Executive Summary

Last year, 739 individuals received over 35,000 total units of services delivered via Saline County Aging Services and Aging Partners. The need to grow services continues as services are currently only reaching 33% of county citizens who are 65+.

Saline County is aging. Although the total population increased 3% between 2000 & 2015, the 60+ population increased 4% during the same period. These changes increased the county’s median age from 36.4 years to 36.6 years. This trend will continue with 28% of the county’s population projected to be over 60 by 2030.

Revenue to support this work includes county tax support (21%), state and federal funds from Aging Partners (50%), federal and state funds direct to the county program (3%), local public funds direct to the county program (includes city, town dues and the DeWitt Senior Center) (7%), and local private funds (19%).

Dues paid to Aging Partners, the area agency on aging that supports Saline County, ensures that federal and state funds for aging services flow into the county. This year, Aging Partners is requesting $30,003, a 2.5% increase in funding from FY18.

<table>
<thead>
<tr>
<th></th>
<th>Saline County funds</th>
<th>Aging Partners funds</th>
<th>Direct Federal &amp; State funds</th>
<th>Local Public funds</th>
<th>Local private funds</th>
<th>Total cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dues</td>
<td>30,003</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>30,003</td>
</tr>
<tr>
<td>Saline County Aging Services operations (Budget)</td>
<td>5,199</td>
<td>61,316</td>
<td>8,701</td>
<td>16,986</td>
<td>46,754</td>
<td>138,956</td>
</tr>
<tr>
<td>Saline County Aging Services operations (General Fund)</td>
<td>33,462</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>33,462</td>
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<tr>
<td>DeWitt Senior Center operations</td>
<td></td>
<td></td>
<td>4,701</td>
<td>6,000</td>
<td>14,610</td>
<td>25,311</td>
</tr>
<tr>
<td>Supportive services grants to Saline County residents</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10,591</td>
<td>10,591</td>
</tr>
<tr>
<td>Care management services to Saline County Residents</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>85,791</td>
</tr>
<tr>
<td><strong>Total allocation</strong></td>
<td><strong>68,664</strong></td>
<td><strong>162,399</strong></td>
<td><strong>8,701</strong></td>
<td><strong>22,986</strong></td>
<td><strong>61,364</strong></td>
<td><strong>324,114</strong></td>
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<tr>
<td>Percent of total cost</td>
<td>21%</td>
<td>50%</td>
<td>3%</td>
<td>7%</td>
<td>19%</td>
<td></td>
</tr>
</tbody>
</table>

Summary: Total Cost of Aging Services in Saline County
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## 2017-18 Aging Services in Saline County

Contacts made to assist older adults and caregivers with questions: 9,266 contacts
Meals provided that met dietary needs of older adults: 8,551 meals
Service coordination or equipment for older adults who live at home: 474 client months
Hours of individualized services for people who want to live at home: 1,377 hours
Sessions of health, nutrition & caregiver programs/events/services: 6,253 sessions/people
In-home assistance for older adults and caregivers: 442 units
Hours county senior center & meal site was open: 1,332 hours
Number of visits to senior center in DeWitt: 7,188 visits
Rides provided to older adults: 246 rides

**Services provided to older adults in Saline County**

<table>
<thead>
<tr>
<th>Service Site</th>
<th>Meals</th>
<th>Health Services</th>
<th>Total Consumers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saline County Aging Services</td>
<td>6,951</td>
<td>3,653</td>
<td>566</td>
</tr>
<tr>
<td>DeWitt Senior Center</td>
<td>1,600</td>
<td>1,891</td>
<td>73</td>
</tr>
<tr>
<td>Aging Partners Care Management</td>
<td>1,023</td>
<td>26</td>
<td>96</td>
</tr>
<tr>
<td>Aging Partners Health &amp; Wellness &amp; Saline County Aging Services</td>
<td>301</td>
<td>301</td>
<td>91</td>
</tr>
</tbody>
</table>

**TOTAL** 35,129
2017-18: Programming

Saline County Aging Services (SCAS) Program

Accomplishments

- Provided over 6,000 home delivered meals across four programs in Saline County.
- Provided over 1,100 congregate meals primarily in DeWitt but also in Friend.
- Provided approximately 600 units of foot care in foot clinics to 140 individuals in Crete, DeWitt, Dorchester, Friend, and Wilber.
- Provided Tai Chi classes to 59 participants to improve movement for better balance.
- Received and distributed 50 sets of farmer’s market coupons allowing access to fresh locally grown fruits and vegetables.
- Loaned over 45 pieces of durable medical equipment to community members.
- Volunteer staff provided over 651 units of on-site coffee, visiting, and support of day-to-day operations.
- Distributed over 690 units of Feed America Food, providing fresh fruits and vegetables to clients.

