



**Overview of the sub-priority:** Suicide Prevention was selected as a strategic direction of the Community Health Summit (May 2022), as a primary focus under the Priority Area: Behavioral Health. Following the selection process, multiple community partners, experts and coalitions have been engaged to identify key voices and stakeholders in Lincoln and Lancaster County currently working to address barriers to behavioral health services. The initial Environmental Scan took place on January 25<sup>th</sup>, 2022.

### **Update on objective selection process:**

The timeline for follow-up to the Environmental Scan:

1. **On Monday, February 27<sup>nd</sup>, 2023**, HopeLNK coalition members were sent a link to A) select the opportunity(ies) most important to them, and B) sign up for any Priority Teams on which they would like to serve (does not only have to be the one they prioritized).
2. **On Monday, March 6<sup>th</sup>, 2023**, the prioritization link was closed, however group sign up will be ongoing.

**Equity:** Behavioral Health is a priority area identified through the Health Equity Summit (April 2022) and 9 separate Community Conversation are being scheduled in 6 languages for the 2<sup>nd</sup> and 3<sup>rd</sup> quarters of 2023. These will be conducted at the request of community partners (Cultural Centers of Lincoln), working to improve health outcomes for priority equity community groups. The initial community conversations (2021-2022) highlighted access to behavioral health as a significant concern for participants, and the follow up conversations will allow participants to identify key opportunities for development and improvement with partnering agency.



### Strengths, weaknesses, and opportunities identified for Suicide Prevention work in Lancaster County:

STRENGTHS/ASSETS		
Screening	Community Conversation	Crisis Hotlines
<ul style="list-style-type: none"> <li>• LPS will have school counselors in all buildings</li> <li>• Community therapy partners in all schools</li> <li>• Co. Atty Mental Health Court (Juv. Cr.)</li> <li>• Suicide assessment in schools</li> <li>• Asian center QPR trainers WRAP peer certification</li> <li>• Mental health screenings for newly arrived refugees</li> <li>• Mental health screenings for patients of newborns/children during home visitation</li> </ul>	<ul style="list-style-type: none"> <li>• Community interest in suicide prevention</li> <li>• Parochial schools more intent on conversations around suicide</li> <li>• Colleges/universities</li> <li>• Decreased stigma around mental health</li> <li>• BETA Trainings for law enforcement</li> <li>• Connection with churches/faith leaders</li> <li>• Increased community collaboration</li> <li>• Faith partner engagement</li> </ul>	Apps
		<ul style="list-style-type: none"> <li>• Center pointe crisis line</li> <li>• 988</li> <li>• Garage signs promoting 988</li> </ul> <ul style="list-style-type: none"> <li>• Companion app</li> </ul>
Training	Peer Support	Zero suicide
<ul style="list-style-type: none"> <li>• AMHFA/YMHFA Trainings</li> <li>• QPR Training</li> <li>• Free accessible QPR</li> <li>• All Juvenile probation staff are now QPR Trained</li> <li>• LPS district wide suicide prevention training</li> <li>• Over 30 QPR trainers in Lancaster</li> <li>• QPR Trainings</li> <li>• More training opportunities for suicide</li> <li>• ASIST Trainings</li> <li>• AMSR Trainings</li> </ul>	<ul style="list-style-type: none"> <li>• Peer Support programs</li> <li>• Hope squads</li> <li>• Hope Squads in all middle and high schools (except for one middle school)</li> <li>• Master trainer in hope squads</li> <li>• Increased number of peer supports in agencies</li> <li>• Hope squads in schools</li> </ul>	<ul style="list-style-type: none"> <li>• Zero Suicide system of excellence</li> <li>• Zero Suicide initiative</li> </ul>
Income Response	Harm Reduction	Post Event Care
<ul style="list-style-type: none"> <li>• Boys Town Eco. Model expanding to probation families</li> <li>• Focus on in-home supportive services (i.e., Boys Town ecological family Tx Model)</li> <li>• Mobile crisis response</li> <li>• Mobile crisis response</li> </ul>	<ul style="list-style-type: none"> <li>• Partnership with Big Shots (gun boxes)</li> <li>• Lethal means campaigns – community awareness</li> <li>• Free means reduction</li> </ul>	<ul style="list-style-type: none"> <li>• Lancaster LOSS Team</li> <li>• Growth of LOSS Teams</li> <li>• Increase in WRAP Trainers and use of WRAP in schools</li> <li>• Talk heart2heart</li> <li>• WRAP EBP</li> <li>• Often connected 3-5 days</li> <li>• Post attempt outreach</li> </ul>



