

Caregiver Support Group

at Madonna Rehabilitation Hospital

5401 South Street, Lincoln, NE

Follow orange signs to the Lancaster Room.

Thurs., June 14

Topic: Work With Me: Communicating with your Health Care Professional

Presenter: Lindy Stevenson, Americorps
Member/Aging Partners Health & Fitness Program

Summary: Learn how to get the most out of your physicians or other health care professionals.

Thurs., July 12

Topic: Know Your Medications

Presenter: Walgreens Registered Pharmacist

Short Summary: Medication safety. Q & A on the side effects and interactions. Bring a list of medications you or a loved one takes.

No meeting in August.

Available at all meetings:

- Aging Partners counselor
- Resource information

All meetings are held from 7 - 9 p.m. on the second Thursdays, January through June and September through November. For weather cancellations, listen to KFOR 1240 AM.



A Pioneering Area Agency on Aging

402-441-7070
or 1-800-247-0938

Caregiver Education Group

at Saint Paul United Methodist Church

1144 M Street, Room 145, Lincoln, NE

Park under the church. Enter from 11th street.

Tues., June 26

Topic: Work With Me: Communicating with your Health Care Professional

Presenter: Lindy Stevenson, Americorps
Member/Aging Partners Health & Fitness Program

Summary: Learn how to get the most out of your physicians or other health care professionals.

Tues., July 24

Topic: Know Your Medications

Presenter: Walgreens Registered Pharmacist

Short Summary: Medication safety. Q & A on the side effects and interactions. Bring a list of medications you or a loved one takes.

No meeting in August.

Available at all meetings:

- Aging Partners counselor
- Free parking: Enter garage on 11th Street.

All meetings are held from 1:30 - 3:30 p.m. on the fourth Tuesdays, January through June and September through November. For weather cancellations, listen to KFOR 1240 AM.



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