Manatt, (402) 441-7826



EDEN
4400 Antelope Creek, (402) 441-7827



IRVINGDALE
1900 Van Dorn, (402) 441-7828



WOODS
33rd & J, (402) 441-7782



NEIGHBORHOOD POOLS

		DAILY FEE				LOW INCOME* DAILY FEE			SEASON PASSES**			Group/Discount Coupon Books	
POOL LOCATIONS	Rent a Pool!	0 - 2	3 - 17	18 - 61	61+	0 - 2	3 - 17	18+	Season Family	Ages: 3 - 17	Ages: 18+	3 - 17 (30 coupons)	18+ (10 coupons)
Neighborhood Pools	\$145-\$235^A	Free	\$4.25	\$5.50	\$5.00	Free	\$2.10	\$2.75	\$208	\$73	\$96	\$85	\$37
Aquatic Centers													
Highlands Aquatic Center	\$180	Free	\$4.75	\$6.00	\$5.45	Free	\$2.35	\$3.00	\$231	\$82	\$106	\$95	\$40
University Place Aquatic Center	\$205	Free	\$4.75	\$6.00	\$5.45	Free	\$2.35	\$3.00	\$231	\$82	\$106	\$95	\$40
Star City Shores Aquatic Center	\$525	Free	\$5.00	\$6.25	\$5.65	Free	\$2.50	\$3.15	\$243	\$88	\$110	\$104	\$42

Neighborhood Pools: Arnold Heights, Ballard, Belmont, Eden, Irvingdale and Woods Pool. **Low Income*** - Identified by case worker. **Passes**** - No discounts for season passes.

Purchase at pool or online at lincoln.ne.gov under e-pay services. Family pass includes up to two adults and four youth (ages 3-17) in the same family/household. Add \$25 for each additional youth over first four. Additional fees are required per visit when neighborhood season passes are used at Highlands, University Place Pools (\$.25) and Star City Shores (\$.50). Highlands and University Place pass holders need to pay an additional \$.25 per visit at Star City Shores.

Make a SPLASH!

LESSONS & LEAGUES

Swim Lessons
Lessons available for all ages and skill levels.
Offered at most pools.
Schedules vary by location.

Morning Session, M-R (2 Weeks) \$60
• Session 1: June 6 - June 16
• Session 2: June 20 - June 30
• Session 3: July 11 - July 21

Evening Sessions, M & W (3 Weeks) \$60
• Session 1: June 6 - June 23
• Session 2: July 11 - July 28

Saturday Mornings (6 Weeks) \$60
• Session 1: June 11 - July 16

Swimming and Diving League
Introduction to competitive swimming and diving for 6-18 years old. For more information, contact pools@lincoln.ne.gov.
Online registration begins April 4.

Practice	M-F	June 6 - July 22
Dive Meets	R	June 16, 23, 30 & July 7
All City Dive Meet	R	July 21
Swim Meets:	SAT	June 18 & 25, July 2 & 9
All City Swim Meet	SAT	July 23

SUMMER LONG PROGRAMS

Adult Water Fitness <i>Get fit and have fun in the water.</i> Ages 15+ June 1-Aug 13	
SUN	6:15-7:15 PM Ballard Pool, 3901 N. 66th
SUN, R	6:15-7:15 PM Irvingdale Pool, 19th & Van Dorn
TUE	6:15-7:15 PM Woods Pool, 33rd & J
W	6:15-7:15 PM Belmont Pool, 12th & Manatt
W, F	6:15-7:15 PM
SUN	Noon-1:00 PM Eden Pool, 4400 Antelope Creek

RENT A POOL
Pools are available for family and group events. 1.5 hour rental time is usually after closing. Requests can be made after opening on May 28. Star City Shores requests taken pre-season.
See chart on page 10 for rental rates.
**Pricing is for up to 100 guests with \$1/ guest 101+ except Star City Shores.*



Dog Splash is back!
August 14th - Star City Shores
More info to be announced closer to summer.

FAMILY Swim Nights

Swim with the family for one low rate!

June 1 - August 12 6 - 8 PM \$10/family

Monday: Belmont and Eden
Tuesday: Arnold Heights and Eden
Wednesday: Irvingdale
Thursday: Ballard
Friday: Arnold Heights, Irvingdale and Woods



TRAGO SPRAY GROUND
May 31 - Sept 6 Daily Hours: 11 AM-7 PM
N. 22nd & U Streets FREE
The Aquatics Office does not manage the Trago Spray ground. For information about this facility, contact parks@lincoln.ne.gov or call (402) 441-7847.

