

# Respite Subsidy Programs

For more information on Aging Partners services, call 402-441-7070.

Respite care is temporary relief to provide a break for caregivers. A caregiver often experiences stress as a result of balancing the needs of a loved one with needs of their own. Respite care can range from a few hours of care provided on a one-time basis to overnight stays or even extended care in a facility. Respite can be provided by family members, friends or skilled providers.

Respite subsidy programs provide financial assistance to offset the cost of such care.

## Disabled Persons and Family Support Program

Nebraska Department of Health and Human Services

To apply, call: 402-471-9188 (Lincoln) or 1-844-807-1197

Assists with disability-related needs such as personal care, housekeeping, respite care, transportation, emergency response systems, adaptive equipment or home modifications.

Persons with disabilities, of any age may qualify if their income falls below program guidelines. A single-person household may have up to \$5,433 monthly income; a two-person household may have up to \$7,366.

## Medicaid Waiver

A Nebraska Department of Health and Human Services program. To apply, call: 1-877-667-6266. Contact Aging Partners for additional assistance.

Waiver provides services for Medicaid recipients with qualifying medical needs. Services include chores, housekeeping, meal preparation, personal care, shopping, escort and supervision, adult day care, Respite, independent skills management and transportation.

## Nebraska Lifespan Respite Subsidy Program

Nebraska Department of Health and Human Services

[dhhs.ne.gov/Pages/Respite.aspx](https://dhhs.ne.gov/Pages/Respite.aspx)  
402-471-9188 or 1-866-737-7483

This is an income-restricted program. A single-person household may have up to \$4,150 monthly income; a two-person household may have up to \$5,628.

If eligible, the program will provide a subsidy of up to \$125 per month for a specific time.

## Veterans' Health Care Center

To apply, call: 402-489-3802 ext. 6623 or 1-866-851-6052

VA benefits provide for a range of long-term services which include nursing home care, adult day care, geriatric evaluations, home health and respite care. Any veteran enrolled in health care may utilize respite care for up to 30 days in a calendar year at the Veterans' Home in Kearney, at any of the contracted nursing homes in Lincoln (Emerald Nursing & Rehab and Eventide) or Ridgewood assisted living facility in Seward.

This fact sheet is distributed to help you obtain information regarding available community services and is not an inclusive list of providers. The information is subject to change following publication.

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