



**AGING  
PARTNERS**

## **Aging Partners Caregiver Support Group Meetings**

2nd Tuesday of every month  
(begins August 10)

5 to 6 p.m.

St. Mark's United Methodist Church  
8550 Pioneers Blvd., Room 137, Lincoln

Caregivers take care of family members and friends. But who takes care of the caregiver? Support groups provide hope, information and a safe environment to share concerns. The Aging Partners Caregiver Support Group is led by a Licensed Independent Mental Health Practitioner.

### **Eligible caregivers are:**

- An individual of any age providing care for an older adult, age 60 and over
- Providing care for a person with Alzheimer's disease, brain injury or a related brain disorder
- Over the age of 55 and raising a grandchild

***Contributions will be accepted for this Older Americans Act service.***

**Call 402-441-7575 for more information.**