Have FUN in the SUN at your summer job!

Part-time & full-time hours available.

WORK WITH PEOPLE

Recreation Leaders
Outdoor Educators
Adaptive Recreation Supervisors
Recreation Van Drivers
Visitor Services Staff

WORK AT A POOL

Lifeguards
Swimming Instructors
Pool Staff

WORK OUTSIDE

Parks Laborers
Golf Course Laborers
Public Gardens Staff
Nature Center Staff

Apply online at jobs.lincoln.ne.gov
"Seasonal Opportunities"



Go Team Go!

SPRING TEAM SPORTS


Group up with family, friends, and coworkers to have fun with these spring sports.

Contact our Team Sports office at (402) 441-7892 or visit their online registration system at teamsideline.com/lincolnne.



Every player receives an official NFL FLAG Football jersey!

Register by Feb. 14

Adult Team Sports		Registration Dates	Fee	Season Dates	Divisions, Day/Time
Slow-Pitch Softball	Teams will play a six and eight-game regular season and a double-elimination tournament. Games vary in night and location according to league and class.	Feb. 14-Mar. 27	Varies by league. Visit website or call Athletics office for additional information.	Days vary by division Games begin Mid-April	Men's (SUN-F) Women's (W) Coed (T, F, SUN) Church Men's (M)
Softball Umpires Clinic	We are offering a FREE clinic in late March for those interested in umpiring. For more information, call (402) 441-7892 or e-mail mmanning@lincoln.ne.gov .	Ongoing	FREE	Trainings in late March/April	
Youth Team Sports		Registration Dates	Fee	Season Dates	Divisions, Day/Time
NFL FLAG Football	Official 5-on-5 flag program of the National Football League. Players receive an official NFL FLAG Football jersey. 10-person teams are assigned a volunteer coach and organized by friend requests and geographic areas. Practices determined by coach. Games held at Lewis Ballfields.	Regular: Jan. 3-Feb. 7 Late: Feb 8-14	Regular: \$85/first child, \$80/add'l child Late fee: \$95/90	Mar. 21-May 5	K-1, 2-3, 4-5, 6-8 Days/Time: TBD
 Volleyball <i>New spring sport!</i>	Play 4-on-4 spring volleyball in a low-key, developmental and instructional environment. Players receive a program shirt. 8-person teams are assigned a volunteer coach and organized by friend requests and geographic areas. Games at Belmont or Calvert Recreation Center. 6-game season.	Jan 6 - Feb 14	\$50/ first child, \$45/add'l child	Mid-March - Early May	K-1st grade, 2-3rd grade, 4-5th grade. Games on Saturday AM
Youth Track & Field Meet	This Nebraska Recreation and Park Association program is a low-key, grass-roots competition for youth to showcase their skills. Top four finishers in 8-yr old and above qualify for the state meet in June! Track shoes or turf shoes with rubber cleats are not permitted. No starting blocks.	April 4 - May 1	FREE	TBD	Boys/Girls divisions. Ages*: 6, 7, 8-9, 10-11, 12-13yrs. <small>*Ages as of 12/31/2022.</small>

Register online at www.teamsideline.com/lincolnne or at the Team Sports Office, 3131 "O" St, Suite 300.

COACHES AND OFFICIALS

Paid and volunteer positions available

YOUTH: NFL FLAG FOOTBALL
JR. NBA BASKETBALL • VOLLEYBALL
Officials must be 16yrs+

ADULT: BASKETBALL • VOLLEYBALL
SOFTBALL • KICKBALL
Officials must be 18yrs+



For more info and to apply: (402) 441-7892 • athletics@lincoln.ne.gov



WOODS TENNIS CENTER

Indoor and outdoor tennis courts
Lessons and leagues for players ages 4+

Session IV: February 28-April 9
Session V: April 11-May 21
Summer Session I: May 31-July 1
Summer Session II: July 6-August 12

401 S. 33rd St. | 402-441-7095 | woodstennis.com | woodsleagues@gmail.com



Highlands Golf Course
5501 NW 12th St. | (402) 441-6081

Holmes Golf Course
3701 S. 70th St. | (402) 441-8960

Mahoney Golf Course
7900 Adams St. | (402) 441-8969

Pioneers Golf Course
3403 W. Van Dorn | (402) 441-8966

Jim Ager Golf Course
3761 Normal Blvd. | (402) 441-8963

lincolncitygolf.org



JUNIOR GOLF CAMPS

SPRING CAMPS

Ager Spring Junior Golf Camps
Five week camps designed to give young golfers a jumpstart to the season. Instruction from PGA Professionals will take kids around the course to brush up on all areas of the game and get them ready for the 2022 season!