Significant Activities

Clients look forward to receiving the SCAS monthly newsletter. Being full of educational articles, nutritional information, fun facts, and puzzle challenges the mailing list has grown over 80% from 215 to 396 households in 2018. That number is expected to continue growing as every month older adults ask to be added to the list.

Full Circle, the SCAS pop-up center initiative, had a successful start with a great response from the participants in Wilber and Friend.

Participation in SCAS foot clinics and Tai Chi programs continues to grow indicating a need for these types of services.

In 2018, SCAS successfully negotiated a Title XX meal contract with the Nebraska Department of Health & Human Services for reimbursement of home delivered meal costs for qualifying older adults.

SCAS staff provided 168 units of Medicare Part D assistance, saving the seniors of Saline County close to $234,000 in 2017.

June 25, 2018
In total, 739 people were helped last year by the aging network in Saline County.
2017-18: Programming

Aging Partners

Licensed nurses from the Aging Partners Health & Wellness program worked collaboratively with Saline County Aging Services to provide 91 older adults in Saline County with foot clinic services. Additionally, all county participants in Health & Wellness services received access to medication management services as part of the enrollment process.

The care management office in Crete, staffed by Aging Partners, assisted 95 individuals in assessing needs, developing plans and arranging for home and community based services.

The Aging Partners Care Manager assisted 41 Saline County older adults with the Medicare Part D enrollment process resulting in significant premium and drug cost savings in 2018.

As part of a care plan that included an in-home assessment, 26 Saline County residents were provided with funding for in-home services such as assistance with chores and housekeeping. In some cases, the services were provided to support the resident’s caregiver. The Saline County Care Manager assisted with locating a provider and monitoring service provision.
FY19: Looking Forward

County Age Demographics

Saline County is aging. The total population increased 3% from 10,962 to 11,407 between 2000 & 2015. In this same period the 60+ population increased 4% from 2,881 to 2,924. These changes increased the county’s median age from 36.4 years to 36.6 years.

Population projections for the county show that continued investment in aging services is necessary as the percentage of residents that are age 60 and older will increase to 28% by 2030.

FY19 Goals

Aging Partners

- Protect and enhance the rights of older adults and people with disabilities.
- Work with older adults and people with disabilities as they make informed decisions, and exercise self-determination and control about their independence, well-being, and health.
- Enable older adults and people with disabilities to live in the community through availability of and access to long-term services and supports including supports for families and caregivers.
- Implement management practices that support the efficient operations of programs serving people with disabilities and older adults and ensure stewardship of taxpayers’ dollars.

Saline County Aging Services

- Continue growing participation in Full Circle programs, foot clinics, and Tai Chi classes.
- Utilize local papers, newsletter, and social media to conduct outreach regarding Medicare enrollment services to those turning 65.
- Expand Full Circle pop up programs and services to the Crete, Dorchester, Tobias, Swanton and Western areas.
- Develop intergenerational programs that connect youth and elders in Saline County.
- Secure funding (contributions, grants, and fundraising) to renovate existing location.
- Plan and implement an annual 5K/1Mile Run and Walk fundraiser in support of county program to include all ages, while promoting local businesses and other organizations.
FY19 Saline County Aging Services Budget Request

<table>
<thead>
<tr>
<th>Expenditures</th>
<th>Amount</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Personnel*</td>
<td>$83,475</td>
<td>60%</td>
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<tr>
<td>Travel</td>
<td>$2,613</td>
<td>2%</td>
</tr>
<tr>
<td>Printing &amp; Supplies</td>
<td>$3,750</td>
<td>3%</td>
</tr>
<tr>
<td>Communications &amp; Utilities*</td>
<td>$6,000</td>
<td>4%</td>
</tr>
<tr>
<td>Other Costs</td>
<td>$11,100</td>
<td>8%</td>
</tr>
<tr>
<td>Raw Food</td>
<td>$32,018</td>
<td>23%</td>
</tr>
<tr>
<td><strong>Total Expenditures</strong></td>
<td>$138,956</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>County Support*</td>
<td>$5,199</td>
<td>4%</td>
</tr>
<tr>
<td>State &amp; Federal Funds from Aging Partners</td>
<td>$61,316</td>
<td>44%</td>
</tr>
<tr>
<td>Federal &amp; State Funds Direct</td>
<td>$8,701</td>
<td>6%</td>
</tr>
<tr>
<td>Local Private</td>
<td>$46,754</td>
<td>34%</td>
</tr>
<tr>
<td>Local Public</td>
<td>$16,986</td>
<td>12%</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>$138,956</td>
<td></td>
</tr>
</tbody>
</table>

*Does not include $33,462 in total General Fund support ($31,262 program employee benefits & $2,200 telephone costs.)
FY19 Aging Partners Dues Request

Dues paid to Aging Partners, the area agency on aging that supports Saline County, ensures that $162,399 in federal and state funds for aging services are available to the county. This year, Aging Partners is requesting $30,003, a 2.5% increase in funding from FY18.

