## REGISTERED DIETITIAN II

#### NATURE OF WORK

This is professional work providing nutritional services to the Women, Infant, and Children (WIC) Program within the Lincoln-Lancaster County Health Department. Work also includes facilitating and/or leading teams within the WIC program and participating in community coalitions relevant to the objectives of the WIC Program.

Work involves responsibility for providing health and nutritional assessments and nutritional education and counseling to WIC clients. Work includes developing, implementing, and evaluating health, educational, and lifestyle change programs and services within the WIC program including breastfeeding program/team, peer counseling or other public health programs and services related to WIC. An employee in this class is expected to exercise independent judgement and personal initiative within the framework of established WIC policies, laws, and regulations and Department policies and procedures. Work is performed under the general supervision or the WIC Program Manager, Division Manager, or other administrative superior and reviewed through reports, conferences, and outcomes achieved.

#### **EXAMPLES OF WORK PERFORMED**

Conducts nutritional and health assessments on WIC clients using established WIC guidelines.

Analyzes client information to assess the health or nutritional risk of the client, and develop, in conjunction with the client, a plan to improve their nutritional and health status.

Provides nutrition information and counseling to WIC clients; maintains appropriate client records reflecting nutritional and health assessments, education, counseling, and referrals.

Develops plans for education and follow-up for WIC clients; provides needed referrals to community resources for services and/or health care; documents all assessment results, education, referrals, and all other relevant information.

Develops and provides leadership to internal breastfeeding program/team and participates in community breastfeeding coalition/agencies; collects and monitors data regarding breastfeeding including initiation and duration.

Provides leadership and facilitates a team approach to case management, care coordination, referral and follow-up to WIC individuals and families.

Organizes schedules and daily work assignments of team members where appropriate.

Assists in the collection, analysis, and interpretation of WIC programmatic data, recommending opportunities for improvement in the delivery of WIC services; assures accurate and timely data collection processes for team in assigned program area.

Assists in the training, orientation, and education of staff, students, and other professionals in the community regarding the WIC program including purpose, scope, clientele, outcomes, and benefit to the community.

Maintains regular and reliable attendance.

Performs related work as required.

## DESIRABLE KNOWLEDGE, ABILITIES AND SKILLS

Considerable knowledge of current dietetic principles and nutritional guidelines for the population; knowledge of pediatric and maternal nutrition.

Considerable knowledge of the policies and guidelines of the Women, Infant, and Children Program.

Some knowledge of program management.

Ability to establish and maintain effective internal and external working relationships.

Ability to create effective community partnerships and collaborations; build and sustain teams, networks, and coalitions.

Ability to communicate effectively orally and in writing.

# MINIMUM QUALIFICATIONS

Graduation from an accredited four-year college or university with major coursework in nutrition or related field with two years of experience working in a WIC program; or any equivalent combination of training and experience that provides the desirable knowledge, abilities, and skills.

#### NECESSARY SPECIAL REQUIREMENTS

Current registration as a dietitian or ability to obtain registration within four months of hire.

Must possess and maintain a valid driver's license.

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