April 12 - May 10	T	4:00-5:00 PM
April 14 - May 12	R	4:00-5:00 PM

SPRING JUNIOR GOLF LEAGUES

Ager Spring Jr Golf League
Five week league for any level of golfer who can complete 9-holes at Ager Golf Course with their own ball. Golfers compete on teams of two for weekly points. Standings are kept with winning teams & individuals winning awards at end of season party.

April 16 - May 14	SAT	10:00 am
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For information about YMCA Golf programming, visit YMCAlincoln.org.

Youth Golf Clinics & Camps
YMCA PGA Jr League
Parent/Child Tournament

SUMMER CAMPS

Registration includes 8 weeks of instruction, prizes, and Youth on Course Membership Card allowing your golfer to play at Jim Ager for only \$4.

Register for Junior Golf Camps and Leagues at LincolnCityGolf.org/academy

Itty Bitty Golf Camps
Eight weeks of golf instruction from PGA Professionals designed for youth Kindergarten and younger. Instruction features golf and near-golf equipment to keep young athletes engaged and having fun while learning golf. **No class 7/4.*

June 6 - Aug 1*	M	9:00-10:00 AM
June 2 - July 21	R	10:30-11:30 AM

Birdie Golf Camps
Designed for the beginner golfer.
Students will learn all aspects of the game utilizing the practice facilities and golf course. **No class 7/4.*

June 6 - Aug 1*	M	12:30-1:30 PM
May 31 - July 19	T	9:00-10:00 AM
May 31 - July 19	T	2:45-3:45 PM
June 1 - July 20	W	11:00-Noon (Girls only Birdie Camp)
June 2 - July 21	R	9:00-10:00 AM
June 3 - July 22	F	11:00-Noon



Eagle Golf Camps
Eight weeks of golf instruction from PGA Professionals. Students will receive more in-depth instruction and take all learned to the course in each class. **No class 7/4.*

June 6 - August 1*	M	2:00-3:30 PM
May 31-July 19	T	10:30 AM-Noon
June 1 - July 20	W	2:30-4:00 PM

Teen Golf Camps
Designed for the high school or soon-to-be high school golfer, the Teen Camp meets for eight weeks at Holmes or Mahoney Golf Course. Instruction from our PGA Professional staff will teach each golfer all aspects of the game from swing technique to golf strategy.

May 31 - July 19	T	12:30-2:00 PM Mahoney Golf Course
June 1 - July 20	W	12:30-2:00 PM Holmes Golf Course

JUNIOR LEAGUES

Ager Summer Jr Golf Leagues & Adult/Jr Golf Leagues
Summer-long golf leagues for any level of golfer who can complete 9-holes at Ager Golf Course. Opportunity to play with current and future friends in a two-person team format where golfers compete against each other for points. Team standings are kept and the winning teams and individuals will be awarded prizes at the end of the year party.

Jr Summer Leagues at Ager		
June 1 - July 20	W	9:00 AM
June 3 - July 22	F	9:00 AM

Girls Only League at Ager		
June 3 - July 22	F	10:00 AM

Adult/Child League at Ager		
June 1 - July 20	W	5:30 PM

Teen League (Rotate courses each week) TBA		
June 2 - July 21	R	2:00 PM

Intro to League at Ager		
June 6 - Aug 1*	M	10:30-11:30 AM
<i>*No league 7/4.</i>		

COMMUNITY FORESTRY PROGRAMS

ADOPT-AN-ASH PROGRAM

trees.lincoln.ne.gov

We recognize that some citizens like to have options and be involved in determining the future of public trees near their homes. In that spirit, we are providing an option for those who would like to "adopt" an ash tree in the right-of-way by providing ongoing chemical treatment to minimize damage by Emerald Ash Borer.