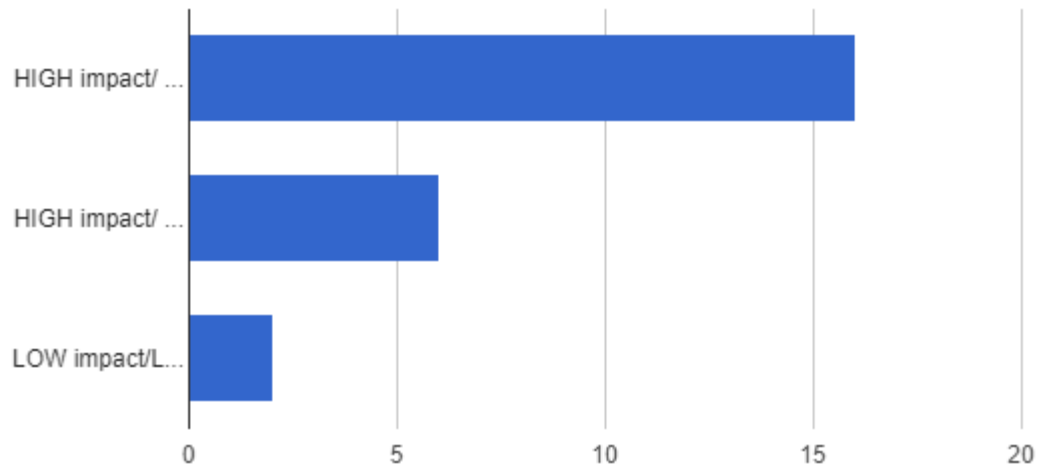
GAPS		
Survivor Support	More Providers	Hospital Gaps
<ul style="list-style-type: none"> <li>• Education to general population to decrease stigma</li> <li>• Addressing older population not just youth</li> <li>• Provider person centered language</li> <li>• More community leadership in suicide prevention efforts</li> <li>• Where are we with building integrated models of care in Lancaster County?</li> <li>• Workplace support</li> <li>• Stigma after completion persists</li> <li>• More LPS Supports/educational programs for kids w/ mental health issues</li> <li>• Post-vention gaps – training – services/referral – awareness</li> <li>• Survivor support</li> </ul>	<ul style="list-style-type: none"> <li>• Youth parent family support groups</li> <li>• Staff – primarily therapists</li> <li>• Lack of #s of therapists</li> <li>• Lack of therapists</li> <li>• More trauma minded trained providers</li> </ul>	<ul style="list-style-type: none"> <li>• Better connection to mobile crisis response</li> <li>• Cost barrier of hospitalization</li> <li>• Bryan (hosp) Non-admits referrals to community</li> <li>• difficulty accessing hospitalization</li> <li>• cost of services</li> <li>• places for people to go if not EPCd or taken to hospital</li> </ul>
Non-LPS Schools	Education About Resources	
<ul style="list-style-type: none"> <li>• lack of resources in non-LPS Schools</li> <li>• Non-LPS schools</li> </ul>	<ul style="list-style-type: none"> <li>• Central location for education, support, and other information</li> <li>• Lack of LOSS Team awareness (data library)</li> </ul>	



