

# Caregiver Support Group

## at Madonna Rehabilitation Hospital

5401 South Street, Lincoln, NE

Follow orange signs to the Lancaster Room.

**Thurs., June 14**

**Topic: Work With Me: Communicating with your Health Care Professional**

**Presenter:** Linda Stevenson, Americorps  
Member/Aging Partners Health & Fitness Program

**Summary:** Learn how to get the most out of your physicians or other health care professionals.

**Thurs., July 12**

**Topic: Know Your Medications**

**Presenter:** Walgreens Registered Pharmacist

**Short Summary:** Medication safety. Q & A on the side effects and interactions. Bring a list of medications you or a loved one takes.

**No meeting in August.**

**Available at all meetings:**

- Aging Partners counselor
- Resource information

**All meetings are held from 7 - 9 p.m.** on the second Thursdays, January through June and September through November. For weather cancellations, listen to KFOR 1240 AM.



*A Pioneering Area Agency on Aging*

**402-441-7070**  
or 1-800-247-0938

# Caregiver Education Group

## at Saint Paul United Methodist Church

1144 M Street, Room 145, Lincoln, NE

Park under the church. Enter from 11th street.

**Tues., June 26**

**Topic: Work With Me: Communicating with your Health Care Professional**

**Presenter:** Linda Stevenson, Americorps  
Member/Aging Partners Health & Fitness Program

**Summary:** Learn how to get the most out of your physicians or other health care professionals.

**Tues., July 24**

**Topic: Know Your Medications**

**Presenter:** Walgreens Registered Pharmacist

**Short Summary:** Medication safety. Q & A on the side effects and interactions. Bring a list of medications you or a loved one takes.

**No meeting in August.**

**Available at all meetings:**

- Aging Partners counselor
- Free parking: Enter garage on 11th Street.

**All meetings are held from 1:30 - 3:30 p.m.** on the fourth Tuesdays, January through June and September through November. For weather cancellations, listen to KFOR 1240 AM.



*A Pioneering Area Agency on Aging*

**402-441-7070**  
or 1-800-247-0938