Learn more about the program and download the permit application at trees.lincoln.ne.gov.

If a property owner wants to have a city tree treated for anything, not just EAB, an "Application for Permit to Treat" is required as directed by Municipal Code 12.20.040.

AT-RISK TREE REMOVAL AND REPLANTING PROGRAM

lincoln.ne.gov/TreeRemovalGrant

The City of Lincoln received grant funding from the Nebraska Forest Service to help low- to moderate-income homeowners pay for the removal of dead or dying trees and plant new trees at no cost.

For more information about the program, and to see if you qualify, please go to lincoln.ne.gov/TreeRemovalGrant.

STREET TREE VOUCHER PROGRAM

trees.lincoln.ne.gov

The Lincoln Parks and Recreation Department offers a cost-share assistance program to property owners in Lincoln who desire to purchase and plant a street tree(s) on the City right-of-way adjacent to their property. The \$250 voucher is good toward the purchase and installation of a tree at participating local nurseries. The remaining balance of the cost of the tree and the planting of the tree will be at the homeowner's expense. *Certain conditions and requirements apply to the street tree voucher program.*

Call (402) 441-7847, OPT. 0 to submit a request for voucher, or for more information.



Lincoln's Canopy

LINCOLN'S COMMUNITY FORESTRY

FUNDAMENTAL TO VIBRANT NEIGHBORHOODS

One of the hallmarks of Lincoln's quality of life is its community forest, which is a prominent feature of its landscape. Our Forestry staff maintains nearly 120,000 public trees throughout the city of Lincoln. Those include areas within our Lincoln Parks, right-of-way, public golf course, and median trees. A canopy of thousands of trees is showcased in many shades of green in the summer and vivid reds, oranges and yellows of autumn.

It is also an important resource for the health and well-being of our environment and society. Trees lower heating and air conditioning costs, prevent erosion, provide wildlife habitats, reduce storm water runoff, increase property values and make our neighborhoods more livable.

Doing its part to maintain and preserve our priceless community forest, the Lincoln Parks and Recreation Department's Community Forestry Section is responsible for all city-owned trees. It monitors the planting, pruning and removal of trees on public property, which includes street trees, park and golf course trees and trees along our trails.

For service calls regarding public trees, call (402) 441-7847, OPT. 0.

Are you a member of a NA/HOA* and have ash street trees?

If yes, contact Adam Klingenberg at aklingenberg@lincoln.ne.gov or (402) 441-8269 for information on City assistance.

*Neighborhood Association (NA), Homeowner's Association (HOA)

LINCOLN LOVES VOLUNTEERS!

Do you have a group of 6 or more who are interested in a community service project? Mulching trees is fun AND it's the single best thing you can do for your tree(s).

Call (402) 441-9461 to schedule your mulch party.

trees.lincoln.ne.gov

- Learn about Lincoln's canopy, EAB and the response plan
- Download the Adopt an Ash Permit application
- Learn more about \$250 street tree vouchers
- Find a list of licensed arborists



SUPPORT the Parks

ADOPT-A-TRAIL

ADOPT-A-PARK

ADOPT-A-LINCOLN LANDSCAPE

COMMUNITY TREE PLANTINGS

SWIM & DIVE TEAMS

- Assist the swim or dive team coach with practice, run drills, develop skills, supervise practice. Weekly swim/dive meets also need volunteers.

SPECIAL OLYMPICS

- Lincoln Parks and Recreation’s Lincoln Shooting Stars Special Olympics team practices for competition in 10 sports. Program is open to athletes ages 8 and older. We also offer the Young Athletes Program for ages 2-7.
- Volunteers are needed for coach assistants, Unified Partners, practice assistants and general supervision. Year-round opportunities at various locations. Call (402) 441-7877.

BOARDS & COMMITTEES

Several community members give back to Lincoln by serving on one of the many volunteer advisory groups providing guidance to the Parks and Recreation Department.

To see the full member list, visit parks.lincoln.ne.gov

- Parks and Recreation Advisory Board
- Pedestrian/Bicycle Advisory Committee
- Community Forestry Advisory Board
- Veterans Memorial Garden Advisory Council
- Friends of Pioneers Park Nature Center

Thank you for your guidance and support!