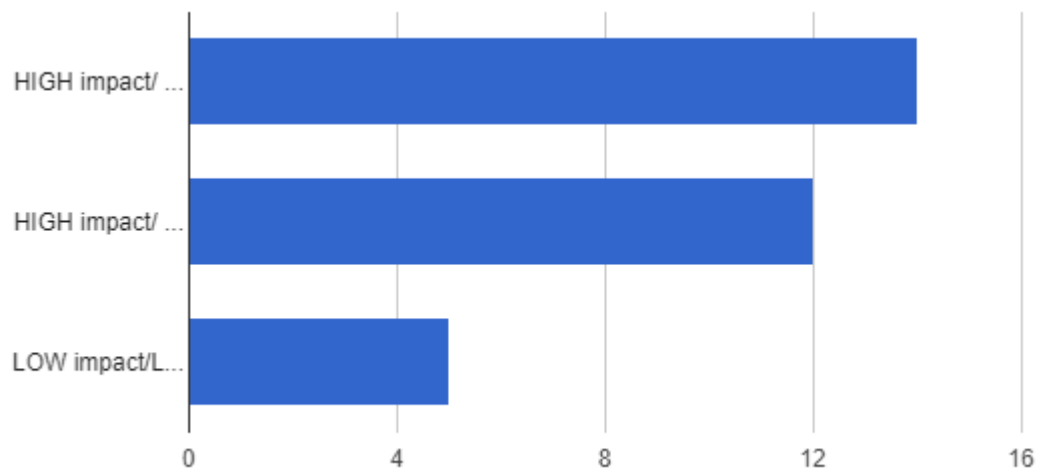
OPPORTUNITIES (ORGANIZED BY IMPACT/EFFORT MATRIX)		
High impact/Low effort	High impact/High effort	Low impact/Low effort
<p><b>Create Content/Promotion</b></p> <ul style="list-style-type: none"> <li>• Age-specific videos</li> <li>• Create video series on wellness plans</li> <li>• Promote what exists! (especially free) 988, apps, loss, crisis teams, WRAP.</li> <li>• Resource list education/promotion</li> </ul> <p><b>Provider Engagement</b></p> <ul style="list-style-type: none"> <li>• Put together resource and education for providers</li> <li>• Engage LCMS/Providers on suicide prevention efforts – TBD (i.e., trainings, seminars, integrated care model)</li> <li>• Focus on provider training</li> </ul> <p><b>Partner Growth</b></p> <ul style="list-style-type: none"> <li>• Outreach to private schools</li> <li>• Invite/encourage MORE people to efforts (especially non BH folks)</li> <li>• Offer community prevention/awareness tang collaboration</li> </ul> <p><b>Workplace Wellness</b></p> <ul style="list-style-type: none"> <li>• Target employers supporting employees in crisis</li> <li>• Workplace/EAP QPRS</li> <li>• Workplace education</li> </ul>	<p><b>System Improvement</b></p> <ul style="list-style-type: none"> <li>• Improve connection between hospitals and support programs</li> </ul> <p><b>Strengthen Data</b></p> <ul style="list-style-type: none"> <li>• More info about completed suicides for prevention</li> </ul> <p><b>Stigma Reduction</b></p> <ul style="list-style-type: none"> <li>• Stigma reduction efforts statewide</li> <li>• Public awareness to decrease stigma and in area seeking</li> <li>• Focus on reducing stigma to those at risk</li> </ul> <p><b>Create Content/Promotion</b></p> <ul style="list-style-type: none"> <li>• Online website of peer-based programming available in communities – KEEP IT UPDATED</li> <li>• My companion app</li> <li>• Continue local outreach on lethal means</li> </ul>	<p><b>Grow Resources</b></p> <ul style="list-style-type: none"> <li>• Grant planning for the future</li> </ul> <p><b>Post-Vention</b></p> <ul style="list-style-type: none"> <li>• Post-vention focus</li> <li>• Train and support MORE in post-vention</li> </ul>



### Opportunity area that should be the initial workgroup priority:



### Opportunity areas you would like to participate in:



# ENVIRONMENTAL SCAN 2022

HOPELNK



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