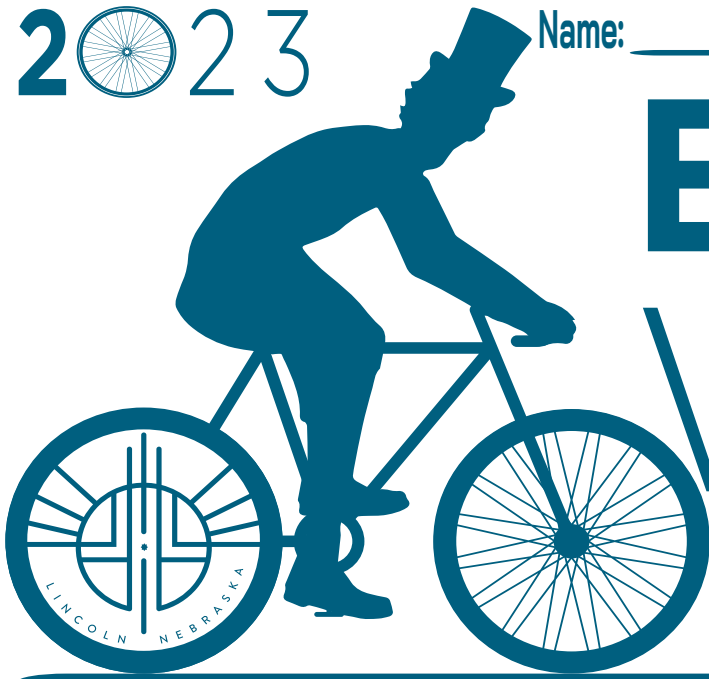


2023

Name: _____



BIKE TO WORK WEEK

Rode a bicycle to work or school	Gave a "like" on any social media post about bicycle safety	Purchased something from a local outdoor activity focused retailer	Checked air pressure in a bicycle tire	Attended a Bike to Work Week event
Encouraged a friend/neighbor to start/restart riding a bike	Used an "On Street" bike lane	Made a donation to a local or state bike community organization	Signaled changing lanes or turning by using correct hand signals	Had a bike shop perform a tune up or serviced my bike myself
Visited a Bike to Work Week Sponsor for a discount or treat	Wore my helmet		Logged bicycle miles in a fitness tracking app	Used the crosswalk button and waited for a "walk" signal
Learned how to do an "ABCDE Quick Check" for safety before every ride	Announced "On your left!" or used a bell before passing others		Participated in a local Bike Month event	Made sure to have working front & rear lights on my bike for safe riding in low light conditions
Biked instead to run an errand that I usually drive a car to do	Remembered to bring a waterbottle & stay hydrated while riding	Rode with family or friends	Used a bike lock & bike rack correctly	Said "hello!" or waved to another cyclist when riding