VOLUNTEER EVENTS AND PROGRAMS

GARDEN VOLUNTEER EVENTS

Hamann Rose Garden Spring Clean-Up

Volunteers are encouraged to participate in a “Learn and Do” rose garden spring maintenance program which includes the proper spring pruning and maintenance techniques for various types of roses including hybrid teas, miniature roses, climbing roses, and shrub roses.

April 9	SAT	1:00 PM
Hamann Rose Garden, 27th and Capt'l Blvd		

Wake up the Beds - Sunken Gardens

Volunteers will install the annual flowers at Sunken Gardens. Volunteers are asked to bring a trowel, gloves and clothing appropriate for gardening. This event is limited to the first 60 volunteers who RSVP.

May 14	SAT	8:30 AM until done
Sunken Gardens, 27th and Capt'l Blvd		

Put the Beds to Bed - Sunken Gardens

Volunteers will help prepare the beds. • In case of inclement weather, Put the Beds to Bed will be postponed until the following Saturday in November.

Nov 5	SAT	8:30 AM until done
Sunken Gardens, 27th and Capt'l Blvd		

Pioneers Park Nature Center Gardens

Volunteers are needed to help maintain the gardens at Pioneers Park Nature Center and occasionally for visitors’ services and special events. Prairie garden and children’s garden volunteers meet Saturday mornings, and herb garden volunteers work on weekday mornings. Contact the Nature Center for more information, (402) 441-7895.

GARDEN PROGRAMS

Sunken Gardens 2022 Theme is “A Wonderland” based on Lewis Carroll’s creation of “Alice in Wonderland”. For more information about Sunken Gardens, contact Zac Halley at (402) 326-9045 or zhalley@lincoln.ne.gov.

Garden Gab

This program helps with the fulfillment of the Master Gardener and Student Community Service Credit requirements through working with the annual and perennial plantings in the Sunken Gardens, Rotary Strolling Gardens or the Hamann Rose Gardens. Learn the different aspects of Horticulture from Professional Garden Staff and then immediately apply them.

May 17 - Oct.	T & R	9:00 AM - Noon
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Garden Docents

Volunteers will meet and greet Garden visitors providing information about the Garden history and learn about the plants in the Gardens plus provide guidance to Garden Patrons.

June 7 - Oct.	Daily	Flexible hours
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Docent Training

Please RSVP to Zac Halley. Additional Docent training will be available. June-Oct.

June 7	T	8:00 AM
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Happy Trails to you!



JAYNE SNYDER TRAILS CENTER

250 N. 21st Street

The Jayne Snyder Trails Center is located adjacent to the Billy Wolf / Antelope Valley Trail and in Union Plaza.

It was built with donations from the Great Plains Trails Network and serves as a place to gather for trail users, public gatherings, meetings, receptions, festivals, and related uses.

For rental information, visit hubcafelincoln.com



No bike? No problem! Use BikeLNK!

BikeLNK is an automated self-service bicycle rental program for short trips. The system is comprised of more than 100 bicycles, a mix of traditional pedal and e-bike pedal assist, located mainly within the Downtown Lincoln area and on all 3 UNL Campuses.

Memberships are required to ride BikeLNK and come in a variety of pass types for ease of use, from short term 24 hours of unlimited hour long trips access passes to 365 days with the annual access passes. To use BikeLNK, visit one of the 20+ stations and use the self serve kiosk or download the BCycle app to access a bike, anytime!

Learn more at bikelnk.bcycle.com

134 MILES OF HAPPY TRAILS

BILLY WOLFF TRAIL

Built in 1978, this was Lincoln's first trail stretching from Holmes Lake Park to Lincoln's downtown. The trail now follows Antelope Creek from the Devaney Sports Center and University of Nebraska on the north to 91st and Highway 2 on the south for a total of 8.5 miles. This trail connects Jayne Snyder Trails Center and Union Plaza near 21st and "Q" streets, Antelope Park filled with ballfields, picnic shelters, playgrounds and Ager Junior Golf Course. The trail also parallels Holmes Lake Park and Golf Course near 70th and Capital Parkway.

BISON TRAIL

It connects with Van Dorn Park near 9th and Van Dorn, Salt Creek Levee and Jamaica North Trail near First and Van Dorn, Wilderness Park near this same location and travels through Bison Park where it connects with Pioneers Park on the west.

