EMPLOYEE ILLNESS AND MEDICAL CONDITIONS

The following information is intended as a guide only and is not a replacement for reading Chapter 2 of the Nebraska Food Code or Lincoln Municipal Code 8.20.245.

Definitions:

Exclude: An employee cannot work or enter any area of the establishment except for those areas open to the public.

Restrict: The food employee cannot work with exposed food, clean equipment, utensils, linens; and unwrapped single-service or single use articles or have contact with other employees.

Person in charge (PIC): Individual responsible for the food establishment operation and is present at the establishment.

Highly susceptible population: Persons more likely to experience foodborne disease because they are: immunocompromised; preschool aged children or older adults.

LLCHD: Lincoln-Lancaster County Health Department - LLCHD is the food regulatory agency in Lancaster County. Phone 441-6280.

Employee Reports	Person in Charge (PIC) must
Symptoms of: Vomiting; Diarrhea; Fever; higher than 100°F; Sore throat with fever	Restrict: Remove restriction when employee is free of symptoms and no foodborne illness occurs that may have been caused by employee, or physician documentation that symptoms are result of chronic non- infectious conditions. * If establishment serves a highly susceptible population. See last section.
Employee is diagnosed by a physician with, or is suspected of having: Salmonella typhi Shigella spp Escherichia coli 0157:H7 Hepatitis A	Exclude: Report to LLCHD 441-6280 immediately. Employee may not return to work until approved by LLCHD. LLCHD will work with physician of employee to determine when employee may return to work.
Employee reports past illness due to Salmonella typhi (3 months) Shigella spp. (1 month) Escherichia coli 0157:H7 (1 month) or Hepatitis A (2 months) or reports a situation that could be associated with foodborne illness i.e., family member with Hepatitis A or any of the above listed organisms.	Observe employee for symptoms. Exclude if your establishment serves a highly susceptible population. Contact LLCHD 441-6280.
Employee has illness diagnosed or suspected to be due to Campylobacter, Listeria, Yersinia, Clostridium perfringens, Bacillus cereus or Norovirus.	Report to LLCHD 441-6280 immediately. LLCHD will advise you.

Employee Reports	Person in Charge (PIC) must
Employee has jaundice (yellowing of skin or white of the eye) with onset during last 7 days.	Exclude: Immediately report to LLCHD 441-6280. Employee may return to work upon approval from LLCHD.
Employee has jaundice with onset more than 7 days ago.	Restrict: Immediately report to LLCHD 441-6280. Employee may resume normal duties upon approval from LLCHD.
Employee has persistent coughing, sneezing or runny nose.	Restrict: Resume duties when free of symptoms or physician documentation that symptoms are result of chronic non-infectious conditions.
Employee has a lesion containing pus such as a boil or infected wound that is open or draining on: Hand or wrist;	Employee must wear a watertight bandage to protect the lesion and a single use glove shall be worn. Anytime bandages worn on the hands or wrists, single use gloves should be worn.
Exposed portion of the arm;	Employee shall wear a water tight bandage to protect the lesion.
Any other part of the body.	Employee must cover the lesion with a dry, durable tight fitting bandage.
Employee has symptoms or is diagnosed with "pinkeye" i.e. swelling of eyelid, discharge and/or eye irritation.	Employee may perform usual duties using normal hygiene practices.
Employee has symptoms of influenza i.e., fever, headache, sore throat, cough.	Restrict: Avoid contact with other people. Employee may resume usual duties when fever is gone.
Employee is diagnosed with mononucleosis.	No restrictions or exclusions.

If at any time you have questions concerning an employee's health status or are unsure about the signs or symptoms, please call the Lincoln-Lancaster County Health Department at 441-6280. Employees experiencing foodborne illness symptoms should be advised to seek medical attention for diagnosis.

ESTABLISHMENTS SERVING HIGHLY SUSCEPTIBLE POPULATIONS

Employee has symptom(s) of:	Exclude:
Fever; Vomiting; Jaundice; Sore throat with fever; Diarrhea with one or more of the above symptoms; <u>and</u> meets one or more of the following high risk conditions:	Employee may return when there is written physician documentation that the employee is free of Salmonella typhi, shigella spp., Escherichia coli 0157:H7 or Hepatitis A whichever is the agent of concern. If employee does not meet any of the high risk conditions then
 Is suspected of causing, or being exposed to, a confirmed disease outbreak caused by Salmonella typhi, Shigella spp., Escherichia coli or Hepatitis A virus. Lives in the same household as a person who is diagnosed with one of the above. Traveled out of the country within the last fifty calendar days. 	Restrict: Remove restriction when employee is free of symptoms and no foodborne illness occurs that may have bee caused by employee or physician documentation that symptoms are result of chronic non-infectious conditions.
Employee has a past illness from Salmonella typhi within last 3 months.	Exclude: Employee may return upon approval of LLCHD.
Employee had a past illness from Shigella spp. or Escherichia coli within last month.	Exclude: Employee may return upon approval of LLCHD.
Employee was diagnosed with Hepatitis A or had symptoms of jaundice in last 2 months.	Exclude: Employee may return upon approval of LLCHD.