

## LANCASTER COUNTY MENTAL HEALTH SPECIALIST

### NATURE OF WORK

This is human service work utilizing a variety of fundamental rehabilitation and support modalities to assist clients.

Work involves providing overall case management services to an assigned group of clients; planning, coordinating, evaluating and delivering prevocational and rehabilitation services; skill building and crisis intervention. Work also involves performing initial rehabilitation and support assessments and presenting findings for staff review, and maintaining appropriate client records reflecting services provided and client progress. The primary emphasis of this class is centered upon providing rehabilitation and supportive mental health services requiring the use of fundamental educational or rehabilitative techniques to satisfy client's needs. Supervision is received from a higher-level professional staff member with work being reviewed in the form of conferences, reports submitted, and general supervision to determine the effectiveness of services provided.

### EXAMPLES OF WORK PERFORMED

Provide assessment, case management, and supervision for justice involved individuals with serious mental illness.

Plan, assess, coordinate, and deliver supportive and rehabilitation services in order to meet the needs of clients.

Instruct and guide participants in understanding the expectations of participation compliance for their program; respond appropriately to any program violations in a timely and effective manner.

Provide services to severe and persistently mentally ill clients, including skill building and crisis intervention; help locate appropriate community resources as needed.

Facilitate cognitive intervention groups as determined by program needs.

Utilize motivational interviewing techniques to address program engagement with participants.

Participate as a team member in program meetings, planning, and team functions to enhance provision of services.

Provide transportation for clients to and from various appointments.

Perform initial rehabilitation and support program intake assessments and presents findings for staff review.

Utilize screening assessment tools, behavioral health records, and treatment plans from community providers to assist in creating individualized case plans and rehabilitation plans for participants; engage clients to participate in the development of their own program plans and updates.

Conduct ongoing assessments of case plans to ensure rehabilitative needs are being met; modify case plans as needed.

Complete required reports detailing actives and compliance level of client; engage with and ensure proper communication with community providers and all involved providers or personnel.

#### DESIRABLE KNOWLEDGE, ABILITIES AND SKILLS

Knowledge of the sociological, behavioral, and cultural factors influencing the behavior and attitudes of clients.

Knowledge of the principles, practices, and methods pertaining to the delivery of mental health and rehabilitative services to clients.

Knowledge of the functions and services of community organizations and resources related to human services.

Ability to establish and maintain effective working relationships with clients, co-workers and the general public.

Ability to communicate effectively both orally and in writing.

Ability to understand and relate to the problems of clients.

Ability to maintain records of services provided and client progress.

#### MINIMUM QUALIFICATIONS

Graduation from a four-year accredited college or university and at least two years of full-time experience working with individuals with mental health illness or justice involved individuals; or any equivalent combination of training and experience that provides the desirable knowledge, abilities and skills to meet the National Association of Pretrial Services Agencies (NAPSA) Accreditation Standards.

#### NECESSARY SPECIAL REQUIREMENT

Possession of a valid driver's license and the ability to be insured by the County's insurance carrier.