This trail will eventually provide a connection to the Haines Branch on Prairie Corridor, a project that is developing a greenway/prairie corridor from Pioneers Park to Denton and Spring Creek Prairie Audubon

DIETRICH TRAIL

Constructed in 1985 this trail is the result of the NE Radial Reuse Project. It extends from 22nd & Holdrege to 48th & Fremont Streets. This trail connects with the Billy Wolff Trail near 17th and Holdrege and proceeds northeasterly to where it connects with the Murdock trail near 48th and Fremont. This trail provides a connection between the downtown UNL Campus and East Campus. It also goes through Lintel and Fleming Fields Recreational Sports Park and Upco Park.

HELEN BOOSALIS TRAIL

Named after Mayor Helen Boosalis, it was built as part of a federal highway project in 1980. The trail extends from 17th & Burnham to Old Cheney & Hwy 2. This trail provides connections to the Rock Island and Old Cheney Trails.

JAMAICA NORTH TRAIL

Located on the abandoned Union Pacific Corridor this trail connects the downtown Haymarket / Pinnacle Bank Arena area with rural Nebraska south of Lincoln. The trail proceeds south through Wilderness Park and then south across Saltillo Road where it becomes the Homestead trail which extends to Beatrice. This trail will eventually continue south of Beatrice in to Kansas.



MOPAC TRAIL

Following the abandoned Missouri Pacific Railroad corridor, the trail begins at the University of Nebraska Campus near 19th and Vine Street, and then proceeds east through Lincoln to 84th Street and the Novartis Trailhead then continues 25 miles to Wabash. The trail passes through Peter Pan Park, McAdams Park, and provides a connection to Bethany Park.

MURDOCK TRAIL

Constructed on former Rock Island right of way, this trail connects with the Dietrich Trail at 48th and Fremont and extends east to 112th streets. The Murdock Trail connects with Mahoney Park and continues east over Stevens Creek to 112th.

ROCK ISLAND TRAIL

Constructed on right of way purchased in 1985, this trail connects the Children's Zoo along Capitol Parkway with Densmore Park south of 14th & Old Cheney. It travels through Antelope Park, Bishop Heights Park, Peterson Park and provides a connection to Tierra Park. It also connects to the Billy Wolff Trail on the north, Boosalis and Tierra/ Williamsburg Trails near Highway 2 and Densmore Park west of south 14th.

SALT CREEK LEVEE TRAIL

This trail follows Salt Creek and the levee that was constructed to protect Lincoln from flooding. It connects with the Jamaica North Trail on the south and Oak Lake Trail and Haymarket Ballpark and Pinnacle Bank Arena on the north.

