

REGISTERED DIETITIAN I

NATURE OF WORK

This is professional work providing nutritional services to the Women, Infant and Children (WIC) Program within the Lincoln-Lancaster County Health Department.

Work involves responsibility for providing health and nutritional assessments and nutritional education and counseling to WIC clients. An employee in this class is expected to exercise independent judgment with work being performed according to established WIC guidelines as well as department policies and procedures. General supervision is received from a professional or an administrative supervisor with work being reviewed in the form of reports, conferences, public comments and program effectiveness.

EXAMPLES OF WORK PERFORMED

Conducts nutritional assessments on WIC clients, including but not limited to food frequency assessments, calorie consumption assessments, and calorie needs assessments.

Conducts health assessments, such as height/weight measurements and hemoglobin measurements.

Analyzes client information to determine the health or nutritional risk and develops with the client a plan to improve their nutritional and health status.

Provides nutrition information and counseling to WIC clients.

Maintains appropriate client records reflecting nutritional and health assessment education, counseling and referrals.

Develops, prioritizes and documents plans for education follow-up based on participant's medical and nutritional findings.

Refers WIC clients to other community sources for services and/or healthcare. Document referrals and conduct follow-up of referrals made.

Assists in data collection procedures and in developing and coordinating statistical records and reports; participates in community outreach projects to maximize effectiveness of the program.

Reviews, selects or produces appropriate nutrition education materials for client and program use.

Maintains regular and reliable attendance.

Performs related work as required.

DESIRABLE KNOWLEDGE, ABILITIES AND SKILLS

Knowledge of current dietetic principles and nutritional guidelines.

Knowledge of the policies and guidelines of the Women, Infant and Children Program.

Knowledge of pediatric and maternal nutrition.

Ability to accurately assess and document the nutritional status of clients using appropriate physical measurements, diet history and physical characteristics.

Ability to maintain accurate client records.

Ability to communicate effectively both orally and in writing.

Ability to establish and maintain effective working relationships with coworkers and clients.

Ability to effectively use educational methods in teaching nutritional guidelines to both individuals and groups.

MINIMUM QUALIFICATIONS

Graduation from an accredited four-year college or university with major coursework in nutrition or related field; or any equivalent combination of training and experience that provides the desirable knowledge, abilities, and skill.

NECESSARY SPECIAL REQUIREMENTS

Current registration as a dietitian or ability to obtain registration within four months of hire.

Must possess and maintain a valid driver's license.