For every dollar that Saline County provides through dues to Aging Partners and financial support to its county program, it receives $3.72 worth of services.
Program Information

Aging Partners Mission

*Aging Partners supports quality of life, independence, and options for older adults and their caregivers in an eight-county area in Nebraska.*

History

Aging Partners began in 1971 as one of ten federal model programs. With the creation and funding of the Older Americans Act, Aging Partners became the designated area agency on aging for the eight-county Planning and Service Area B in Nebraska. Aging Partners expanded services into these eight counties through interlocal agreements between the City of Lincoln and Butler, Fillmore, Lancaster, Saline, Saline, Saunders, Seward, and York Counties. Under the terms of the agreement, the authority to operate the area agency is vested with the City of Lincoln who contracts with each County to fund and coordinate Older Americans Act (OAA) and Community Aging Services Act (CASA) services. Aging Partners is a division of the City of Lincoln, and the Director reports to the Mayor.

Saline County Aging Services Mission

*To improve and enrich the quality of life and independence of older persons in Saline County.*

History

Services to seniors began in Saline County in DeWitt in 1990 with funding from the Village of DeWitt and Aging Partners (AP). AP and Saline County developed the Saline Eldercare Program through a special grant program from the AoA in 1991. In the first year, Saline County Cooperative Extension hosted the program, developed the Eldercare Forum, organized the Saline Eldercare Coalition, and did a needs assessment. During the second year, the Eldercare Coalition developed a contract with Blue Valley Community Action to continue the network of aging services development. In 1992, under the direction of the Eldercare Coalition, the Saline Eldercare office was opened in Wilber as a focal point for help. Saline Eldercare continued to develop services including food bank services, foot care, health and exercise programs, telephone reassurance, medical equipment loans, friendly visiting, financial counseling, home delivered meals and information and support to caregivers.

In 2007, the Eldercare Advisory Board made a recommendation to the Saline County Board for a change in management of the program. It was agreed that a reduction in administrative costs could be achieved if the program became a Saline County office. This was achieved with a new AP inter-local agreement signed in 2007 that changed the program to a Saline County department. In 2013, the Eldercare program revised its name to better identify itself as a focal point by becoming Saline County Aging Services.
Resources

Definitions & Acronyms

**Area Agency on Aging (AAA):** Public or private agencies responsible for developing and administering a comprehensive and coordinated system of services to meet the needs of older people in a specific geographic area.

**Caregiver:** Unpaid individual (a spouse, partner, family member, friend, or neighbor) involved in assisting others with activities of daily living and/or medical tasks.

**High Nutritional Risk:** The DETERMINE standard assessment used nationally by Older American's Act providers to measure whether or not an individual's diet and lifestyle is nutritionally complete. Individuals assessed with significant deficiencies are at high nutritional risk.

**Community Aging Services Act (CASA):** Nebraska statutes passed on July 17, 1982 that created the Nebraska Department on Aging, which is now the Nebraska State Unit on Aging as well as provided funding for aging services in Nebraska.

**Interlocal Agreements:** Agreements authorized by state statute which permit local governmental units to make the most efficient use of their powers by enabling them to cooperate with other local governmental units on a basis of mutual advantage to provide services.

**Nebraska Care Management Program:** A program operated through the Area Agencies on Aging which assists frail, older individuals to remain in their own home for as long as possible. It provides a client assessment, care plan development, implementation, and follow-up.

**Older Americans Act (OAA):** Federal statute first passed in 1965 which provides older Americans (generally, Americans aged 60 and over) opportunities and benefits.

**Poverty Level:** Household income level defined by the U.S. Bureau of the Census as the threshold for determining poverty as established by the Bureau. The 2018 level for an individual is $12,140 annually or $1,012 monthly. For a household of two it is $16,460 annually or $1,372 monthly.

**Senior Center:** A community facility for the organization & provision of a broad range of services for older persons, including: health, social, meals, educational, and recreational services.

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