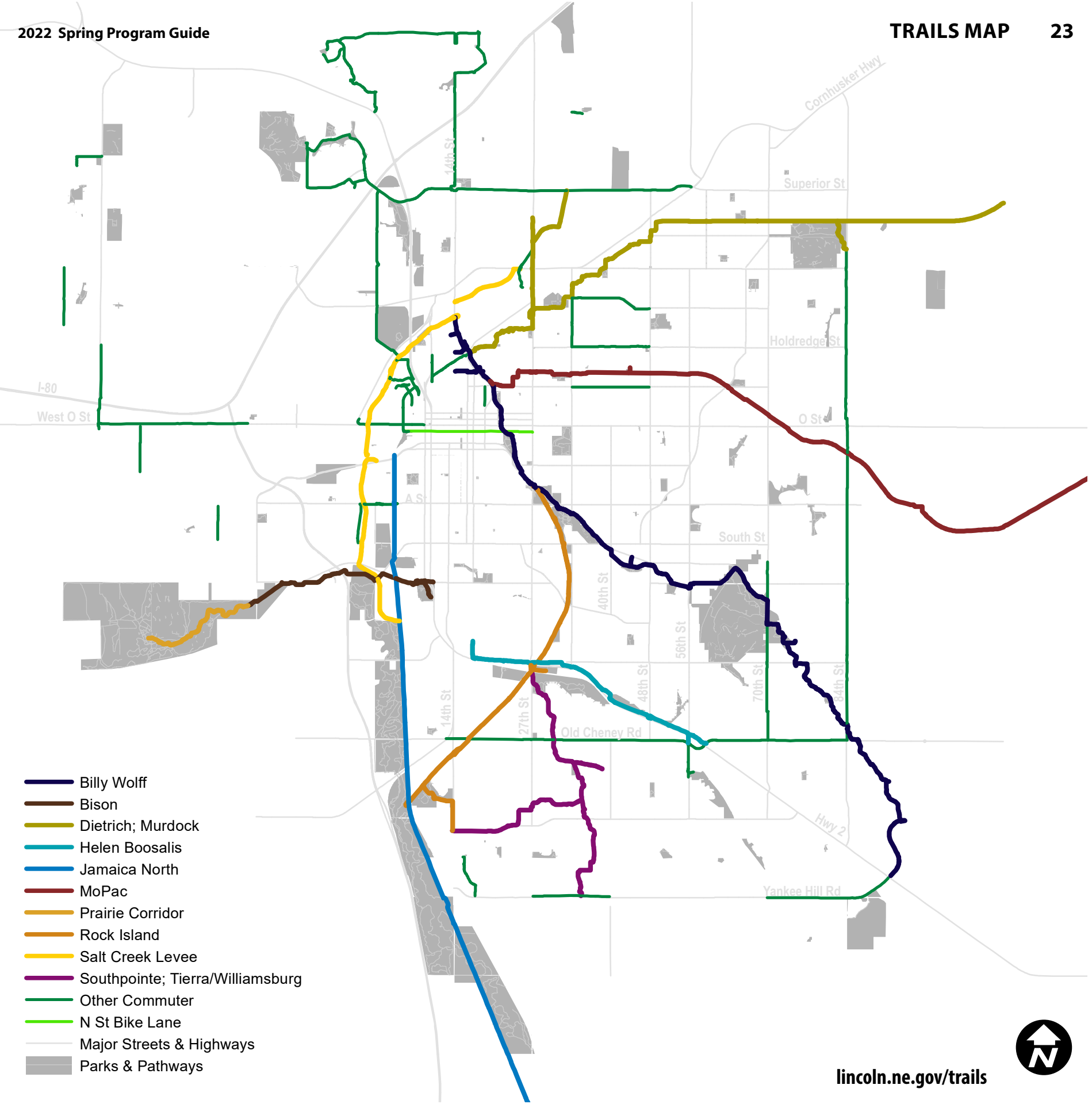
TIERRA/WILLIAMSBURG TRAIL / SOUTHPOINTE TRAIL

Connecting with the Rock Island Trail, the Tierra/ Williamsburg trail connects with the South Pointe Trail and Pine Lake Trails that go west along Pine Lake to Densmore Park. The Tierra/Williamsburg Trail will eventually provide a future connection to the Yankee Hill Trail and eventually to the south Beltway.

EQUESTRIAN TRAILS

Pioneers Park offers a 2.6 mile riding experience with a variety of wide views of park space to shaded forest riding. Horses are not allowed past the arches at the Pioneers Park Nature Center on the far west of the park.

Ride through the wooded trails in Wilderness Park. Parking lots at S. 1st St. and S. 14th St. allow horse trailers.



- Billy Wolff
- Bison
- Dietrich; Murdock
- Helen Boosalis
- Jamaica North
- MoPac
- Prairie Corridor
- Rock Island
- Salt Creek Levee
- Southpointe; Tierra/Williamsburg
- Other Commuter
- N St Bike Lane
- Major Streets & Highways
- Parks & Pathways



OCEANS OF POSSIBILITIES

AT LINCOLN CITY LIBRARIES

LincolnLibraries.org/Kids

VIRTUAL PROGRAMS
LIBRARY LEARNING TIME
TODDLER TIME
LEE WORKOUTS
SUMMER READING CHALLENGE
GRAB-AND-GO BOOK BUNDLES
TUMBLE BOOK LIBRARY
LEARNING LINKS
CRAFT KITS
SENSORY STORYTIME

Support Parks & Recreation in Lincoln!



Donate • Volunteer • Get Involved



402-441-8258

www.lincolnparks.org



**LINCOLN PARKS
FOUNDATION**

We love our parks.



2022 Bricks of Honor Dedication
June 11, 2022 at 10:00 am
3200 Veterans Memorial Drive



**LINCOLN PARKS
FOUNDATION**

We love our parks.



**To Honor a Veteran,
Contact Us At:**

**402-441-8258 or visit
www.lincolnparks.org**